

## **Moving on from the Earth Plane**

*By Maurice Barbanell 2011*

It is a strange phenomena when we come to speak. You might consider that statement surprising because the use of your vocal cords to affect speech is what you perceived to be the normal method of communication. Where in fact that means of primitive communication is very much limited to the material world. There is no sphere beyond the material world in which verbal communication is necessary.

When you first come here, until you have been reacquainted, please note the terminology which I used, reacquainted, because you we are and have been always a part of the astral sphere. Your minor departing from the astral sphere in to the material sphere is very limited in time. So therefore when you are returned back to your natural state, then you have to be reacquainted with several phenomena as you would call it.

The first phenomena which is the most important for you to accept and understand is that of movement. Whilst you are upon the Earth Plane you have very primitive methods of travel. You either utilise the legs for walking or running, or a mechanical means – a car, a bicycle, an aeroplane, a boat – all very slow forms of transport. When you have divested yourself of your physical body then the limitations of your movement are not restricted. The movement is done by thought transference. You picture in your mind the location in which you wish to be, or you pick up the vibration of those whom wish to contact you and wish you to be with them, and the desire in your being is to be in that location and the transference from where you are to where you wish to be happens instantaneously.

I can be here in Australia conversing with you and as soon as I leave the physical body I can then transcend my being to England. I was about to say Mother England. That is a fall back on my last incarnation. Strange we always call it Mother England. We call earth Mother Earth because of the nurturing relationship a mother has. Somehow it delivers a feeling of comfort to be nestled in the womb or the arms of a mother which is why the term Mother Earth has been used. I apologise. As frequently happens I get talking on a tangent.

So the first and foremost lesson you have to have is that of movement. This has to be done otherwise you cannot move in the astral sphere, so this is given to you by your guide and friend before you are allowed to join the rest of the people in the Summerland.

Next comes communication. Communication in the physical form is done as I am doing at the moment, verbally. Communication in the astral sphere is done by thought transference. We create a mental picture, a story which evaluates all the essences and conceptions which we wish to pass on to the other individual. The other individual, or all those who come to hear, then visualise the full picture. In primitive form we can explain

it to that of a television screen. You see the whole story. The only difference is once the communication is done it is done in a twinkling of the eye. The picture is translated and transcends to the other individual without any need for verbal confirmation. So this is the second and most important part of the lessons you have to learn when you come here. The more advanced your understanding and your acceptance of your real life, the easier and the quicker these lessons can be delivered.

A lot of people have the misunderstanding and misconception because I was utilised as a physical medium that my understanding and perception of the change would be instantaneous. I was still a material being. When the time came I still had the fear of the unknown. You might consider that a most surprising statement. It does not matter how enlightened you are because you have been contained within the physical body for what you would consider a great period of time, you have a connection and a fear of breaking that connection. Once that connection has broken and the release is there and your friends are there to greet you then all this fear and misunderstanding is removed and alleviated, but very few travel from one sphere to the other without a certain trepidation. So do not condemn yourself for the fear which is in all of us. It is merely a misunderstanding, or a lack of knowledge, acceptance that you are truly eternal. To let go sometimes is the most difficult thing to do. That is why so often people hang on when it is their time to leave. So often we have to instruct the family and friends who gather around the bedside to tell the individual it is alright to let go, it is alright to pass forward and then the disconnection of the astral and the physical can occur.

It's a strange phenomena, but you can hold yourself back in the material sphere far beyond the time when it is allocated for you to leave. In the same way you can hold people back in to the vibration of the Earth Plane by your lack of ability to let go. It is always important to let go, allow the being, the soul, the person to move on to their rightful place in the Summerland. Once they have moved on, once they have accepted the transition, then and only then is it right for them to return. If they are not allowed to transcend from one to the other, then it affects their being. This is a lesson which we find very difficult to pass on to the peoples of the Earth Plane. Because the love connection is there, they dearly want to have a connection with those who have parted. This is understandable, acceptable and can be facilitated, but should only be facilitated after the transition from one to the other has been completed. I hope I have made myself clear.

Thank you, and thank you for reminding me that it is thirty of your years since my rebirth, since my returning back to the realms of astral. That is really what it is. You perceive the parting as a disastrous affair, where in fact the parting at birth is far more traumatic than the parting at death. The parting at death is the reuniting back to your real life and hopefully your short excursion to the material world has done what it was required to do. You have learnt the lessons which you had allocated for you to learn.

So many people upon the Earth Plane consider that we should remove all their problems once they become in regular contact with us. What would be the purpose of your visitation to the material world if we removed all the reasons that you came? The reasons you came were to learn the lessons which the material world avails itself to you and therefore do not condemn your teachers, the Great Spirit, the Great Master, for the problems which you are having. They are there to build your strength of character and the love which you have within your being. This is the reason the material world was created, and therefore accept the problems, do not condemn, do not look at another and compare their lot with yours.

Each and every one of you are individuals. You each and every one have individual problems to overcome. Each and every one have different issues and problems which need to be overcome, so never compare your lot with another. Only compare your advancement and the purity of your being and consider whether it is as pure as you can make it because that is your responsibility, to purify your inner being, purify your response, purify your thinking process, divest yourself of the negative energies which surround you, divest yourself of the anger which each and every one of us has. We are not asking you to become puppets. We are asking that you try and try at all times.

Thank you my friends. It is indeed with great pleasure and delight that I am allowed to join you on a regular basis. Until we meet again may the love of the Great Spirit be with you all.

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