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## **You are Spirit and the Life Force in all things Material**

*By Maurice Barbanell 2010*

I feel deeply humbled by my friend and guide (*Silver Birch*), he's still my friend and guide, you do realise that just because I have left the material world the connection that we have and had continues beyond the physical.

I only hope and pray that one day my inner being might be worthy of standing alongside such a being. It is most strange, I accepted his friendship and his guidance as you would any other friend upon the Earth Plane. I accepted his being as an equal. I accepted that I was no better or worse than the teacher who came as my friend. It was not until I had passed into the, what you affectionately call the world of spirit, which I realise now is a ridiculous statement. You are spirit. How can you not consider that the world of spirit is anything but the true life. How can anybody with any intellect consider that this material world which you have the fortune or misfortune to occupy at this present time is anything but false. You consider that the material world is the true and genuine world and yet this fact is so far from the truth it does not even bear consideration. The real world, the world from whence each and every one of us occupy and occupied, is far greater in beauty and expanse than you could ever consider or perceive whilst you are contained within the physical body.

It amuses me when I speak, when I listen and I hear people talk of the ethereal beings from the spirit world. What a load of poppycock. If they only knew. If they could only realise how foolish their statements really were. The world of spirit is the true world which you are all a part of. It was great shock when I realised and believe me the realization didn't come immediately. I understood the teachings about the Summerland, the planes beyond and in theory it all sounded very logical, but it is not until you leave the physical that you realise the true impact of what lies before you. The true impact of your true being.

People of the material world think that we must be residents on another planet in another solar system. Why do they do this? They do this because they cannot extend their imagination and their thoughts beyond the world of matter. They do not consider that anything can exist which does not comply with the rules of the world of matter. If they only considered for a while about their inner being, about the spark of life which is contained within each and every one of us on the material world. That spark of life which animates the physical body, it only animates the physical body. It is not the physical body. It is the life force within the physical body. You take that life force away and what happens, the physical body returns to dust. It disintegrates.

But what has been taken out, the essence of life. That essence of life has gone forward. Can you see that essence of life. No. And as you cannot see it, why do you try and place the rules of the material world and the essence which has departed in the same perspective. They are not the same. It is like trying to compare fire and water. They both exist but one cannot comprehend and understand the other because they are different forms of energy and life.

That might seem like a strange statement, but they both have life. They both have a life force within them. Every matter upon the Earth Plane has a life force. The trees that grow, the plants that grow, the fish in the sea, even the plankton which the fish feed on. It all has a life force. It all has a vibration. It all owes its very existence to the Divine Law. All of this has been created. All life, all beings upon the Earth Plane, they all have a vibration and a life force within them. If it was not the case your flowers would continue to exist for all eternity. Your animals would continue to exist for all eternity. You in your physical body would continue to exist for all eternity. Wouldn't that be a dreadful thought? Your physical body is a machine which has a limited life span. Once it has finished its purpose for which it was created, you then discard it as you would an outer piece of clothing. You have no more use for it, it isn't you. It is merely the essence of life form which you utilise for existence in the material world. Please note I said that you utilise. It is not you.

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