

## **Asking for Help and Accepting Blame**

*By Maurice Barbanell 2013*

It is something that people don't truly understand, that when you have the responsibility to be a medium, people consider that you have a very easy job in devoting your mind of the troubles of the Earth Plane and that would be true if we, as mediums, didn't have any of the problems of the Earth Plane and as you all know, just because you're a medium it doesn't mean to say that the troubles have been taken away. The powers that be feel that because you are more enlightenment you have the ability to take a little bit more. Damned unfair isn't it?

*It certainly is.*

Yes but it's as they say, a cross which we have to bare. Fortunately we didn't have to bare it in the same way as the Nazarene.

It was quite an exceptional talk and visitation we had last time was it not? I was quite taken back. It was beyond what I had expected you know. Obviously I was aware of the individual prior to him coming in, but when he came he came totally uncloaked and I was quite shocked. Well when you are in the Summerland you are cloaked in the garb which suits the area that you're dealing with and therefore although I had spoken to the gentleman on numerous occasions I had always talked to him on a one to one basis, in similar cloaking so to speak, and therefore you don't really see the true essence of the individual. And we have a tendency to do that don't we? We cloak ourselves down. We close ourselves down. We try and say that we can handle things, we don't need other people but you do. None of us are islands you know. We all need assistance from time to time. We all need somebody to lean on, somebody to help and yet we find the big problem when we're dealing with people who are enlightened is that they are very willing to give but very reluctant to receive.

*It sounds familiar.*

As they say in the Old Country, if the cap fits dear girl. It wasn't poignantly directed towards you ..... It was a general statement because everybody has the same problem. We all feel that we can cope ourselves and we feel that it is an imposition if we have to rely on somebody else and yet when you actually analyse it, how can you offer yourself to help other people, if you won't receive that in return. As they said in the good book, to every receiver there has to

be a giver and to every giver there has to be a receiver. So the moral to that short story is that we should leave ourselves open. Don't be afraid to ask for help when we need it.

That's something else that while we're on the Earth Plane we have a great tendency of doing. We have a tendency on blaming somebody else, a tendency not to accept that the problem is ours. It's always somebody else's fault. We can always put the blame on somebody else can't we?

*Well we can try but it won't work.*

But we do try though don't we?

*It depends on the circumstances. If somebody keeps undermining you, you can only do so much.*

Always follow the teachings my friend and if you cannot communicate in a civil way you're better to step back. Some people look at it as a coward's way out but it is not really the coward's way out because there comes a time when, if you continue to persevere, you then create a problem which there wasn't a problem before. Do you understand? So there are times when it's better just to take a step back. We all have a difficulty in doing that though don't we? Sometimes we get bull-headed. I was going to say pigheaded but it's not really pigheaded. You get bull-headed because you get determined in your own thinking, determined that you are right and therefore what's the point in even listening.

*But I think you realise it quick smart.*

If you're wise you do. If you take your lessons from the teachings then you are progressing because what do they tell you? Or should I say what have you been told? You have been told that you can overcome any problem. Do not condemn yourself for having the problem but once you realise that you have the problem you're half way to solving it, because you can't rectify a negative action on your part if you don't realise that there is a negative action to overcome can you. So therefore realising that you are doing wrong means that you are halfway there. In fact you're more than halfway there because once you've realised that you are doing wrong then if you're sensible, you go about changing your mind, changing your methodology, changing the way you think and it's not really changing the way you think because once you've realised, your thinking process has changed already. But then we get what I was going to say in the first place, pigheaded rather than bull-headed, because we get pigheaded and we stick our feet in the ground don't we and we persevere with something even though we know it's wrong, just because we've made the point and we don't want to step backwards.

*We've got to be able to accept that if you're wrong, you're wrong.*

Exactly, but it's human nature though is it not that we don't accept the fact that we want to admit that we are wrong. It's a great man or woman who accepts the fact that they are wrong because if you accept the fact that you are wrong, you then stand up to be ridiculed, stand up to be questioned, stand up to be taken to task and then the essence of whether you have truly understood the lesson is that if you can accept criticism and move forward from it. Not all criticism is positive. A lot of the time criticism is there to denigrate you and therefore it is

negative in its essence. So therefore that sort of criticism you must block out of your mind, block out of your thinking. It's very easy to say that but it's not that easy to actually follow through. We all go into it with the best of intentions don't we, but as we have been told many times, every time you realise and you go back, you don't go back as far as you were, so therefore the next step forward is in advance to where you were and then if you fail there, you're really only failing to where your success was previously. So therefore you are slowly moving forward. So many people want to do it in the big leap don't they? I have a problem. I realise I have a problem and therefore because I realise I've had the problem I can overcome it.

*Maurice Barbanell*

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