

## **What Happens when you Leave Your Physical Body**

*By Maurice Barbanell 2012*

How do you remove something which is incarnate and everlasting?

*Quite impossible. You might be able to transform it though.*

Transform it into what? A guinea pig?

*Energy can be transformed. You can transform it but you can't kill it. You can't destroy it.*

Buddhists believe that you know, that they will be reincarnated as an animal. What a ridiculous philosophy!

*Where did they get that from?*

It was a misinterpretation of the teachings from Prince Siddhartha.

*Is that from the Prince Buddha, the Compassionate One?*

Yes, the Compassionate One. A lot of the times his teachings, as were the teachings of the Nazarene, were changed, manipulated and they were manipulated for the betterment and the glorification or the need for power over their subjects of the hierarchy. It's a strange thing. The Nazarene when he walked upon the Earth Plane shunned all wealth, shunned any payment which was offered. He accepted the generosity for food, accommodation, sustenance, the clothes on his back, but he never proclaimed that you should have your being glorified in such a way and yet the hierarchies of the various teachings sit in their lofty towers.

You look at the Pope. He lives in his ivory tower with golden plates. Why you would want to eat off golden plates I have no idea but it's the essence that the higher you are the more you deserve in material matter and really that is totally the opposite to what the teachings were about. The teachings were be humble, humility. How can you be humble and show humility when you are in an ivory tower with a big white cloak and a golden crown? But it was necessary to have a figure head. It is unfortunate that the teachings were placed in such a forcible manner in a lot of areas because they were forced down. It's just as well in the initial stages otherwise Christianity would never have spread. It is only because the Roman Emperor became Christian and the whole of the Roman Empire had to become Christian that it spread. It was a case of you believe in the Christian teachings or you die. It wasn't a maybe, if, or but. God has spoken and the God at that time just happened to be the Caesar of the time because they did truly believe that they were Gods you know.

No different than when the Egyptians, the Pharaohs, they considered, truly considered that they were Gods. Indestructible! They had a totally wrong concept of the hereafter though. They considered that their mortal being had to be preserved and therefore

taken into the afterlife. They still considered that the material being was what is important rather than the soul which is inside. So their understanding was good but bad because they didn't differentiate between the one and the other.

*It was probably difficult really for them to think differently...*

It's not that difficult. As the Nazarene said all you've got to do to prove that there's life after death is to die! Then the proof is there!

*But they can't come back and tell you.*

Well what do you think I'm doing right now? I tell you dear girl I'm not walking around the Earth Plane as I did before. I would be an exceptionally miserable old bugger otherwise. I mean after all I'd be what? 110. God! It was bad enough being 80! And then once you leave the physical body you think why on earth did I try to hang on to it and I won't say we all do but 99.99% of us do. We try to hang on to it because it doesn't matter how much enlightenment we get, we still don't truly understand until we take the step.

*It's fear.*

It's fear of the unknown and no matter how much faith you have, how much understanding you have, you still have that unknown because in reality you accept what we are saying because we have proved to you that what we are saying is correct and therefore you accept our teachings as being the correct teachings, but in essence you're accepting out of faith. You're accepting because we have proved that what we are saying is correct and having proved that what we are saying is correct it is reasonable to follow that on that the other teachings that we have given you are in the same essence correct.

As soon as you leave your physical body and you see your friends, all those doubts they soon disappear. I mean it took me a whole 30 seconds before the realisation came. I left the physical body and I thought ah what's he doing down there? Ah that's me. Ah I must be dead. If I must be dead where's my friends. I then looked up and saw my guide and my friends and I immediately knew but there was still that realisation and I tell you it was quite shocking standing there looking down at yourself and you're not really looking down at yourself, you're looking down at the physical body. That's one way that is used to give you the enlightenment that you have moved on because if you see, physically see your physical body and you have the understanding of what's happened, the concept is right, my physical body is there, I'm here, I can see it, ah I've moved on and that can happen all in a split second. It's amazing that isn't it? You have times when you try and verbalise something which has gone through your mind in a split second, it takes you 30 minutes to verbalise something which happened in a matter of a second or two, but that's because your brain is limited at the moment. It is limited because of your containment within the physical being. Once you have been removed and you move forward your mental capacity increases dramatically.

I'm not sure whether this group has been told before but the amount of the mental capacity, the brain that you actually use, is probably less than 1% and if you think about that, everything you do you are only utilising 1% of your brain and therefore what wondrous things can you do if you can then expand the rest of your thinking, open your mind. We can all do that and if you can expand it so you utilise 5%, wow, what fantastic things that we can do! We can communicate on a mental state.

*How do we do it?*

Purely by purifying your being. No different. It's very simple.

*The process is the same.*

The process is exactly the same. All you have got to do is purify yourself. Very simple but like all simple things very difficult to achieve but if it wasn't difficult to achieve there would be no point and no purpose in achieving it would there?

*Maurice Barbanell*

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