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Asking for Help

2012 Maurice Barbanell

The pleasure, as they say, is all ours. Don't know why we say that. It just makes us feel good doesn't it. The pleasure's all ours. It might not be a pleasure at all, but we do say it. We just like to make people feel good.

It's been a while since I've been around. All these other people keep coming through and wanting to talk to you. They don't realise that once you have been instilled into the Barbanell Home Circle that you should come through the Barbanell, and they don't. Our home circle has been named – yes – we are now to be known as the Barbanell Home Circle. Yes, as we go forward and forward we will be going contrary to the fears which Roy might have.

Age is a strange thing. We seem to put so much credence on it don't we and when we look upon the age on the Earth Plane, I lived what 82 years and yet it seems such a short period. Not quite as short as Estelle considers it was but maybe that's because I'm not as elevated in my being as she is and she always was an exceptional person. You know with all the problems that surrounded her I never actually heard her complain and that's a rarity on the Earth Plane is it not? Yes we seem to have a habit of complaining. We all seem to feel that our lot is worse than others or that we shouldn't really suffer these problems. We do have that problem do we not, but when you actually analyse the problems that you incur none of them are so bad that you cannot overcome them. Even though in your mind you might feel that it is a very large burden and very unfair burden, but then we lash out because we have to blame somebody. We don't consider that the reason the burden is as bad as it is, is because we haven't overcome the problem which was set before us and if you haven't overcome it you have to go through it again. How idiotic is that? If you did it right the first time you wouldn't have to go through it again would you? Like banging your head against the brick wall. I never understood that. You bang your head against a brick wall and suddenly you realise this hurts because the brick wall doesn't give way. I suppose it would be alright if it were padded.

But we do that, we always look for someone else to blame. We never take the problem on ourselves or look at the fact that why should my life be trouble free. What's so special

about me? Why shouldn't I suffer the problems that I'm suffering and how can I overcome them? And that's something we don't look at do we? We look at the negative instead of the positive. Rather than saying to ourselves "I have this problem. I understand that this is part of my lesson, part of the reason behind my visitation and therefore give me guidance. Give me guidance on how I can best use this problem, overcome it." Then your guide can give you guidance. Strange thing that isn't it, your guide can give you guidance. What do you think he's there for? So often your guides surround you and are exasperated because they can't help and why can't they help?

Because we haven't asked.

You're right. You've hit the nail on the head and if you haven't asked we can't help. That's one of the Divine Laws. It's one of those things that we can't question. We would like to at times, and to say it's a Divine Law people think like the Commandants, you know that's the law, but it isn't actually a law. It's merely a rule for living and the reason behind the Divine Law in this situation is free will. You have your free will and if you have chosen to overcome or succumb to the problem then we cannot interfere with your free will, but if you ask for help then we can guide you in the right way.

Now doesn't that make much more sense to ask for help when you are going through a problem and be given guidance? I ask you what would you do? You'd roam around the streets totally lost unless you had a map or you knew where you were going. It's no different to your lessons in life. You roam around the Earth Plane, you have these lessons and unless you utilise the guide book you stay lost. So we are the map. We give you the guidelines. We give you the essences of how to overcome and how can we do that? Because we've been there, we've had these problems, we have overcome them and once you have had the problems, you've learnt the lessons, then you're in a position to guide your fellowman. The same thing with your teachers isn't it? They have the lessons, they have the knowledge and once they have the knowledge they are then in a situation to help those who don't have the knowledge. But they were at one time in the same state as the people that they are giving the knowledge to because if they weren't, they wouldn't be able to transmit. They wouldn't have the understanding. And that's what we do. We have the knowledge and therefore we try our best to convey that knowledge through to you.

I was going to have a much longer talk but Estelle occupied a lot of time. She does have this unique ability to teach in a way that you don't know you're being taught. Therefore it goes in better doesn't it and that is a technique which I can only admire.

Yes you see I'm going to give a little bit of authority there. After all it's the Barbanell Home Circle. The fact that I have to report to Henry (*Roy's guide*) is absolutely irrelevant but it is my name, it's got my naming on it. Yes I have naming rights. When we go forward we will

be known as the Barbanell Home Circle. The same thing as when we had our circle, it was always known as the Hannen Swaffer Circle, even though Hannen Swaffer stopped coming it still continued, and it still continued to be called the Hannen Swaffer Circle, and the same thing as this will always be called the Barbanell Home Circle.

We do listen to what you have thoughts about and what you suggest in saying. We might not take any notice of it, but we do listen.

That's good to know.

No do not underestimate the importance of your input because we are removed from the Earth Plane and therefore we do not have a total grasp of the mental capabilities and quirks of the material world because we've pulled ourselves away from it and when you pull yourself away from it you tend to glorify the people on the Earth Plane. You forget about all the shabbiness and the bitterness and the backbiting and all the other problems. You just think of the message that you've got to give and because you have this message you consider that everybody will welcome it with open arms rather than be suspicious, rather than question and that's what they do. Why I do not know. I have visited many groups. I have been through a few mediums but never have I been as comfortable as I am at the moment.

*Maurice Barbanell
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