

Accepting the Negativity Within Ourselves

By Estelle Roberts 2019

Something that we all need to do. We need to look at our actions and realise the error of our ways because we all do things that aren't correct don't we? We all do things that we're not really proud of. We all do things that we shouldn't really do. And that's all right because you are on the Earth Plane and the very fact that you are on the Earth Plane means that you have not developed the love within your being where these negativities will not be a normal part of your DNA so to speak. A normal part of your being.

So don't condemn yourself for the fact that you have negativity within your mind, within your actions, within your deeds, within your thoughts. Because we all get a little bit critical of ourselves and we consider that we shouldn't really have all these negative thoughts or these situations where we find it difficult to keep our cool so to speak, keep our temper. But that is why you are on the Earth Plane.

So don't criticise yourself when these situations occur but realise that they have occurred and then ask your friend, your guide, to give you guidance, give you help, so that when the situation re-occurs, and it will re-occur, when it re-occurs that you have a greater capacity to respond in love, to react in love, rather than with the negativity that you had previously.

Because we all can look at people like, say the Nazarene, and compare ourselves with that individual, which really is a totally unrealistic comparison because if you could compare yourself with the Nazarene you wouldn't be on the jolly Earth Plane in the first place would you? Not unless you have elected to come back as a teacher and that's then a totally different scenario. But if you've elected to come back as a teacher those negativities wouldn't be part of your being, wouldn't be part of your DNA, because you would have already overcome them wouldn't you?

So realise and accept the fact that we have negativity within our being. We have negativity within our thinking. We have negativity within our actions. This is the normal state that we have because when we entered the Earth Plane we were imperfect.

So many people have the misconception that when a baby is born, when you have a vessel to re-enter the Earth Plane, that that baby, that vessel, is pure in every essence. And I can assure you my friends that is totally incorrect because the individual which occupies the physical vessel, the physical being, has all the negativity that was embodied within their being prior to entering the Earth Plane.

Exactly the same way as when you leave the Earth Plane you only take with you the love and the acceptance of what is and how to behave and how to react that you have achieved at the time and at the point you when leave the Earth Plane.

And a wonderful metamorphous doesn't occur if you have been given the privilege of returning to the Earth Plane and all those negative traits which are incumbent within your being are magically taken away. They are very much a part of you when you enter the Earth Plane. That is what gives you your personality. That is what gives you your reaction

to situations.

Obviously as a parent you have the wonderful opportunity to guide and direct the small individual, mould them into a good person. But if the negativity is within that individual and that negativity exceeds the love that you have and you are passing on, then that negativity will dominate. But if the individual is susceptible or accepting with your guidance, then you can mould the individual into a better person.

And it is quite strange really when we look at our offsprings and we try to mould them into the way we feel a good person should be. And really that person we are trying to mould them into is a far better person than we are ourselves isn't it? Because we are trying to make our children a better person than we are ourselves. And quite often we find that we have obstacles and the obstacles we have is their free will, or more to the point their free won't. Because they won't listen. They won't adhere to what has been told. You can see what they are doing wrong. You can advise them, but you can't actually activate the lessons and the advice that you have given. It is their free will of whether they accept it or whether they go on their own jolly way. And sometimes their free will is so dogmatic that it doesn't matter what you say they will go ahead and do their own thing anyway.

It is always difficult as a parent to understand and accept that isn't it, because we can see what our children are doing wrong and it is our sole desire to save them from themselves. But it's no different to when we come and give you our teachings. We can give you our teachings because we have a greater understanding, a greater knowledge, a greater level of acceptance of the Divine Plan, but having given you the teachings it's then up to you, up to you whether you utilise those teachings. Whether you take them forward. Whether you accept them for what we hope will make you a better person.

Because that's what we are trying to do. We are trying to make you all better people than you were prior to joining us. And if you listen to our talks, if you listen to our teachings, if you absorb them into your being and more to the point if you act upon them, then your visit to the Earth Plane will be a monumental success. Because you will have achieved far more than was perceived that you could achieve on this visit. And that would be wonderful wouldn't it? It's like going from primary school straight into university because you have acquired that knowledge and you don't need to have it re-entered into your being, re-entered into your subconscious, re-entered into your thinking. Because it then becomes second nature.

So I hope that we will all try and change the way we think for the better. And when we have a negative thought, when we feel anger towards another individual, when we feel doubts about a situation, we will have the strength of character to change the way we think and instead of retaliating in a negative way, we retaliate with love. We hold out the hand of friendship. We share our love rather than our negativity.

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