

**Issues we have to Deal With** *By Maurice Barbanell 2019* 

We all have an idea of why we are here, why we are upon the Earth Plane, and quite honestly some of us, or most of us who are aware of what lays ahead, we have no desire to live here any longer than we have to. Well it's true isn't it? I'm not saying that we don't accept the fact that we have to live here and make the most of it and do what is the right thing but we are quite happy to leave it behind and take on our astral being rather than the encumbrance of this physical being.

Currently the physical body we are utilising is reasonably pain-free which is rather nice. It would be good if we could do that to ourselves all the time wouldn't it? Wouldn't it be nice if we could say "Well I think that I am going to have somebody coming so can you get rid of all these problems for me?" Unfortunately it doesn't work that way does it and it's things in life that we have to accept and a lot of the times we don't really understand fully why we have to accept them. But let's face it a lot of the times we can't change them so we may as well accept them rather than digging our head in the sand and saying "Well I want it to all go away" because as soon as you pull your head out it's still there.

Yes, one of your daughters found that out, didn't she? She went over to Perth because she thought all her problems would be over. And she had a wonderful time over ther, She came back and found out they were all there still.

And you see that is the great lesson of life. You cannot remove your problems magically. You have to work through them and then they will be removed as a course of events. They don't always happen in the manner that we want them though, do they? I've often thought that we know what our path is, we know what the problems we have, so let's get over those problems and then we can live our lives in a comfortable way. But unfortunately your physical state is and does diminish as we get older. It's a state of fact, isn't it? This physical body breaks down. It's just as well it does, otherwise we will never leave the Earth Plane.

Spiritualists or people with spiritual knowledge, we still have that problem in the initial stages when an individual is taken away from us. We still have that feeling of loss don't we, until we come to terms with the fact that life continues without them being there. But we still have that feeling of hurt, that feeling of loss, that disappointment, because let's face it we're human. It is a normal human trait. So it doesn't matter how much you accept the passing, if you have a great connection with an individual, for a short-term you will feel the negative of the loss being there, the physical loss.

You've had that many times in your life ...... have you not?

I feel it like an empty space.

Yes, you feel as if there's a hole in your heart but as time progresses, life continues and you accept and understand that it is the way life should progress.

Anyway it's better for them.

Exactly but you don't always feel that way at the time, do you?

*I try to because I understand now why anything happens. It's no point. You have to let them go to have a better life.* 

Yes and then they can live their life quite happily.

Well I mean we don't have a lot of time on this Earth Plane anyway.

Well you don't have a lot of time on the Earth Plane but it doesn't seem like that when you're living it does it? I mean when you're living it, it seems like a bloody eternity! Well it does doesn't it?

It does.

Especially when things are going wrong! I mean when you were laying in bed, which you were occasionally over the last couple of days, you didn't think that life was wonderful did you?

No.

In fact you thought it was bloody horrible.

So we all have these events which we have to overcome, which we have to live through.

Maurice Barbanell September 2019