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## Utilising any astral being to deliver teachings and facing the fear of passing over

*By Maurice Barbanell 2012*

*In a previous talk you were saying that if you are a person who has passed the Fourth Plane you can utilise any astral body so to speak. If you go to groups who are unaware of your past would you do something else instead of taking the persona, as you do now, you take on Maurice which was your last visit to the Earth Plane, but do you actually go anywhere else to teach or only this group?*

Interesting question. I have been to many groups. Because of the profile that I had last time I was on the Earth Plane, once I left the Earth Plane it is considered beneficial to the teachings that I give at these groups to come back as the individual who was known and therefore a greater acceptance of what I am saying will occur because of the preconceived perception that basically I know what I'm talking about. But, if I return and I give lessons, as I do, to the people within the Summerland and various levels within the Summerland, the fact that I was the medium which Silver Birch utilised on the Earth Plane doesn't mean a bloody thing. It has no significance and therefore in those circumstances I do not come with the persona of Maurice Barbanell. So in answer to your question, yes I do, but only when it is required.

*Thank you. That's interesting.*

If you consider that I often teach to a group who originated from the Arab countries, if I returned to those individuals as this pompous Englishman I would not be accepted and therefore I go to those individuals in a form and manner which they would accept. So I hope that made it clear because we only utilise the being which we perceive is the best to deliver the message to those we are speaking to.

*So it really is beneficial when you come into the world and when you actually leave that you have another body so to speak, to utilise.*

You do not utilise the body. You do not have the body. You have, once you leave, you have an astral body, an astral being and yes, we're not restricted to the astral beings which we occupied at our various visitations. We can actually occupy other astral beings because they are all of the same level of purity. My guide, my friend Silver Birch, never was the individual on the Earth Plane which he portrays, the Indian individual which he uses the astral body of, but this is only because the astral body which he utilises has no further use of it. The being who utilised it has advanced to a state where he has no necessity to return and therefore the individual is able to occupy the astral who we call

Silver Birch, but the individual who is Silver Birch was never an American Indian per say. I hope that's clear.

*It is thank you.*

Gave me a little bit of a curly one there, I had to give a bit of thought to it, but if you ask a question whilst we are in the containment of the group that we have, we will endeavour to give you 100% truthful answers.

*Thank you. That's important really.*

I'll tell you something else. There is a lot of people around (*spirit side*) who are sitting there open mouthed. They are thinking "my God I never thought of that" You see that's the beauty of coming amongst you because you have enquiring minds. Sometimes we find it easier to look into your aura and see the questions which emanate from your being and then respond without your verbalising them.

*Would I be right in assuming that the incarnation that you had before Maurice, that you also followed a spiritual path, or did some spiritual teachings, or something?*

Very much so. I was a big mouth then and I was a big mouth when I was Maurice. So it is only the outer casing of the being which changed, not the being within. Last time I occupied the physical sphere I was an orator. A lot of people said I talked a lot of nonsense but I didn't care. I had a message to give and I shouted from the hilltops for all to listen. Whether they listened or not was immaterial. I was going to make my point whether they were there or not. That's why Speakers' Corner fitted my persona so well. You can prat away there and whether people are listening is immaterial. You're there to give out a message and they can jeer, they can interject but it doesn't matter. You are there to portray what you consider is correct and that people need to hear. I enjoy a good banter mind you, a good argument, because I have a simple philosophy in an argument. I am right and they just needed to perceive it that way. You can never lose then can you, because even if they perceive they have won they haven't because they haven't changed my thinking. Pretty closed mind really isn't it, but I see things so clearly and because I see them so clearly I can't understand at times why other people can't see it that way.

*Our medium has that problem too.*

We have similar natures in a lot of ways you know. You have to rock boats sometimes. You have to turn over stones but if you turn over stones in this country of yours you tend to get bitten by a spider. They tend to hide under them don't they?

*Yes, you have to just leave them in the garden.*

Leave them be and that is true with all of the animal kingdom. They will only attack if they feel threatened or if they're hungry. It's a strange thing the desire to survive, to cling on to life, or what is perceived as life. That's the problem that (*a former member of our*

group who passed over to the spirit world) had. With all his teachings he still couldn't really accept that life continues. It continues for everybody else, but not for me. And that's a problem that a lot of people have you know. When it comes to the point they find it very difficult to let go.

*Would you say it's because of fear? Fear of the unknown.*

Fear. Fear of the unknown indeed. I have a young lady here called .....(a medium who is now in the spirit world and a friend of one of our group) who said do not include me into that conversation.

*No absolutely not. Wouldn't dream of it.*

She had no fear of the passing. She had a complete acceptance did she not?

*I was just remembering back some message I got from her that she said even with all her teachings she still had difficulty.*

Yes I know but she said her difficulties weren't so pronounced and therefore if you were to compare her passing to other people they were minimal.

*Yes. In comparison to anybody else. Yes.*

The very fact that she had any doubts in her mind was a negative because she considered that it was totally wrong for her to have had any doubt whatsoever. God even I had doubts! And there's an ego for you. Even I had doubts. But I did.

*That's interesting. Why did you have doubts?*

Because it's still a fact that whilst you're in the physical, it's still a case of the unknown. Once you've taken the step you think you bloody idiot! Of course this is what's going to happen. You know what's happening. You've been telling everyone for years! But you still have that little bit of fear of the unknown.

*I can accept that fully because I can see that it could be a problem, the unknown.*

When the Nazarene was on the cross he still had doubts. He had doubts not of what was going to happen, but he had doubts because of the pain which he was suffering and he thought if his connection was as true and as accurate as he had perceived then all the suffering that he was being inflicted, would have been removed.

*Did he really say Father why has thou forsaken me?*

Yes.

*He did?*

And that is purely because of the suffering. He thought that his Father, the Great Spirit, would remove all the pain and therefore the very fact that he was feeling every ounce of pain which the physical body was going through he thought that he'd been betrayed. Because he knew he was going to be crucified. He knew he was going to leave the Earth Plane on the cross but he had perceived that because he was who he considered that he was, that his Father, the Great Master, the Great Spirit would remove the pain which came with the physical suffering and that's why he considered he had been forsaken. Not because he had any doubts of his connection but he had the misconception or misperception that he would not suffer the pain. So that is why he thought he had been forsaken, because he was in excruciating pain. And eventually the pain was removed. It gets to a point when the physical body cannot take any more pain and although it may appear that it is racked with pain, the actual being within cannot perceive that pain and that is what he considered would happen and that's why he thought his Father had deserted him.

*I must admit up to this point I had my doubts whether he would have said that.*

He was still human.

*This is true but he had a little bit more, not only faith but a connection, a very strong connection.*

Yes but that connection created a misconception within his mind. He didn't consider that his Father as he called him had deserted him in a spiritual sense. It was purely in a physical sense because when you are racked with pain you lash out and that's all he was doing. He was just saying I've done everything you asked me to do. I don't need to suffer this way. Why are you letting me suffer? Not an unreasonable question on his part. But once the pain had been removed what did he say? Forgive them Father for they know not what they do and that was said when the pain had been eliminated. He could then think clearly and that he truly meant. I hope that that insight has cleared that misconception from your mind.

*It has. It's a strange thing. Half disappointing but now you've clarified why it makes sense to me.*

I am pleased about that. Well as I said, I will always give you the truthful answer the best as I know it.

*Maurice Barbanell  
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