



www.insightsfromspirit.com

Don't ever Judge on Appearances

By Estelle Roberts 2014

Estelle, when she gave this talk, followed a lower vibration spirit who was larking around and having jokes with the group.

When I was on the Earth Plane we couldn't do that sort of thing because the Spiritualistic movement was in its infancy as far as universal acceptance is concerned and therefore to have somebody of that ilk would have created a few waves should we say, because everybody expected that the teachings from spirit would be sedate, not necessarily always serious, but you can't be serious if you've got a guide like Red Cloud because he used to pull people's leg something terrible sometimes, but he always did it in a loving kind way.

I could just see you stomping your feet in your native country and turning round and coming back. *(Referring to something which was joked about by our previous visitor)* I thought that was very funny. You created a lot of titters over here. It's one thing about families as they say, you can't choose your family, which really once you have a bit of spiritualistic knowledge, you realise this is a totally incorrect statement don't you? Because you actually chose the family that you were born into so to speak.

And that's something that a lot of people do not fully comprehend. That the lessons that are best for you to progress in the manner that you require to be progressed on this visitation, relates very much to the family and the position you enter the Earth Plane. Because obviously the situation that you are placed in if you are say placed into a Japanese home or a home in the darkest part of Africa would be so different. The lessons that you have to learn and have the capacity of learning vary so much.

I'm really glad that I don't have to look after the Divine Plan. Because when you think about it all those decisions really have to be made, don't they, and a lot of thought and consideration is given prior to your entry to the Earth Plane as to the cultural and socioeconomic – I do like that word – it's a very modern thing. We didn't use that when I was on the Earth Plane – socioeconomic. That basically means how rich or poor you are but that's not always true because you can be in the lower socioeconomic group of people but still be very highly evolved vibration wise. They don't go automatically together and a

lot of people on the Earth Plane have that consideration do they not? They look at the people who are in the lower socioeconomic group and they automatically look down on them as if they are inferior, where in fact their purity and the level of vibration that their soul has reached can be far greater than those who are in the state of royalty. I use those two as a comparison because obviously they are two sides of the spectrum.

So therefore don't ever judge on appearances because we don't, any one of us while we're on the Earth Plane, fully appreciate or understand the vibration which you have attained or re-attained when you leave. So don't ever prejudge. We all have a problem in that way, do we not? We prejudge because of race. We prejudge because of religious commitment. We prejudge because of their social state as opposed to your social state and really it's so wrong to do that. And when you come here the people who get the greatest shock are those who are exceptionally wealthy upon the Earth Plane because so many of them feel that that they are superior to others who have not been as fortunate as them in their eyes and therefore they consider that obviously they will be elevated to a far higher state of purity when they leave the Earth Plane. That's if they have any concept of the vibrations of the upper spheres – but they consider that their place in heaven should we say, is assured and you can imagine the shock when they find that the beggar who they down trod and threw scorn at, is in fact of a higher purity and vibration than they could ever hope to achieve in the short term. So don't ever judge people please.

I was a bit taken back myself when our friend Jock (*one of our very high vibration guides*) when he said “why do you feel that it is so difficult to aspire to reach the 7th plane when all you are doing is going back home. We were all there before and therefore it's no big deal”.

I thought to myself it's very easy for you to say. But when you really think about those words, they are very true are they not? It's a bit of a wake-up call shall we say that we all have the capacity within ourselves to achieve that level of purity because we had that level of purity prior to our misdemeanours shall we say, apart from when we left the straight and narrow. And although we've been told that by so many of the guides and teachers that we've had, it never really struck home to me in the same manner as it did when Jock came to visit us that evening and yet when he first came nobody would have considered that he was any different to young James McDougall (*our door keeper*). That is true is it not?

And that is something which we have a problem with, perception. You hear an accent and you immediately form a picture and place that person into a specific cubbyhole. We are all guilty of that aren't we? We listen to somebody and we immediately put them into a particular box which is our preconceived perception of what we consider about the individual and we can be so wrong. We can be so mistaken if we utilise that as a basis for judging people. You shouldn't ever really judge people should we? I mean we keep being told that don't we? That to judge is a sin almost. Well it is because if you are judging

somebody by the very essence of the fact that you are judging them, you are mentally putting yourself above their being because their behaviour, their talk, their mannerisms don't fit in with your perception of what is right and what is wrong. And a lot of the time the perception that you have can be totally incorrect because they are putting forward a display, verbal or physically, of what they would like you to think of them.

A lot of people in the lower vibration – and I do get into trouble when I say things like that you know – but a lot of people in the lower vibrations really are very much...how do you put it in this country...up themselves?

Yes.

Estelle Roberts
May 2014