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## Impatience and Helping Others

*By Estelle Roberts 2016*

While we're upon the Earth Plane we don't fully comprehend how much work goes on behind the scenes. And while we're on the Earth Plane we just get so jolly well impatient don't we. We know that things are going to happen and we want them to happen today and if not today, tomorrow, but that is a normal physical attribute is it not? That we have a little bit of impatience, not to be confused with the flower, in Australia they don't call them Impatience do they? They call them Busy Lizzie's.

*That's right yes.*

We can't understand why these colonials have to keep changing things when we have a perfectly good name in our own vocabulary.

*Exactly.*

But we do that, impatience I'm talking about, so much in our lives do we not? We want everything to happen, everything to occur within our shortened timeframe. We want everything to occur in an instant. We complain about the younger generation that it's a "now" scenario with most of them, but we who are mature aren't any better at times are we? We like to have things done in our timeframe. We consider that we know best. We consider that we are ready to proceed with things a long time before it actually occurs, or a long time before we are actually in that state.

It doesn't only occur in the physical sphere because here in the astral sphere people can be just the same you know.

So often the jealousies which occur on the Earth Plane can create a great deal of problem for our work because those mediums, those individuals who have been blessed with certain gifts, you would think that they would go out with open arms to help and assist others whom they consider are not as gifted as they. This perception in a great many cases is incorrect. It is just that some individuals require a little bit of time to ensure that the connection cannot be doubted. And if this is to occur in their

minds it diminishes the import of what they do, rather than considering that it is complementary to what they do.

And that's a big lesson that we have to learn both on the Earth Plane and in the astral sphere that to bring somebody forward so that they can develop, so they can be the best person, the best medium, the best mother, the best nurse, the best helper, that is one of the wonderful things, the wonderful blessings that each and every one of us have. The ability to help and assist another. And if we do this we should never consider that we are doing it for anything other than to assist or help another individual. We mustn't do it for self-glorification. We mustn't do it for the want of accolades. We mustn't do it for our own vanity.

When you help another individual in whatever way you do you should do it with an open heart. You should do it because it makes you feel good not because you want to get anything out of it whether it be financial or emotional. Because if you help people the wonderful feeling that you get internally far exceeds any other expression of gratitude that can be given to you.

People often ask "Is it wrong to consider that you are doing good? Is that vanity? Is that a negative to the very fact of the act which has preceded?" And the answer to that is very simple my friends. You are all intelligent individuals and you cannot help another individual whether it be physically, emotionally, or financially without the knowledge that you are doing good. You would be a total imbecile if you did not become aware of that but the problem only arises when the glorification is the reason you carry out the act. You should help people without any thought of reward in any form. Then you are truly giving of yourself. You are truly giving love to another individual. Because love generates itself in so many different ways.

True love has no hostility, no judgement and no requirement for gratitude on the recipient's part. If you help someone and act in true love then it should become part of your being. You do it because it is what you like to do and for no other reason. For no reason of any thought of a positive response. Obviously we all feel good if we get a positive response and it's not wrong to accept the gratitude in any way that it is returned from those whom you are helping. But do not my friends make the reason for your helping be because of the response and the gratitude in any form that you anticipate you will receive.

Now if you can do this, if you can achieve this state, the love which you have within your being will have exceeded the necessity for you to occupy a position in the physical world ever again. So my friends do try and fill your hearts with love. Do try and share this love with all you meet. And if we can do, if we can absorb, if we can achieve that goal prior to the next Upliftment, not necessarily 100%, but achieve it at a higher percentage to that which you had last year, if you can achieve that then you will have progressed, then you will have climbed the ladder just a little bit more.

*Thank you very much Estelle.*