

## We have doubts about why we visit the Earth Plane

By Maurice Barbanell 2011

Why do we have so many doubts? So many thoughts which occupy our minds which are negative? It is a problem that we have when we come and we communicate.

An acceptance, an understanding is what is received and delivered initially and then once we have this level of understanding the peoples we come to help take us for granted, do not consider that what they are receiving is a privilege. Why do you think we come to deliver our talks, our explanation of what lays before? After all each and every one of you will avail themselves of the passing. It is something that not one of you can stop. Every one of you when the time comes will leave the Earth Plane, leave the physical being, the shell, the machine which you are occupying currently. Not one of you will take it with you. You will leave it behind but because of the reality of your true life, your true existence has been masked, has been removed from your conscious thinking. You spend so much of your time desiring to know about the world which is outside the physical.

The true world, or in reality the next stage of the true world, because the Earth Plane has been created as a school and a situation where your physical being can go through certain lessons, discomforts, it has not been created to be a continually smooth path. There are periods in your life where the smooth running exists, but this can never be the normality of anyone who occupies a physical being. Anyone who occupies a physical being is subject to the negativity of that physical being. That after all is why the Earth Plane and your physical body was created. The life beyond, the life in the Summerland is a reality. You have all been there. Your occupation upon this material world is a small smattering of time.

On my last occupation I was here for 79 of your years. Place that into the reality that I know now, that my existence is eternal. Eternity is a difficulty concept for the peoples of the Earth Plane to comprehend, but take it as 100 million years to take a figure, 79 as a percentage of 100 million years is like a speck of sand in the Sahara Desert. So do not get fixated with what is to be. What is to be will transpire whether you are ready for it, whether you try and push it, whether you try and push it away. You have no control of the eventuality that your physical being will eventually have finished the useful purpose that it can be utilised on this occasion.

Every one of you will leave the Earth Plane. Not one of you will remain. What a horrible thought. The physical body was constructed to have a limited lifespan, a limited useful period of time that it could be utilised. Just image if you could live to 150 but your physical

body continued to deteriorate. Would you really want that? Would you really want to continue upon the Earth Plane in a decaying state because that's what happens, your physical body decays, degenerates. After all for you to lose the occupation, the physical body has to get the point where it expires, that is when the silver cord is broken.

Your physical body is very important during your current occupation but when you come here and you have a greater understanding and knowledge you realise the folly of your thinking. You realise that you have occupied a physical presence on numerous previous occasions and each one of those you considered to be supremely important, but when you look back you realise how unimportant they really were. They were there in the position that was required for you to learn what you came to learn. It's not necessary, in fact it would be a negative to your being if you continued to occupy a physical body in the same circumstance and position geographically as you do now. Just consider for a moment that the lessons you can learn if you were brought up in the Japanese culture, in the culture of the dark continent of Africa, or the even more primitive continent of South America, the lessons which you could learn would be totally different than those which you have currently.

So take the lessons that you have as an individual and do not consider what is to be because what is to be is not part of your advancement at this point in time. There's nothing you can do about what is to be. What you can do is improve the love spark, the spark of Divine Love which each and every one of us have, to a greater brightness than it was prior to your current occupation. We all had this spark of Divine Love at varying levels of purity and brightness and therefore each and every one of us have a different set of problems to overcome because they are specific to your requirements to move forward.

So do not weep or envy or look at another individual and consider that they have a better life, a fairer life, that the Divine Plan has been more swayed in their direction, because they have the lessons which are required for their advancement. You cannot duplicate their lessons. The lessons you have are individual to you as a person. So never look forward at others and consider that you have been hard done by. It's a human trait. We all do it whether it be in a physical manner or a financial manner. You are who you are. You have the lessons to learn which are particular to yourself.

It is your responsibility to utilise the love which you have within your being and spread that to your fellow beings, to your fellow man. That is your responsibility. It is your responsibility to help where you can. Help your fellow man. Not take their problems away from them but to help. So often people consider that the only way to help people is to take their problems away but in reality you are doing them more harm than good because how are they going to learn to overcome their problems if you remove them. If you are there to assist them, to guide them, to help them on their way then you are doing your job. Then you are doing what we have all come here to do. Not to remove their problems but to assist them so that they can overcome them themselves.

We all at times have a feeling of woe is me. You would not be human if at times you did not feel this way, but we hope that with our teachings that you have an understanding that these are your lessons and you have to overcome and if you overcome them then you will have improved that Divine Spark which is within each and every one of us to a greater point of purity and then my friends the success of your current occupation will be there and that is how we measure things. That is how the higher beings measure things on how much you have improved from prior to your occupation to the time you leave. Not to compare your situation to another but to compare it with yourself, because you are the one who has to advance and it gives us great pleasure, gives us great joy to see people improve their being and then we get enthusiastic because we see you have made the step which was required on this occupation. But you can do so much more and therefore that is what we are aiming for. Not to say you came to the Earth Plane to reach standard three, because once you have reached standard three we want you to go to university and if you can't reach there, at least get to standard four or standard five. That is what we require.

Try at all times my friends to keep your thinking on the straight and narrow. Try and not wallow in self-pity because we can all do that. Whilst we are upon the Earth Plane we all have our problems. There isn't one amongst us who hasn't had and doesn't have their problems but get over the negative part of that problem and try and look at the positive rather than the negative.

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