

## **How Negative Beings in the Astral Sphere can Affect Us**

*By Maurice Barbanell 2011*

It is an unfortunate fact that when you are in the astral sphere the responses and the actions of those in the physical world and those who are attached to the physical world, and there are many beings who are attached who do not wish to move forward, who do not wish to come here, they wish to create disharmony and infect the minds of as many individuals as they are capable of. Do not ever underestimate the power and the ability of those souls, those people who are misguided. They are not evil, they are merely misguided.

It is unfortunate, as we move forward, that there is a strong attraction to these negative individuals. They see an opportunity to glorify their being. They consider that a disruption to our plans is a victory. We have, and have to place a protective barrier between our work and their interference. Unfortunately, because of their nature, they sometimes slip under our guard. We apologise for the times that this occurs. We try very hard to perceive and foresee the problems which lay ahead.

It is unfortunate that when plans are placed, they are placed from a higher vibration and the intent within that vibration does not conceptualise or understand the negative ability of those who wish to disrupt. When you have removed the negative thoughts from your being, unless you have been schooled in the methods and the thinking of these individuals, you cannot bring it into your plans because it is totally outside your zone of knowledge and influence.

This is why it is very necessary for us who come and guide and give you inspiration on the way forward, it is necessary prior to our coming that we spend a great deal of time in the Halls of Learning to fully acquaint ourselves with what the mental capacity of the individuals we have come to help are.

This we do, but there are times unfortunately when the people we are dealing with on the Earth Plane are enlightened enough for us not to take the negative vibrations of others into account. This is why at times we appear to fail in our duty. We appear to fail because we have not lowered our vibrational thinking to the depths of those who are perpetrating the negative reaction.

Whilst you are upon the Earth Plane you are surrounded with beings of different vibrations and love. You are surrounded with a melting pot of souls, of beings, at different levels of purity. I was about to say different levels of advancement, but

levels of purity is a more correct analogy because it's the purity within your being, within your heart, which dictates the level of advancement as you see it upon the Earth Plane. You cannot progress to a state of total purity until you have vacated from your being all negative thoughts.

We are aware that the concept of removing all negative thoughts from your being seems absolutely daunting, seems unachievable. It is not unachievable, but I do not wish you to take that to heart, apart from academic interest and knowledge as your goal during your current incarnation. During your current incarnation your ability to achieve ultimate purity and love is outside the possibilities and parameters of your life. What is not outside these parameters is to improve your being, improve the love force within you, so when you come here, once you have divested yourself of your physical being, your physical body, that you stay only a very short while in the Summerland and because of the purity within, you are moved forward to the 4<sup>th</sup> and 5<sup>th</sup> planes. That my friends is within each and every one of your capacities. Each and every one of you can be a being within the 5<sup>th</sup> plane. Whilst you are there you have not divested yourself of all negative thoughts, but you have purified yourself to the state where your astral being is no longer required for your usage. You can divest yourself of your astral body and you can move forward into a glimmer of the true you. You can only do this if you overcome the issues and the problems which surround you all.

The Earth Plane has been created as a place of discomfort and suffering. We do not apologise for this because that is the reason the Earth Plane was created. The Earth Plane was created to give you the opportunity to overcome the problems which can only affect you whilst you are contained within the physical body. So do not wallow in self pity my friends. Accept and overcome the negativity which is created by these problems. If you accept the problems and treat them in the manner which they deserve to be treated, then you have succeeded in overcoming what you have been sent here to overcome.

Unfortunately we all fail at times, but do not consider your failure in a negative sense. Consider your failure as a stepping stone to succeed because success comes from an awareness of why you failed. An awareness of where you have to go. If you had no problems, if you had no failures, how can you move forward? How can you prove and improve the love light which is within your being? So do not ever wallow in self pity my friends. We all have the capacity to wallow in self pity. Self pity is a destructive energy. It creates nothing but disharmony within your being. So accept the lot which you have and deal with it to the best of your ability. Do not condemn yourself if you fail. Do not applaud yourself if you succeed because success is why the problems have been given to you. If you continue to succeed always remember that unless you have removed all negative thoughts from your being, that the success is merely a stepping stone to your final achievement.

Thank you my friends.

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