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Listening to your Guides or Your Intuition

By Estelle Roberts 2017

It's wonderful to be back with our own kith and kin so to speak.

Yes it is.

You see friends can be classified as kith and kin too. It isn't only having physical connection upon the Earth Plane that gives you a connection with others. Which is something that surprises a lot of people that you can have a connection with people that you thought there was no way in your conscious mind that you can connect with them.

Connecting with people is something which we all have the capacity to do. I'm a little bit luckier than most of you because when we go to various meetings I can see in the auras of all those people who are there, what they will accept, what they will understand and what they won't accept and we did have a few titters did we not?

We certainly did.

We have a capacity to break the barrier because everybody thinks that just because we are teachers from the astral sphere that we have to be stuffy nosed and very serious all the time. Well I'm sorry that's just not the way I am is it? We don't like to communicate on that level and if we look at that in every aspect of our lives it would make our life a lot more pleasant wouldn't it? Not judging the way other people react, or the way that we perceive other people will react, whether it be in a positive mode or a negative mode. And how often do we hold our tongue, so to speak, because we are afraid of the response?

We're all guilty of that from time to time aren't we? And other times we are also guilty of responding in a way which really isn't very constructive, isn't really looking at helping the other individual. We consider that what the other person has said requires a retort in a

negative way from ourselves and what's that truly saying about the way we react and behave, our capacity to give love.

Now I'm not saying that you should be accepting negativity which is delivered from another party whether it be physical or verbal, because there are times that each and every one of us have to correct or do things that we don't necessarily feel is spiritually correct. We feel that to respond in a negative way to give somebody else a wakeup call is devaluing our being, where in fact just the opposite could be the case and we are correcting a situation. We are delivering the ability for that individual to change the way they behave, change the way they think and when you give a message or a response to somebody which requires them to change the way they behave or think, their response 90% of the time will be hostile. They will attack you verbally – how dare you consider that what I am doing is incorrect – because they feel guilty. But if you know that what you are saying and doing is done with love, done with the right perspective for the overall good of all who surround your situation, then you have to take it on the shoulders, so to speak. You have to accept the negativity that is given out because it is for the good of the majority.

And it's always very difficult when we're put into that situation where we correct somebody and we have the full knowledge that we will get the wrath from their response. But if we are doing it out of love and we all have that problem with our family, our children, and we don't think about it when it is closely related to that, but it is part of our family when our child is growing up and we consider that what they are doing is incorrect and we feel that it is our responsibility to put them on the right path. We don't think about it do we? We automatically give our advice.

But when we are dealing with the general public, so to speak, other people and I mean that being people who are outside our immediate family, we don't have the same perspective, we don't have the same thinking in our mind do we? We consider that we should keep our p's and q's to ourselves, but if everybody kept their p's and q's to themselves nothing would change would it? Because I can assure you there are a lot of negative beings over here in the astral sphere who are trying their hardest to put you on to the wrong path.

And how do you judge whether what you're saying and what you are doing is correct or incorrect? And that's very simple my friends. Your guide, your mentor will give you a feeling within your heart, within your mind, if what you are doing is correct or incorrect. We on the Earth Plane used to call it our gut feel didn't we or don't we? I should really say don't we, shouldn't I?, I am getting a little bit tongue tied there. Judy used to call it her intuition. Our friend over there used to say it is just because she's clever or special didn't you?

Yes special.

Other people thought you were clever. That's why I got that terminology because it is how other people perceived it. They thought it was very clever that you just knew things. You didn't always know why you did it though did you?

No not at all.

You just knew that it was correct.

Yes.

You see and the big difference is you responded to what advice you were being given and when you responded in the affirmative it always worked out didn't it?

Yes.

And that's how we try and help you. We give you guidance and there's no point in us giving you guidance if you shut yourself off and don't listen. So listen to your hearts my friend. If you feel what you're doing is correct the percentage of you doing the wrong thing will be reduced dramatically. And it's a strange thing when you do things which you have been advised, things just seem to work out don't they? They just seem to unfold correctly.

Now we can't solve all your problems whether it be physical, emotional or financial because to do so would be removing a lot of the reasons why you are on the Earth Plane, removing the whole point of changing and accepting what is and what is to be. So listen to your intuition, listen to the voice that you have at the back of your mind. If a thought comes in and you think "I don't know where that came from" it is more than likely coming from your guide and if you feel in your heart, in your stomach, that it is correct then act upon it. And if it is advice given to you by wrong side, should we say, your guide and

friend will give you what you would call butterflies in your tummy. You'll feel uncomfortable. Then you know that it isn't advice that you should follow. Do you understand? That is a physical way that we can help you differentiate. You can have a physical reaction and then you know whether it's right or wrong.

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