

29 November 2011 - MB



www.insightsfromspirit.com

The Process of Occupying a Medium

By Maurice Barbanell 2011

Something which we haven't fully explained and that is how the whole process actually of occupying a medium occurs. After all, I am not the permanent occupier of this physical being, this physical body. I cannot call it a physical being because the being which is yourself is the resident of the physical body. The physical body is merely a machine which you utilise whilst you are upon the Earth Plane. That concept, that very concept, is very difficult for the peoples of the Earth Plane to understand and grasp in the first instant, that the physical body isn't the essence of life. That the essence of life is the possession, the occupant, the true occupant of the physical body. The physical body, if you remove the essence of life, your astral being, the animator of the physical being, once you remove that the physical body has no purpose. It drops to the floor in a useless mass. It cannot be utilised for anything. Makes good fertilizer for roses but apart from that it has little or no useful purpose and yet the peoples of the Earth Plane consider that the existence of life is determined by the ability of continuation of your physical being. Why do you think they are spending hundreds of millions of dollars trying to discover places to live, places to occupy outside your current Earth Plane? This is because of their lack of understanding, their lack of the ability to think of the true existence, the true you.

You starve your physical body, the silver cord is broken, and the true you goes forward, goes forward and continues in its next form of evolution, the evolution of the astral sphere. Why do the peoples of the Earth Plane find that concept so difficult to grasp when the evidence is clearly before you? You remove the astral from the physical, the physical dies. The astral doesn't die, the astral then moves forward. But where does it go? There is where the difficulty arises because whilst you are upon the Earth Plane, whilst you are contained within the physical, your limited knowledge, your limited knowledge of the true life beyond has been removed, temporally, from your sub conscience. Therefore the total perception which you can analyse and scientifically generate and prove is the life within the physical form, but they cannot analyse and scientifically generate the spark of life, what makes the physical form activate, react, suffer? The physical being therefore becomes the temple, but then what happens when you go to a meeting such as this? The medium stands forward, a genuine medium stands forward, I do preface that because there is a lot of mediums or so called mediums who stand forward who do not portray 100% truth shall we say. The medium stands up, sits down, lays down, whatever form it

is comfortable for them to be utilised. There are mediums you appreciate who lay down when they are being taken over in a deep trance state. Were you aware of that?

Wasn't Edgar Casey one of them?

I do believe he was. Not frequent. As I said it normally happens in a deep trance state because the individual finds that position easier to relax and allow his guides to occupy the physical being. Occupy the physical being, that is the true perception of what you consider happens in a trance state is it not?

Yes.

Well I'm here to disillusion you. That situation only occurs in true deep trance state. In true deep trance state the astral of the medium is removed and the astral of the individual who is coming to give you the talk then fully occupies the physical being, but not totally because there has to be an essence of the individual left behind so as the silver cord, which is an inaccurate statement in itself, because it actually isn't a cord. It's a silver power source which connects the physical to the astral. It's not actually a tangible cord as such, not like the umbilical cord. It's a cord of power. So in the deep trance state yes the full physical body is occupied and therefore the occupier if I can put it that way takes responsibility of all the normal bodily functions which occur within your physical being.

Then you get to the degrees of light trance. In light trance our aura intermingles with that of the medium being utilised. How can this be? How can you have two objects melding as one? That is because you are limiting your thinking to physical matter. You can have two gaseous states and I'm only using that as a metaphor for explanation purposes, you can have two gaseous states occupying the same space and this in light trance in essence is what occurs. We have what is affectionately known as an overshadowing. Now this overshadowing varies in depths. It can be that we merely need to overshadow and occupy the mental side of the medium being utilised. The medium then is fully conscious of everything which is being said and what is going on. You could very loosely put it in to a trance state similar to clairaudience, and in clairaudience the messages are imparted to the mind of the medium and the medium then repeats them and this in loose terms in the loose form of light trance is what occurs, so that the medium who is transmitting is transmitting in his own voice, in his own way and his mind can interfere a lot more with what is being said. Now this overshadowing can vary from that very light trance to an almost deep trance, but not quite. So therefore when you are in this state we occupy 90% of the occupation which would occur in the deep trance state. In this state the guide, the spirit, the astral being, call him what you wish, has almost full control of what is being said and the behaviour and actions of the physical body. That is the state which we have developed at this point in time.

So therefore to all intents and purposes it is similar to a deep trance state, but we are still vulnerable because whilst we are in this state we have not got full control of the physical, so therefore if you get, shall we affectionately call them mischievous beings, I would rather use rather stronger language but as you know I find it upsetting to utilise those, but you get these mischievous beings and they can literally push by occupying the same space

but in a denser form and therefore like a light gas will be pushed out of the way if you get a heavier gas rested into it, it is the same situation and our being gets literally pushed out of the vessel which we are occupying. This cannot happen in deep trance because in deep trance if that would happen your medium would cease to continue his life on the Earth Plane because the shock would be far too great and the silver cord power would be severed, and as you were enlightened last time we met, once the silver cord has been severed there is no way a physical body can be reused with that severing having taken place.

So many people look at individuals when they are in a coma and they say to all intents and purposes they're dead. But they're not. The silver cord is still connected and therefore it is possible for the astral being to fully reconnect with the physical and continue their life outside of the catatonic state that they are in.

So don't ever let people bamboozle you with what happens in the trance state. So many people, and I have visited a few of your churches, with and without you, so many people who stand up on the platform and who are depicting that they are in a trance state are merely in a light overshadowing state, but for visual effect and for effect of grandeur within themselves they assume the position that they are being utilised in the trance state.

I hope that I have made it relatively clear and if I haven't please let me know and I will try and illuminate your understanding from my more than limited knowledge, after all I have been on both sides of the procedure. It was a lot easier when I was on the Earth Plane though. I don't know why our medium finds it so difficult. I just went to sleep and it all happened.

Were you also in a trance state when you were asleep? I mean Silver Birch used to take over all the functions of your body?

Correct. That is why I used to have the transcriptions done. Only because he got fed up with showing it to me when I was in the sleep state after the meeting. I don't see why. I mean we didn't have television in those days and it was quite good really. I could lay there and he would play it as if you were on a movie screen and I could see and hear everything that transpired.

*Maurice Barbanell
29 November 2011*