



InsightsFromSpirit

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## **General Introduction Talk**

*By Maurice Barbanell 2011*

For those of you who have not made my acquaintance before I am Maurice Barbanell. It was easy when I was on the Earth Plane. I would sit down, my friend and guide Silver Birch would come through and the lessons were given. Unfortunately for a lot of the unenlightened souls who came to our meetings they considered that the teachings came from me. Do not ever delude yourselves. As a medium you are a channel. You allow your physical body to be occupied for the purpose of spiritual teaching. The spiritual teaching should be quite correctly laid at the feet of those who are delivering the message.

I am in a totally different situation at this point in time. I have passed over. I have been within the world of spirit as you would call it, for over 30 of your years. You may consider that this is a long time. Believe me my friends it is merely a twinkling of the eye when you measure it in relationship to eternity. Eternity is a frightening concept. It is only frightening from the perspective of the Earth Plane. The Earth Plane has been created for a set purpose and your visit there is preordained. Your problems, the issues which you have to suffer, are preordained.

To the best part most people have requested the journey that they are currently on. So do not blame the Great Master. Do not blame the Great Spirit because of the problems which you have to encounter and endure. These problems are preset and normally they were preset by yourselves. So do not complain my friends. Rather look at them as a challenge, as a challenge which you have to overcome, which you have to live through. Life on the Earth Plane will never ever be trouble free. If that was the case there would be no reason for the Earth Plane to exist. You could advance in the Summerland or from the planes beyond, but without the trials and the tribulations which the Earth Plane allows you to go through, the physical discomfort, the emotional distress, the financial requirements, the requirements of sustenance. All of these situations do not exist in the planes beyond the Earth Plane. You remove all those problems and just think how much more difficult it is to improve your spiritually, the love which is within you.

Spiritually is something which has to be brought to all peoples of the Earth Plane. Spiritual knowledge is something which must spread, must be taken up on all corners of the globe.

My friend and guide, he is still my guide, the guide that you have whilst you are upon the Earth Plane continues to be your guide once you have left. You have a connection. In the most part you have had that connection for many of your incarnations to the Earth Plane. This is not the first incarnation for any individual in this room. When you consider that statement and you consider nationalism as is spread upon the Earth Plane at the moment, you realise how nonsensical it is. You might on this occasion be born of the feminine gender. You might have come from Germany, England or any other part of the globe. Therefore your nationality is considered to be that which you are currently

enjoying. But when you look at your history, at your previous incarnations, you might well have been a male. You might well have been black, yellow, or any other variation of colour. This is because the lessons that you have to learn are specific in their origin and can be learnt at different areas of the globe. If it is necessary for you to encompass the teachings and the culture of the Japanese race, then why would you incarnate as an Englishman, an Irishman or whatever. If it is necessary you will incarnate as a Japanese person.

So do not put a label upon yourself my friends. You are people. We are people. We are all members of humanity. We originate from the Great Spirit, the Great Master, God, Allah, whoever you like to call the higher deity. We all originated from one source. Therefore treat people as people. Give love, do not feign love, do not feign affection, but most of all my friends, never judge or condemn another for their actions. You are in no position to judge or to be executioner.

The Divine Plan is totally balanced in its entirety. There are no injustices, no irregularities within the Divine Plan. The Law of Cause and Effect is true now and it has been true for evermore. If you look upon your single incarnation, your current incarnation, you will always see a great deal of what you would consider injustices. There is no injustice within the terms of the Divine Plan. To give an example, the man Hitler, when he is returned and returned he will be, he will be returned as a weak individual who is continually picked on and his very being will suffer a great deal. Now you look upon that individual, in that incarnation, and you would say, why should that individual go through so many horrors and problems. It is the Law of Cause and Effect. There is nothing you do which there is not an equal and opposite reaction. If you give love, it will be returned ten fold. If you give hate, if you give anger, why then will you object if you are the recipient of a similar action. The Law of Cause and Effect.

The answer is very simple. Live your life with love, with compassion, with understanding. Do not judge another. Do not condemn another. By doing this we do not mean for you to be a door mouse. You have to stand up for yourself. You have to share the knowledge that you have, the love that you have and you have to share it openly with all whom you come into contact with. If they do not return this love, do not concern yourself. You are not responsible for their actions. The only actions you are responsible for are your own.

So often people get themselves into a terrible lather about something which they have absolutely no control over. What good does it do if there is a problem in another country and you have no means to interfere or help in that problem? What is the point of you getting upset about it? What are you doing? You are causing yourself pain. You are causing yourself distress over something which is out of your control. How idiotic is that my friends? If you are banging your head against the wall logic will tell you to stop because it hurt. And yet we don't do that emotionally do we? We get ourselves all worked up. We take all the problems of another upon ourselves. Don't do that. If you can help, give guidance, give love, give assistance, but never my friends is it your responsibility to take on another's problems. It is their life, their way ahead and they have to continue on their way in the way that they have elected to do.

It is very difficult when we come to the teaching circles as we do on frequent occasions because not only are we with the group who have collected for our talks upon the physical plane, there are many, many more thousands of people who come to hear the teachings from the Summerland and the planes beyond, the planes which surround the Earth Plane. The teachings which are given in groups such as this are not something that automatically happen in the Summerland. You would think that when you come here that you would have all knowledge available to you. And that is true. You do. You

can go to the Halls of Learning. You can study any subject you wish. You can go through history and re-live any situation, but you have to have the knowledge to want to know what you need to know. We have a meeting once a year which we call the Upliftment. At the Upliftment a higher more evolved soul comes down and gives their teachings to all who come to listen. But at other times it is our individual responsibility to look for knowledge, to look for the way ahead.

So we utilise meetings such as this and the teaching meetings that occur around the globe as a means to convey messages because a lot of the time the people who are in the Summerland are either not as advanced, or far less advanced, than the people we are giving the teachings to in our groups. So therefore the knowledge which is being given is new to them and they can learn and go forward.

*Maurice Barbanell*  
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