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## Asking for Help and How Mediums are Utilised

*By Maurice Barbanell 2012*

It is not wrong to ask for help from your guide or the Great Spirit. Sometimes people consider that they ask too much. Let us be that judge. If you ask more than is required, more than we can help, we can always ignore you. But if you haven't asked, we can't help. So it's better to ask ten times and be refused nine for the one time when it can be helped.

*Yes I understand.*

It is more likely to work in the other way. You ask ten times, you will be helped nine times.

*I am trying to ask more often when I need help.*

Our medium needed help while you were on holiday. I wish I could re-tune his brain sometimes. *(Maurice offered to be my guide during the upliftment so Henry, my guide, could go to the upliftment.)*

*Yes. I wish you could too.*

He did insist on going that shortcut did he not?

*(Instead of taking the pathway I took a shortcut which was very slippery and fell, and twisted my ankle but could very easily have broken my leg.)*

*Oh yes.*

God I tried to tell him! Pigheaded man! But we have a certain similarity in our nature in that way. I found it very difficult to be told myself, so although I could understand, it didn't mean to say I accepted it, but we did do as much as we could to minimise the problem.

*Yes we both realised it could have been far worse and I thank you for that Maurice.*

Do you know that I have problems with my tongue sometimes while I am speaking to you with this medium, or to be more correct I have problems with his tongue?

*So does he.*

Even though we may occupy the being, a certain proportion even in deep trance, a certain proportion of the mind the subconscious is still there. We cannot eliminate it 100%. If we did we would have to continue the utilisation of the physical being through the rest of the extent of the life. That obviously is an incorrect statement because the physical being is connected to the astral by the silver cord, the cord of power and although we can occupy the physical body, we only occupy 90% and the cord of power is still connected to the astral being which occupies that body.

Sounds a bit convoluting when I said it then. I'm sure I could have done it a bit simpler. But if that cord was broken we would have to leave because, although we are utilising the physical body, we are controlling all the organs, we are doing all the things that have to be done, once that connection is broken the physical being cannot operate.

I don't know if you've ever considered exactly what we have to go through and what we have to learn to re-occupy a physical body. It would seem so simple really. It's not that many years since I left the Earth Plane. Some 30 odd, I passed in 81 so that's just over 30 years is it not?

*Yes.*

So it was only just over 30 years ago since I was contained within the physical. So you would think that it wouldn't be so difficult to re-occupy, but you are re-occupying a physical being which is not yours and therefore that is why you have a problem occupying it, because you have to meld your being with that of the medium. We don't have the advantage as we do in some situations in light trance, where the guide of the particular medium is used as a transmitter and he, and I use that form metaphorical utilisation, he blends his aura easily with the medium and then when the other individuals who we wish to come and talk who do not have the ability to utilise a medium, they are then brought into the aura of your guide who is harmonious with your aura and he is then uses as a piggyback and therefore the transmission in a certain degree you could say your guide is being a medium of the medium.

*A relay system.*

And it is as a relay and by doing that we can bring a lot of different people through because they don't have to know how the whole mechanism operates. They just have to be brought into the aura of your guide and then the thoughts, the words, the teachings are then transferred and to all intents and purposes you would consider that the individual has full control. But it's like a telephone. It's going through a transmitting station and then it is being transmitted through the mouthpiece.

Actually I like that, that's quite a good simile because when you are on the telephone you are not actually connected with the person on the other end. You are going through a transmitting station and that transmitting station then portrays what you are saying or in current society even the visual image is portrayed, but is not portrayed from the phone to the receiving phone on the other side directly. It has to be done through an intermediary.

That is something which I don't think, apart from our group and I believe I have brought it up once before, is fully understood or even discussed. God it's bad enough for them to learn that we are here and we are continuing our life and we come to talk to you! Why would they want to know the whole mechanism of how it all happens? If you tried to explain to somebody that your medium is not really in full control of, or the person who is utilising the medium is not in full control but he is actually using a secondary device, it would be a bit mind blowing even more so than the fact that the people come and they talk and they haven't got physical bodies!

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