

Grieving for a loved one Who has Left the Earth Plane

By Maurice Barbanell 2011

You realise of course night, day, morning is of little consequence to us, it is merely time. Time is something which whilst we are upon the Earth Plane seems so important. Everything we do is judged by time. We enter the Earth Plane, we have an allocated span. Nothing you can do as a physical being will alter or interfere with that time. That is unless one of two things occur. One can be an effect or reaction created by another physical being. Quite often when accidents as you call them happen, they are pre-ordained. They are understood, they occur within the rules of the Divine Plan. Circumstances, what you affectionately call natural disasters, occur in the normal state of the Earth Plane. They are understood. They are expected and therefore all people who are removed in those situations were preordained to be removed at that time.

The peoples of the Earth Plane consider that it is a disaster, but I want you to consider very carefully what you think a disaster is. What has actually occurred? Yes there has been some physical destruction. There has been some physical turmoil. People have been removed from their physical being and returned to their astral being. Please note I said returned. They haven't gone from one life to another. They have continued their lives but merely in the astral sphere rather than the physical. So nothing in effect has happened to those individuals, with the exception of their physical being being disconnected from their astral being.

Now that disconnection is something which was preordained, pre-perceived and a natural progression of their physical state. In other words the allotted time that they had upon the Earth Plane has ceased. The people who are left, they have a lesson to learn, the grieving of the physical loss of those who they loved and were surrounded by.

Grieving in its essence is a selfish emotion. Grieving merely is a response of a loss, a feeling of a loss of connection to the being who was there before. We who are more educated in the true sphere of life should never grieve. Yes you will have a temporary separation from the individual who has passed on, but it is only very temporary. When your time has come and you leave the Earth Plane the reconnection with that being, if there was a love connection in the first place, will continue so do not ever grieve for the loss because it is a wasted emotion. What you need to do is accept that they have temporarily left you, moved on and that you will follow when your time occurs.

So what happens when you grieve? You create a lot of stress within your physical being. You create a lot of harm to the physical being that you are. You create ulcers,

you create stress, you create headaches, you create sadness. None of these emotions are necessary or correct if you have a true understanding. What you have to do is re-evaluate your life as it is now. Not as it could have been if your partner, your friend had been there to share it with you. That situation does not occur, is not part of your current existence, so what is the point in getting yourself upset over something which you cannot change. You cannot bring that physical being back into existence. You can stop them from advancing, from moving forward. How selfish. How can you contemplate making your loved one suffer by holding them back because that's what you're doing. Because the love connection is there, their desire to be with you is uppermost in their mind, their thinking and therefore the selfless action on their part is to stay back upon the Earth Plane. How wrong.

The time of your separation is so small my friends. Yes you might consider in the time frame of the Earth Plane that it is an excessive period. Your existence is eternal. There is no end. There is no beginning. If you want to bring it into terms which could be understood on the Earth Plane, if your existence expanded over a hundred million, million years, then the separation of 10, 15 of your years is an infinitesimal period of time in the totality of time as it is in reality.

So get on with your lives my friends. Yes weep for the loss that you have had but do not ever take that grief to the point where you are bringing the individual back into your sphere. That is one of the greatest problems we have with the peoples of the Earth Plane. It's a natural emotion but it is an emotion which creates disharmony in the astral sphere. Do not think about time. Time is something which is a concept on the Earth Plane. It is not a concept which is considered in any other part of your life. There are periods. That is how we judge from the astral sphere. You have wasted a period.

I'm really happy to hear that.

I came with this talk specifically for your enlightenment. It is not unusual. We are aware of each and every one of your auras and before you are greeted into our sphere we do an examination of your being and if it is considered that a subject needs to be expanded it is then deemed the correct person will deliver the message. Do you understand?

Yes.

I did come to specifically slant my talk to help you. But that message is something that everybody else needs to re-evaluate at times. Grief is something which we all have. None of us will be spared the grief. It is a normal human emotion but what is necessary is to put that grief in to its correct box and do not put into a casket. It needs to be put in a small box because that's where it is justifiably correct to be.

*Maurice Barbanell
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