

## Some People are afraid of Trance

By Estelle Roberts 2018

I can't understand, we are going to see a lady and she has been in the Spiritualist movement so to speak for in excess of 30 years and yet she is terrified of seeing anybody in a trance state. I was quite taken back when I was listening to that conversation.

## Yes I was very surprised too.

She was terrified of Roy going into trance. And when you have had it as part of your life and you accept it as normality as I did and as you do, it's very difficult to perceive that other people think differently isn't it?

Yes.

Why would you consider it a problem to communicate with somebody through another individual's physical body? We don't think it's at all unusual do we? And yet to the majority of people on the Earth Plane they would consider that you need strapping up in one of those white jackets and put into a padded room. Because they perceive that you're communicating with the dead. And what an absolutely ridiculous statement because you can't communicate with the dead! And the only part of your being that becomes deceased when you leave the Earth Plane is your physical body and that is truly dead. Well it is because you can't use it for anything can you? You can utilise some of the organs and they can utilise them in transplant nowadays, but if you ignore that proviso so to speak, the physical body is absolutely useless once the spirit has left. It doesn't even make good compost!

Well when you actually analyse how much solid matter that is part of your physical being, it's not very much. When you get cremated you can put the whole of your physical body into a little jar can't you? And that's because all the liquid has been removed. So when you look at your physical body and you think well I can put all that into a little container, there's got to be a lot of something else there to give it substance isn't there. And giving people substance is why we come and give you the talks that we do, but we don't try and give you physical substance.

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June 2018