## Uploaded 2020

Summary of Talks Uploaded 2019

Offering Help and Accepting Rejection

The Understanding and Love we have When we Return to the Earth Plane

Returning to the Earth Plane with Previous Abilities

How to Look at Natural Disasters

Looking at The Problems in Our Lives

Sharing your Wisdom and Understanding

Coming to Terms with Emotions and Situations

Responding to Negativity and Different Opinions

Physical Suffering on the Earth Plane

Changing your Opinions as you get Greater Knowledge

Changing the way We React to People