

- **Estelle Roberts Talks Uploaded 2014**

- First Talk from Estelle
- Why did Estelle come back to give Lessons to the Earth Plane
- Estelles Thoughts on How to Meditate
- Our Guides have Humour and can be Wrong Sometimes
- Our Similarities to The Heavenly Host
- First Talk from Estelle
- Why did Estelle come back to give Lessons to the Earth Plane
- Estelles Thoughts on How to Meditate
- Our Guides have Humour and can be Wrong Sometimes
- Our Similarities to The Heavenly Host
- Early General Talk from Estelle
- What do We Expect when we Pray?
- A Visiting Medium asked about Ectoplasm and the Trance State
- Talk about the Earth Plane and How it is Utilised
- Questions about Apports, Auras of Objects, and the Spreading of Knowledge
- Talk from Estelle to a New Group
- Some Differences between the Earth Plane and the Spirit World
- Estelle's visit to the Houses of Parliament
- Estelle talks about the Nazarene, Previous Memories, Message Giving
- Our preconceived opinions about people
- Tolerance
- Listen to Advice from Spirit to help you Advance

- **Estelle Roberts Talks Uploaded 2015**

- Negativity in People over the Christmas / New Year Holidays
- Learning about Progress and how to React to People
- How to deal with people who have a Different Opinion to us
- The Way I like to Teach
- Occupying a Males Physical Body from a lady's point of view
- Cloaking Down to Visit the Earth Plane
- Accepting the Problems We all Face
- We all have Issues to Deal With
- Acceptance of our Spiritual Teachings
- When is Something "Right or Wrong"
- Understand a little about the 4th Plane
- Question about giving Guidance
- A Question about Lost Souls
- Introduction Talk to a New Member of our Circle
- Advancing on the Earth Plane and the Astral Planes
- Getting the Message accross to People
- Visit to Parliament House
- How to Help People with their Problems
- Estelle and her Group on the Earth Plane
- Getting Distressed About Things You Have No Control Over
- Living in a Spiritual Way on the Earth Plane
- Perceptions of Suffering we had Prior to our visit to the Earth Plane

- **Estelle Roberts Talks Uploaded 2016**

- Judgment of others because of colour, Race or Religion
- Discussion About Auras and Other Things
- Communication and Computers
- Our Guides and Their Responsibilities
- Ladies Are the Stronger Sex Emotionally
- Destructive Negativity
- How to Deal with Negative People in our Lives
- Breaking down Barriers and Accepting our Visit to the Earth Plane
- Changing our Perception about Problems and People
- Your Physical, Astral, Conscious and Subconscious Explained
- Our Perception of God and the Universe
- Our Perception of the Summerland and Our Progress
- What do You Call Your Guide
- Accepting Lifes Challenges
- Our Guides do not Have All the Answers
- Why some Suffering Cannot be Helped
- The Importance of Intent when Speaking
- How to Deal with Negativity
- Looking at Situations with our Head instead of our Heart
- The Unimportance of our Physical Appearance, Repentance and not Judging Ourselves
- Don't always Accept the Teachings from Spirit as being Gospel
- Overcoming the Negativity in Our Lives

- **Estelle Roberts Talks Uploaded 2017**

- Guidance from a Departed loved one/ Despelling negative feelings
- Our Guides while We are on The Earth Plane
- Dont ever Judge on Appearances
- How Spirit appears to us in Clairvoyance
- Estelles Method of Teaching and Preordained Down Syndrome
- We All Look for Somebody Else to Blame
- Negative Thoughts and Negative Emotions
- Faith or Trust
- How we React to Negativity
- Allowing the Problems of Others to Affect Us
- Allowing the Negativity of Others to Affect Us
- Getting upset about People who Pass Over
- Taking on the Problems of Others
- How we Look at our Problems and other Problems on the Earth Plane
- Christmas and the Upliftment
- Looking for Someoneelse to Blame
- How We look at Natural Disasters
- Estelle's Gifts
- Advice on Baggage in a Relationship

Estelle Roberts Talks Uploaded 2018

- How we Look at Our Problems
- Being able to Talk To Spirit
- Forgiveness of our sins
- Advice on Moving Forward
- Some Reasons Estelle came to Our Group
- Dealing with Particular Problems
- Dealing with people with Different Levels of Understanding
- Overcoming Physical Problems
- How We Should Look at our Physical Problems
- Problems are Only Issues to Overcome
- Living Your Life in Love
- Spiritual Teachings and Teachers and Masters