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Our Guides while We are on The Earth Plane

By Estelle Roberts 2014

Estelle I do have something that I'd like to know about please.

Thank you I was concerned that maybe I was wasting my time because everybody was so enlightened that they required no more enlightenment!

Could you give a brief explanation on our personal guide. I am aware that we have one but I know very little else about our guides.

Your guide, and each and every one of us has their own guide whilst they are on the Earth Plane, the guides which are with each and every one of us – and I have a guide just the same as you do except in our sphere they are more attributed to mentors rather than guides. Do you understand the difference between mentor and a guide? A mentor is an individual who you turn to when you have a query because they have a greater understanding and knowledge of what is to be than you do yourself. A guide is a being, an individual, a person, call them whatever you feel more comfortable with, who has been elected to be with you through your journey on the Earth Plane.

Now they obviously have traversed the path before them to a far greater sense of purity than you have yourself but unlike a mentor they do not wait for you to query what is unknown to you. They have a proactive job to protect you and guide you along your journey through the Earth Plane. Now whether you take any notice of them is your free will choice but your guide will never ever be judgemental. You can be as – and I'm trying to put it politely – as bad as can be but your guide will have no negative thoughts about your actions. What they will do is study your actions and attempt to redirect your thinking so as you can move forward in a more loving way.

They are also there to protect you if you get into a situation which will cause you physical or mental harm which is outside your journey so to speak. They cannot protect you against all situations because there are times when a situation will occur which is part of the Divine Plan and it is then up to your free will choice on how you overcome the situation. Is that clearer for you?

It's clearer. Can you give explanation as to the limitation our guides can give us help? Are you able to connect with our guides and mentors to help us?

Each individual guide and mentor has no connection with me – and I'm talking about me as an individual now because it is easier to explain it that way – I have no connection with your guide or anyone else in the group's guide unless I or they specifically request a connection. If I or they specifically request a connection then what happens in your aura is resonated into mine and I am then made aware of the situation as and when it occurs. If it is a situation which I can assist, I then will elect to bring my aura within the framework of yours and instil into your subconscious the correct thought pattern to overcome a situation. Is that explanation enough or do you require more?

Thank you Estelle.

It is a case when people get connected to a group such as ours they get a little bit dismayed because they feel that they are totally laid bare. This is not the situation unless we elect to have that connection. Obviously while we are amongst you, your aura and my aura are entwined to a certain degree and therefore it is easy for me to switch on, so to speak, to the problems, positive or negative, which are occurring within your journey. But if I leave this group and go onto my journey that I have to proceed with, then that connection is severed for the time being until we reconnect. So therefore no, I am not connected to you 24/7 as you say.

Is it simply just to ask for guidance Estelle? Simply put your problem to your guide?

Yes but when you ask for guidance do not put restrictions on how you want that guidance to come forth. So many people ask for guidance but they asked for guidance with the cursor of how that guidance should be transformed or transmitted into their life and if you do this you are really not asking for guidance at all are you? You have already set the preconditions and therefore no guidance can be given. If you ask for guidance you have to leave yourself open for your friends, your guides, to instil within your subconscious as much as can be given, or to change the situation.

I will give you an example. A situation which has occurred on many times is your motor vehicle breaks down. Now if you ask for guidance and you ask your guide to fix the problem he or she obviously does not have the ability or capacity to do anything because you are asking them to manipulate something which is material which is outside their zone of influence, but if you ask for help what they can do is go out into the cosmos, find somebody who can assist you and bring them to your side. Do you understand? And in that way they have helped rather than actually solving the problem themselves. They have brought to you somebody who has the ability to solve the problem and I use that obviously purely as an example.

The same situation can be put to many things and more often than not the help is requested because of an aggravation should we say of another individual on the Earth Plane and sometimes it is not possible to remove them from the situation because their free will is such that we cannot interfere with it. As you know we cannot interfere with free will, so what we do in that situation is we try and give you strength of character

to overcome the problem yourself. We cannot physically remove the problem but we give you the strength within your being to overcome it yourself. A lot of people get mistaken on that and they say I asked for help and the problem person is still here. Obviously we cannot do anything to remove the individual physically because as we cannot interfere with your free will, we cannot interfere with the free will of others either. Is that clear?

Yes thank you.

It is something that has been concerning you has it not?

Yes.

Because you have been getting situations where you have people who are negative around you and you have asked for help but they are still there. Correct?

Yes.

Thank you. You see there is an example where I would not have been aware of that situation within your being until you asked the question and as soon as you asked the question I did one of two things. I communicated with your guide, or to be more correct she communicated with me, and two I allowed our auras to entwine and therefore I became aware of what you were actually asking and was concerning you.

And that is something that so many people find very disarming but it shouldn't be so, when they feel that their thoughts have been stripped bare. But as I have said earlier, like your guides, we do not have any desire to be negative or judgemental on anything which is occurring in your life. Any guidance that we give is given from the love in our hearts for you all. And I hope that that statement is taken to heart because there are times when, like chastising a child, we have to be cruel to be kind and if the end result is achieved then we have operated in the correct manner, but do not think we are totally devoid of making mistakes. We are after all still human. We are still individuals. We are still people. We still have the ability to be at error at times. It is just that as we progress we do hope that that error rate is minimised.

*Estelle Roberts
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