

Enjoyment of Food and Wine

By Maurice Barbanell 2011

On the Earth Plane we sometimes have to get our paperwork in order and justifying expenditure. We all have to do that don't we in the physical world, justify expenditure? Much better when you're over here you don't have to worry about things like that. Don't have to worry about your motor vehicle. Don't have to worry about your house. Don't have to worry about getting food on the table. On second thoughts there are times you do have to worry about your food.

Food?

Well in the lower areas of the Summerland, and when we are closely associate with people like yourselves, when we are closely associated with our medium and his wife both of whom relish in the culinary desires, it is obvious that the enthusiasm which you go into this desire does rub off a little bit and we like to hang around to find out what it's all about.

I hope you enjoy it as much as we do.

No we don't, but we enjoy it. We enjoy the pleasure that you obtain from it.

Ah, ha ha ha.

It was a great surprise that my friend and mentor whom you know as Silver Birch has grown an acceptance to the consumption of wine of both you and our medium because it is not done in excess. It is done purely as a matter of enjoyment. That is true with life. Nothing is wrong with indulging in the pleasures of the physical body. After all you can't do it after you've lost your physical body so you may as well enjoy it while you've got it. After you've lost your physical body you have no taste buds in the same way because you have no need for sustenance.

It may surprise you but when you first come here you still eat and drink exactly the same way as you did when you were on the Earth Plane. You do this until the realisation comes to you that it is unnecessary and then the desire and the need dissipate, but because it becomes a habit you have to break that habit. It's the same thing with talking, that is talking verbally I mean. You have to break that habit and then you can learn to communicate in the way of thought, but until you can get back to communicating in that

way you have to start off in the way you have become used to on your visit to the Earth Plane.

All these changes, you see, they are fairly dramatic compared to your current existence, your current way of life. Your current way of life dictates what you do, dictates the fact that you need to breathe air. We do not need to breathe air. We do not need the sustenance of food or liquid but if the desire is there we can avail ourselves with that desire, but as we evolve the need for the pleasures, and sometimes the necessities of the physical world, disappear.

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