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Overcoming Problems Due to the Actions of Others

By Maurice Barbanell 2012

Life is challenging.

It is very challenging at the moment.

But it would be no good if it wasn't. After all that is what it's all about. The challenges of life and how we overcome them, how we overcome our mental state. That's something which the peoples, whilst they are contained within the material being, to occupy the physical world, they have a problem in containing their mental state, their attitude to their fellow being. They always find excuses. They find excuses why it's the other man's fault, the other person's fault. "It's never my fault" and I'm talking in the third person. It's never your fault. He made me angry. I only did that to appease the situation. There's so many excuses that we give ourselves are there not?

Yes we agree. Indeed yes.

But that's what they are. They're excuses. They're not really reasons because there aren't any reasons to denigrate, or chastise, or belittle your fellow man, but at times we've all been guilty of it. I was just about to say even the Nazarene. Jesus lost his cool so therefore if an individual such as he who is purified in his essence can lose his cool so to speak what chance do we have? But it does give you an example that even when you achieve the heights that he achieved, the spark which allowed us to degenerate our being is still there. That bit of physicality, the bit of human nature is still there. We still have to overcome those. It's one of the most difficult things that we have to overcome whilst we are contained within the physical.

Now I'll give you something which you might not have thought of, but you should have done with the elevated knowledge that you have. Is that even when you lose your physical being and you join the astral sphere this negativity is the biggest problem that the peoples of the astral sphere have to overcome. That is the big sin which they have to eliminate. We have to eliminate it from our being, because after all once you have devoided yourself of this material carcass that you carry around, once you've devoided yourself of that a lot of the negativity and the problems associated with the physical get removed from your being. You don't have to worry about the pain and the suffering and the aching of the physical being. That would be nice would it not?

Yes it would.

I do feel for you in a metaphorical sense. I have been with you in the mornings when you have had a great deal of difficulty in moving around and I can see in your aura the physical pain which you are suffering. I try and keep a little bit adrift because if I get too close the physical pain is emanated into my being and it's not a sensation that I relish.

I can understand that.

I do not do it because I do not feel sympathy for you. It's purely because I'm a selfish person. We all have that essence within ourselves. We all have that essence of selfishness. It's very difficult to be selfless but that is what my friend, my guide, is always trying to get through in all his teachings, is that you need to be selfless. It is the same thing when our Medium feels that he has a need for deep trance. I don't see why he has that need. Why is he trying to give me and our friends more problems than we have already. Just trying to make our life difficult. You see there we have a simile of the problems. It's a problem which was caused by an outside influence which was not of our making but we have to accommodate it. I use that merely as an example not that we have a problem with the scenario. Just because we have been relieved of the physical body we are not relieved of the problems. The problems which are caused by other individuals. If we could eliminate all these outside influences we wouldn't have a problem would we?

No one to talk to either.

But we would have a purely beautiful life devoid of any stresses and negativity. Get bloody bored and very lonely and you cannot actually live your life in solitude. We are after all a group being. I do hope you do realise that I am trying to slow my talking down for you.

Thank you Maurice. (The lady who was transcribing the talks was having a problem because of the speed Maurice was talking)

You see once again there is a problem which was pointed out to us which we hadn't considered but having been given the problem, if it's within our being to accommodate it, we do try to change things. And I just use that as a minor example because it is not part of our desire to create any problem to anybody but especially not to our chosen group. How on earth can we expect cooperation as we move forward if we do not cooperate and do everything within our power to accommodate a smooth passage forward. After all we're going to have enough problems with the negativity of others, so why should we create negativity within our group. Obviously we try not to. We try to keep things sympathetic, in harmony.

Another thing is this physical body. The occupation of the physical body creates a lot of sensations which you totally forget once you have removed yourself from the material world. The physical body had an itch or a tickle therefore it was necessary for me to scratch it. Those are irritations which we don't have in the astral sphere and beyond.

You still have mental problems, the problems of the heart, the problems of emotion, the problems of communicating, the problems of your desire to help, the problems to accept other people's naivety, their idiosyncrasies, their stupid bloody mindedness because they can't see the truth. It's very frustrating, you know, when you know what the truth is and you try and give the teachings out and I'm not only talking about the physical world, this is the same in the astral sphere. You give them out and they don't listen! You think how can you not see? It's obvious! The example is here before you! You go to the Upliftment. You see the being who comes forward who emanates love and light, that's what you want to get to, but you're happy in your little rut. You're happy because if you stay in your little rut you don't have to think, you don't have to advance. It's no different in the physical world to the astral world except it becomes more of a problem in the astral world because in the astral world all those people, all those beings who surround you, are of a similar nature and that would be wonderful in your perception would it not, to have everybody around you with a similar frame of mind to your own?

Actually not very good.

You've hit the nail on the head. It isn't very good because it's very difficult to advance and purify your being when you're not being challenged. You have to be challenged. How can you improve your being? How can you improve your thinking? How can you improve the love which is innately in your being if you do not understand that where you are isn't where you should be? It is only by seeing other beings who have purified themselves that you can realise how far back you are and how far you have got to go. In some cases it might not be as far as in others depending upon your own state of advancement.

*Maurice Barbanell
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