

Moving into the Fourth Plane

By Estelle Roberts 2019

I know you were wondering about moving onto the Fourth Plane.

You wanted to know because I lecture about the transference from the Summerland to the Fourth Plane and therefore the question that you were wondering about is" how does the being within the astral leave the astral body and yet still leave the astral body in a state where it can be reused?" Obviously, it is unlike the situation when you leave your physical where the physical body is then useless.

Because when you leave your physical body your physical body disintegrates doesn't it? But that's not the case with your astral body and that's because with your physical body your astral body is connected to your physical body with the silver cord, which is a cord of power joining the one with the other and when you pass over so to speak, when you leave your physical body that cord is severed and therefore the energy connection between your astral and your physical is cut off. You've cut the electrical cable. You've cut the power and therefore the machine drops. Do you understand?

Absolutely.

Now with your astral you are not connected in the same way. With your astra, your being, the real you which is contained within, is like wearing an overcoat. Do you understand?

In theory yes I understand.

So you can take the overcoat off and the individual is still there. The overcoat is still the overcoat isn't it but the being, the person who was in the overcoat, is still around but has removed the overcoat. So, it's a little bit more complicated than that but in essence that's what it is. When you go through the vibrational change between the Summerland and the Fourth Plane, you then have a power instilled within your being which creates or allows a separation between your astral and your ethereal. So, it then allows you to step out of the cloak that you are wearing.

So would that be the same sort of transition that would happen when you move through the different levels for want of a better word?

No. You only get three changes. You have your physical condition. You have your astral condition, You have your ethereal condition. And that's when you move forward in the Fifth, Sixth and Seventh Plane, your being in essence doesn't change. You don't have another metamorphosis so to speak. You get a denser power. You become brighter.

So you can I guess, technically, move between the Fourth, Fifth, Sixth, and Seventh once you've got to that stage.

No you can't just move from the Fourth to the Seventh.

No, between them.

No. Once you're in the Fourth Plane you are there as a prisoner until you are ready to move into the Fifth Plane. Because life in the Fifth and Sixth Plane is so different to that which you have experienced in the Summerland or the Earth Plane. Your being, the essence which is you, is so totally different. Once you are in the Fifth Plane then providing somebody from the Seventh Plane feels that you're worthy of a visitation, they can take you there without any problem because the essence of your being is similar. Do you understand? It's like a different vibration of water when you can say that when you're on the Earth Plane you are ice. When you're in the Summerland you are liquid. When you are in the Fifth Plane and above you are gaseous. Do you understand the difference? So they are all different in their own way. The two lower forms have a physical ability to comprehend it if you understand because you can see ice, you can see the water, but water vapour in the initial stages you can see but then when it dissipates it disappears to your naked eye doesn't it?

Yes. That actually makes really complete sense.

Do you understand now?

Absolutely.

The transition and therefore when you're in the Fifth Plane and above you are equivalent to the gaseous state and therefore you can cool down and enter into the liquid state which is what you do when you come back to the Summerland.

I have been thinking about your question you see and I thought how can I put it in a way in which you would resonate in your mind.

No that makes complete logical sense. Thank you.

I have success. Isn't it wonderful? It was a question which has been on your mind for a while hasn't it?

Yes it has.

And I can assure you that once you have transcended passed the Fourth Plane, reconnecting with your astral is like putting on an old pair of slippers. You still feel comfortable because you've worn it for an awful long time and therefore it's not a problem reconnecting with it and coming into the Summerland, or coming down to the Earth Plane to communicate.

Well thank you my friend. Do we have any other questions?

No, that makes complete sense.

Estelle Roberts June 2019