

Helping Others and the Law of Cause and Effect

By Maurice Barbanell 2012

I have a friend who is in a very difficult situation and may lose her house. Is there any way to save it?

What I've been told, and I am not aware of the situation so I have to converse in the second form, is that do not try and justify what is occurring. What is occurring is as a result of certain misdemeanours which have occurred within her life and therefore it is the Law of Cause and Effect and therefore do not distress yourself. It is a problem which she has to overcome. It is not something that can be taken away from her, which is what you were actually asking is it not?

Yes...I was hoping against all hope that would not be the case.

Unfortunately there are times when we would like to help but we know it's the wrong thing to do and in this situation it's the wrong thing to do. The suffering is and will be there but it is, I have been told, a result of a wrong doing in the past.

Yes. It's really brought on by the person themselves.

Do you understand? I've been told that you do understand the answer.

Yes I do

Guard yourself because the scenario will be getting a lot worse before it gets better and the level of depression will be accentuated and she will try and drag you into it. Do not allow yourself to do that.

I'm aware of this and I've been keeping a step behind.

That is the correct thing to do. You only have the capacity and the capabilities to do what you can do and you do more than you want. Do not try and stretch yourself more than you can.

It was actually painful to see. That's all.

Yes but do not allow the pain to go into yourself. Send her prayers and send her your love, but do not extend it any further than that.

I thank you very much.

Don't thank me because I was merely the messenger. It's very magnanimous that we say that occasionally isn't it? I mean there was nobody else you could thank because there was nobody else here to thank!

Exactly.

Exactly! But equally in Rome they used to kill the messengers, so that's why I thought don't do that because I feel that at times I am the the bearer of bad news and I don't want to be removed from your presence in an untimely manner. Very difficult to kill me though you know. It's an interesting concept to kill a spirit. It would be something which philosophers could spent many times deliberating.

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