

## **Being a Medium from a Spirit's Point of View**

*By Maurice Barbanell 2010*

I was deeply humbled that you felt honoured to meet me in person and you couldn't quite put words to it could you?

*No it did seem a little strange to say "in person".*

Well I can assure you I am in person. It is only the physical body which is different. It is quite strange when we look at being a medium from our side. You consider that the medium is purely an aspect of the material world. This is not the case. Not everybody here has the ability to utilise the mediums of the material world. I found it most strange. One time I would be in the male frame and on another I will be in the frame of the feminine gender. It does not make any difference you realise that the soul, the person within, does not have any sexual connotations, so it matters not from our side whether or not we occupy someone of a similar gender to that when we were last incarnated. But I did find it strange the first time when my speech, my talk was delivered through a female medium. My voice was not quite as I had perceived it to be.

But being a medium from our side takes as much preparation, as much work as it does from the material world. We have to learn how to assimilate our auras with the aura of the medium being used. In the majority of cases we do not fully occupy the physical body. We take over as much as is required to convey our message.

At times we may merely impart our thoughts into the mind of the medium who is being used. The medium then repeats the words which resonate within his subconscious. This in a lot of ways is a very unsatisfactory form of communication. It is unsatisfactory because the subconscious of the vessel which we are utilising can interfere with the words and the substance of what is being said.

When we take over the physical body as I have at this point in time, I then had to learn how to take over the normal functions of the physical body. I had to learn how to keep the heart beating, how to keep the nerves stimulated, how to copy for want of a better word, what is considered normal and automatic for the occupier of the physical body. So many of your bodily functions are automatic. You don't have to think about your heart beating, you don't have to think about breathing, you don't have to think about the various bodily functions of the liver, the kidneys and the other organs. These all happen automatically, but once the medium's astral body is moved to one side, we then, we who occupy, have to take the responsibility of their continued and correct function. This is a little known fact.

People accept that the medium's astral is moved to one side and the guide, whoever it may be, comes in and occupies the space, but no consideration is given to what it involves from our side. We have never really covered this subject because it's all on our side. It's our responsibility. We have to do what we have to do before we can convey the messages we wish to deliver.

The other and better form of mediumship is that of deep trance. In deep trance we take over the physical body in its entirety. The astral body of the medium is taken far away, taken to the same place as is reserved for your sleep state. You are all aware I am sure, that each and every one of you at the time of your respite leave your physical body and you come over here to a special place which is allocated in the Summerland. This is not unique. Every one of you visits this place every night. There you converse with your guides and a small percentage of the friends who you left behind. Why is this necessary you may well ask? The answer to that is that it would be far too large a shock when you leave the Earth Plane and enter the Summerland which is where you will all enter in the initial stages. If your astral has been prepared the shock of the transition is made much easier. It is far better to teach a person how to swim when they have already attained a certain expertise in the pool. All you are doing is perfecting the knowledge and the ability which is already possessed.

It is no different when you sleep. You are being prepared. You may well ask why cannot I remember what has occurred. The answer my friends is very simple. You cannot remember anything of your existence in the world of spirit, the real world, the real life, your real being. If you could, the lessons you have to learn would be diminished greatly. The lessons you have to learn have to be done from a point of ignorance. You have within each and every one of you, the advancement, the purity within, which you have achieved at the point you entered the Earth Plane. Each and every one of you has reached a different pinnacle in your state of purity. This is true with the peoples of the Earth Plane as a general comment. Not one is equal to another. You all vary to a greater or lesser degree.

So you enter the Earth Plane, you enter with this spark of divinity within your being. You then, with this armoury within your being, you are able to cope with the tasks which have been placed before you. You all know that your lessons are vastly different to one another. That is because the lessons you have to learn are vastly different from one person to another. This is why we always say do not at any time compare your lot with another. If you do, what will you achieve? If you look at another and you see in your limited perception that they are not as well advanced shall we say as you consider that you are, you will become very vain because you feel somehow superior. Equally if you look at another who you consider is of a far greater purity in their hearts than you could ever hope to attain, you will then either become jealous or you will consider that to obtain this level of purity is far in excess of what you could achieve and therefore what's the point of even trying.

My friends both scenarios are equally wrong, because from your perspective in the material world you cannot hope to understand where another being has been, or where another being is going. So never compare your lot with another. Accept your lot for what it is. Make the best of your lot. Do not become vain because you have more or less material possessions than another. Do not become vain because you feel that you are superior in a spiritual form than another. You are not in the position to judge this. You are not in the position at this point in time. You will never be in that position. Even when you leave the physical world and your aura, the colour stands out for all to see, it is then quite clear whether you have achieved what you set out to achieve. If your aura has become more brilliant and possesses a greater light when you leave the material world, then my friends you have achieved the very reason you entered the Earth Plane. It does not matter whether another has achieved more or less. This is totally irrelevant. The only thing that is relevant is your own advancement, your purity, your lessons.

Do not ever keep the teachings, the teachings of spirit, the teachings of the Great Spirit from those who wish to hear. That is surely one of the great sins. To have knowledge and not to spread the wisdom which you have been privileged to obtain. So my friends go forth and do not ever be afraid, but on the other hand, do not try and push the teachings unless the recipient is a willing recipient. If the recipient has a closed mind then you are wasting your time and your time would be far better utilised spreading the word and your love to those who will accept it.

*Maurice Barbanell*  
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