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Changing Your Preconditioning

By Maurice Barbanell 2012

It's very strange you know, when I was upon the Earth Plane my guide Silver Birch and I would converse on regular occasions and I never truly understood the purity and the true being that I was privileged to have as my guide. It is not something that each and any one of us truly understand and perceive is it? We just accept them as our friends, as the being who is there to help us. This is quite correct. This is how your guides wish to be perceived, but if you could really understand at times the elevated beings that they truly are, it would be illuminating but I don't suppose it would really do any good would it? It would then put them separate and that's not what is required.

It's a strange concept for you to understand but when we come down we can utilise various astral beings. I don't suppose it's a secret that I have elevated above the 4th plane and therefore when I come down here I utilise an astral body, the astral body that I utilise when I come to meet you is the astral body of Maurice but that doesn't mean that is the only astral body which is there for my utilisation. After all I too have been back to the Earth Plane a number of times and I had elevated to the 5th plane on an earlier occasion and therefore each and every one of those astral beings that I have taken to the 4th plane are there for me to utilise. Therefore I could come back as any one of the beings that I was in the material world. Obviously my rapport, the way I would conduct myself, would vary upon the astral being that I utilised. It's no different really than putting on a cloak, but you put on this cloak and that is what people see.

It's no different really to when you are on the Earth Plane. You don't think that the physical being that you see is the real you? It's a pretty horrible thought sometimes to think that we go round eternity with the physical body that we occupied. Not a pleasant perception of the mind is it? But equally you cannot utilise different astrals if you're trying to keep uniformity. So therefore the astral that we utilise is normally the one that we occupied on our last occasion. This is not universally correct but this is what normally occurs and that's mainly because it's like an old pair of slippers and you have just taken them off and they are still warm, so when you put them back they feel comfortable. Whereas the other astral being, the other astral body, feels a bit cold and takes a bit of warming up so to speak. Like a car, you know when you start it and it's been cold it gets a bit sluggish and it's not until you've got the engine going and it

warms up that you get the true performance out of the vehicle. It's no different and therefore I hang around the Summerland in this astral being which you know as Maurice.

It wouldn't do any good if I came say as a Iranian. The hostility, the mental picture that you would place in your mind would be totally different. The being would still be the same but your perception of the being would be different. Strange thing perception isn't it. We all do it. We look at people and we immediately analyse and put them into a pigeon hole without really knowing anything about the being. You just look at them and you sum up instantaneously and you either have an immediate like or immediate, I won't say dislike, but you query, you regard them guardedly. We all do it, don't we?

Yes

We do try not to, but we do do it. That is one thing we are trying to eliminate. Eliminate nationality. What the hell does nationality mean? Why is it so important? You look at some of these confrontations and the reality of what the confrontation was about happened five, ten generations ago. So what does it matter? But yet it instils such emotion in people. Because my great great grandfather was insulted I should be insulted. What a load of poppycock! Well it is isn't it?

Yes.

But we all do it. After the Second World War there was an immediate suspicion on anybody who was German. It wasn't a case of looking at the individual as an individual. You were looking at the individual from what you perceived him to be.

He was a suspect.

Exactly, because you had been preconditioned. Preconditioning. What we are trying to do is to change your preconditioning. Change your preconditioning so you look past the outer covering. Look at the true being that's within and believe me when you look at the true being that's within sometimes it's a horrible sight. I say that as a jest but it hurts me greatly when I look at people and instead of seeing the love which can emanate from their being, I see the negativity, the hatred, and the jealousies. All these negative traits and then if you were a true being of love the fact that they have all these traits makes you hurt inside and you want to go forward and say I know a better way, I know the light, I know how you should live your life and what would you get in return nine times out of ten? A smack in the mouth because they are not ready to receive it and that is the essence of where I was coming to. As you move forward, as we move forward, there will be a lot of negativity, there will be a lot of hostility, there will be a lot of jealousy, there will be a lot of hatred. How can this be you might say? All we are doing is trying to spread the word of love and truth. But isn't that what the Nazarene did? He tried to spread the word of truth and love and everybody in his time of need turned their backs on him. Even his number one fan, even his number one disciple turned his back. So we all have this self-protection or what we perceive as self-protection as part of our being. We feel that if we put our hand up to be counted we too can be smacked down and therefore we have that fear. Well don't have that fear my friends. Put your

hand up. Be counted. Make yourself a significant being. Make yourself someone who people will listen to and if they don't want to listen, don't push it.

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