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Setting Goals for Yourself

By Maurice Barbanell 2016

Things change and that is something we have to accept in life isn't it? That things change. Things do not continue the way we necessarily desire them to. We are not in the physical condition that we would be desirable of being. There are very few people on the Earth Plane who are in a physical state which they are totally happy with. Even your athletes who you would say are in the peak of performance always are striving for that little bit more and the very fact that you are striving for that little bit more means that you are not content with what you've got. Is that not correct? It's axiomatic is it not?

So it is not wrong to try and achieve a betterment of whatever condition you wish to improve whether it be physical, whether it be financial, whatever it is. There is nothing wrong with it. So many people say it's a cardinal sin to desire the betterments of life. It's a cardinal sin to desire more financial security. You are not being true to yourself. We've all heard it have we not? And all I can say is what an absolute lot of poppycock. You have to strive. You have to have a goal. The secret is though do not make that goal the be all and end all of your being. Do not make that goal exclude all the rest of the reasons you are here on the Earth Plane. Do not make that goal unobtainable.

There is a great deal of wisdom in that last statement. Do not make your goal unobtainable. We all know where the finishing line is, don't we? Whether we're in a running race, whether we are doing hurdles, whether we are swimming 100 metres, whether we are swimming across the Channel, you all know where the finishing point is. But when it comes to ourselves, when it comes to what we should have as our finishing point, which is to return to a state of purity which would then allow us to re-join our friends in the 7th plane. So many people when they return to the Summerland in the initial stages perceive that they have already reached Heaven, they have already reached the 7th plane. They are very quickly disillusioned, in our time period and not your time.

But I want to go back to a statement that I made which you might not have fully grasped. What I said is "you wish to get to a state of purity which enables you to return

to the Heavenly Host in the 7th plane.” I didn't say you need to reach an ultimate complete state of purity where all negativity is removed from your being, when you are in a state of true and ultimate love without one iota of negativity within your being, but that is the perception so many people have. So many people consider that to return to the 7th plane we have to eliminate 100% of the negativity within our being. It then becomes an ultimate goal which is unobtainable. And what happens when you have an ultimate goal which is unobtainable? You give up don't you? You say “I may as well not try because I can't get there.” That is all part of our nature.

But it is obtainable my friends because you do not have to reach a state of complete purity. Relatively speaking to so many people on the Earth Plane and well I'll say all people on the Earth Plane and the people on and in the Summerland, it would be perceivable when you see such a being that they are in a state of complete love such is the brightness and the complete love which emanates from their being, but it's all down to your perception. I have been fortunate enough to have been taken to the 7th plane. I will try and am trying with every fibre of my being to eliminate enough of the negativity within my being to be allowed to continue and return. Not to remove 100%, but to remove enough to allow me to return.

So don't my friends consider that the task ahead of you, the task to progress back to the 7th plane, is unobtainable, unachievable. It isn't. It is within each and every one of our grasps. But don't think that we can do it overnight. Don't think we can do it on one visit to the Earth Plane. That is an unacceptable precept, an unacceptable precondition that you will put in your mind. All we have to do is say “well this is where I am” and the big problem is none of us know where we are! Well we don't, do we? Because we can't see our aura. Bit unfair really isn't it, because everybody else can. Well once they have reached the state where they can see the aura because when you are within the lower levels – and I don't like that phrase but it serves its purpose – when you're in the lower levels of the Summerland the aura is totally disguised or taken out of view and you see the physical body exactly the same way as you see the physical body on the Earth Plane.

Now when you're ready to leave the Summerland – that's a better way of putting it isn't it – when you're ready to leave the Summerland, when you are in the 4th, 5th and 6th planes, then you do not see the physical appearance should we say. You see the person. You see the aura which surrounds that person. You see the love which they have to share. The love which they have within their being. And the very fact that you can associate with those people, it then becomes axiomatic that you must have reached that level of purity yourself doesn't it? So that is one way you can have a visual comparison. Not that you can see your aura but you can say “well I can see his or hers and they are pretty good so therefore if I'm communicating with them on a one to one basis it would seem logical that I must be pretty similar. But then I can also see that individual there and my God the brightness and the love which comes out of that individual is just such a joy to share. And the very fact that I can mix with these but I

can see that it means that I still have a long way to go because there is where I want to reach.”

You see as far as you go there will always be people whom you can look up to, whom you can aspire to, but when you are within the depths of the Summerland, the depths of the Earth Plane, you do not look at an individual such as the Nazarene shall we say and say “I am going to be like that within two years.” It would be wonderful if that would be able to be put into practice but it is not logical and the purity has to occur over a period. Why does it have to occur over a period? Because you can say to me, you can say to your guides, you can say to your friends “I have truly repented. I will not get angry if this particular person enters my aura, creates the negativity which upset me last time. I am over that.” And you can truly believe that but it is not until you are put back into that situation that you can truly prove to yourself and to those around that you have overcome. Seems a bit unfair doesn't it? But how can you truly advance unless you are placed back into a situation which created negativity within your being and once you have been returned to that situation that negativity does not arise, does not even enter your mind, then you have truly overcome. Then you can move forward. Then there will be no need for returning to that situation because it would be a superfluous exercise would it not and if you were placed in that situation you will float through it with ease. No negativity will enter your mind because you have overcome it.

So that's what we have to do. Give ourselves goals. Give ourselves targets which we wish to reach but keep them within reach. Accept and understand that there are beings of great love, beings who are of infinite love. But do not consider that we have the capacity to be that individual until we have done the hard work. Until we have climbed the hill. Until we are on the top rung of the ladder. I can go through so many similes couldn't I because they all have the same effect do they not? But once you have reached it, then you don't even realise that you're there.

I want you to think about that for a minute. Once you have reached that state of purity you don't even realise that you're there. Because your life, your level of purity, is normality and therefore you do not consider yourself in any other way. Others might look upon you and see the purification of your aura but you do not. But you accept life in a different manner. You accept life with love and you share love.

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