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What happens if a Sitter needs to Leave the Circle Temporarily?

By Maurice Barbanell 2012

This is nothing to do with the circle. It's not a question but I'm in extreme discomfort here. Can I leave the circle for a moment?

Of course my child. Have you asked for help?

Thank you.

I understand and she was quite correct in asking because having asked we can open up and create a gap which the power band is placed around. If an individual leaves the circle without that connection, the connection of the power being broken, it can disrupt the power within the group. Don't know if you've ever had that explained.

No we haven't. It makes sense because just looking at the situation here, it's like one of the links has fallen off so the circle is not connected totally but if she asks then steps can be taken.

Then we can create a diversion and a loop and therefore once we have created that loop then the circle in essence doesn't break. In fact we don't actually do a loop we just extend the circle out further, the circle of power, so rather than being contained within a small diameter it is then increased out and in essence she has not left the circle at all and then as she is returning the power then returns back to its former state.

Do you feel better my child?

Yes much better thank you very much Maurice.

It is incorrect to sit and suffer because if you're sitting in discomfort your mind is not totally connected with what is being said. So therefore don't ever allow that situation to occur. If you are feeling discomfort ask and the power will be changed to accommodate.

Thank you, that's good to know.

As I was just explaining to the rest of the group, we do not create a loop or break the power. All we do is extend the power so it encases, incorporates where you have moved to and then once you return we then bring the power back to where it was. So in essence you haven't actually broken the circle. We have just modified the power to accommodate.

Thank you.

You see things come up and we make an explanation on things which we didn't know you didn't realise and that's why questions and situations like that are very important because they allow us to ruminate and instil a little bit more knowledge.

Until we meet again may I bid you farewell.

*Maurice Barbanell
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