

The Unimportance of our Physical Appearance, Repentance and Not Judging Ourselves

By Estelle Roberts 2014

Our appearance is something which we consider, while we are on the Earth Plane, as so important do we not? Our appearance and yet it is so unimportant in the true essence of your being. So much effort is placed, whilst you are on the Earth Plane, in the early teens through to your 40s and the visual aspect that you portray is more important, or it appears that way, more important than the soul of the being within. If we spent as much time on developing the purity within as we spend on preening ourselves we would be far more capable and able to overcome the negativity which surrounds the Earth Plane. There are so many issues which are created because of your physical, or lack thereof, beauty they call it, physical beauty. People judge another on their aesthetic appeal. They put that as an initial criteria as to whether they wish to converse and react with the other individual.

When you leave the Earth Plane you realise how unimportant this aspect of your being truly is. How unimportant is the physical appearance of this shell you call a physical body, but as you progress into the higher levels of the Summerland the importance of the physical appearance becomes less and less important because as you progress higher you judge an individual, or you perceive, which would be a better way of putting it, you perceive an individual for the beauty which they portray from their aura.

Now you might question why do I say in the upper levels of the Summerland. Surely this perception would be at all levels of the Summerland. No my friends. When you are in the lower vibrations of the Summerland the appearance which you portray is identical in importance and solidity as the physical being that you are on the Earth Plane.

So therefore when you're in the lower levels and you see other individuals of similar vibration you do not see their aura. You do not convey any of your communications in the manner which occurs higher up the level of the Summerland. You convey in exactly the same way as you do on the Earth Plane. That is, you convey by means of verbal communication. It is a misunderstanding that all communication once you have passed over is by thought transfer.

Each and every one who are in this room at the moment would go to a level in which the manner of communication would be thought, but I do not wish you to be of a misunderstanding that this is the scenario for everyone.

The lower levels of the Summerland are so similar to the Earth Plane as it would make little difference the one to the other. You might ask why then would it be necessary to return to the Earth Plane if we have such a state of affairs in the Summerland. A reasonable question but I want you to think about that for a moment because if you have improved your being, improved your vibration, to the point where communication is done by mental means when you return to the lower levels of the Summerland you have full retention of your being and from whence you came. When you were on the Earth Plane all such memory is blocked and therefore you have a greater ability to overcome the negativity of others because when you return to the lower levels of the Summerland you are fully aware of your being and the negativity which surrounds you and it does not necessarily enter your psyche. It does not enter your being.

That is the reason why you are limited to the period of time that you stay there because if you stay there for a prolonged period there is always danger that your being could be contaminated and therefore it is necessary for you to return to the vibration that is truly yours and all thoughts and negativity up to the level that you are, are then removed.

I hope that my simplified explanation of that scenario is clear. You can't always understand completely what I was saying because it is a situation which people on the Earth Plane do not fully comprehend. They consider that once you have left the Earth Plane you immediately go to heaven. You immediately go to this wonderful place. I call it heaven because that's what the churches of this area call it. But that when you analyse it is totally illogical and unfair is it not? Why should people who have not earned the right be automatically taken in at the same level as those who have purified their being? That is what the churches dictate is it not? Repent and you shall join the Heavenly Host as an equal because all is forgiven. And I'm sorry to disillusion you but that state of affairs does not occur. It is true that if you truly repent, and I mean truly repent, not merely mouthing the words, because that is what so much of the repentance on the Earth Plane is, is it not?

How do you truly repent Estelle?

You truly repent by removing all the negativity which surrounds the object of your repentance from your being. So therefore if you are repenting because you lost your temper or got angry and you have been or you consider that you have been truly forgiven, then that anger or negative reaction will be removed from your being. So therefore if you are placed in the same scenario again your reaction would be that of a reaction of love and understanding. That is true repentance. It means that you will never ever return to

that mental state and that's why I say that the repentance that is given on the Earth Plane is merely a conglomeration of words. It is not true repentance because after you've gone and confessed your sins and been given absolution, you then go out and you commit the same problem as you have just been given absolution for and therefore your repentance is non-existent. It does not occur or has not occurred. Do you understand?

So if it surfaces again, the anger that you had before.

Then you are meant to dispel it. So therefore you are on the road to recovery but you have not truly overcome and therefore you have not truly forgiven or repented. Do you understand the difference?

Yes thank you.

So many people get this situation wrong. They feel that just because they have mouthed the words, just because they consider that they have been wrong, that they have then been forgiven for the situation which has occurred and of course there is no need for forgiveness because there is no forgiveness from anybody else apart from yourself. You are the only individual who can truly forgive you. You can ask for understanding from your fellow man for your misdeeds but you cannot truly ask forgiveness because they are not in a situation to give forgiveness out.

Are we to forgive ourselves?

Exactly. You can ask verbally for their forgiveness but in the true essence of what you are asking for is their acceptance of your misdemeanour not forgiveness. But if they have responded in a state of anger they have not actually forgiven themselves. Therefore do not respond in a state of anger on another occasion, if this occurs then they would of had true forgiveness within themselves. But it is not you who have forgiven them. It is they who have forgiven themselves.

Thank you.

It is a very difficult thing to fully comprehend is it not? It is one of the most difficult things that we have to do whilst we are on the Earth Plane.

That's the same as judging yourself and criticising yourself.

Do not judge or criticise yourself. You understand the inadequacy within your being and you ask for help to overcome it. Do not ever judge because you are the worst judge and the harshest judge that could ever walk the Earth Plane. Because we consider, or we can see, all the negativity within our being or what we perceive as the negativity within our being and we amplify them out of proportion to reality and therefore that is why I say you cannot truly judge yourself.

You can look at a situation and accept the fact that it is not the right way to do, but to judge means that there is retribution. That's why I do not like the word because if you judge somebody you immediately look for a countermanding retribution. After all that's what they do in the courts is it not? They judge you guilty and place a penalty against that guilt. So I would rather you considered that you are aware of your misdemeanour and look for help to overcome it. So do not judge yourself because judging is a comparative procedure is it not?

Yes.

So move forward in as much love, understanding and forgiveness that you are capable of and we are all capable of a different degree of love and understanding. Not one of us is equal in spiritual development to the other. Not one of us have equal problems which we have to overcome. We all have our own individual pathway, our own individual pathway to return to the Heavenly Host. That after all is our initial ultimate goal and please note that I said our initial ultimate goal because once we have reached that point then our work truly starts. And that's quite alarming statement is it not? We look at the 7th plane which you would affectionately call heaven and you would think that once we had returned there or arrived there, that we would have overcome all negativity and all our work was finished but in reality what are we doing? We are returning back to the state we were prior to our misfortune of diminishing our being to the point that we did. So all we are really doing is going back to our starting point and we were there before and obviously while we were there our work continued because before we diminished our being we were out doing our work. But that is a subject for a totally new discussion.

Don't ever compare yourself to another because your advancement is unique to you. You are special and you are responsible for one person and one person only. I am not saying by that that you should not help all those who are around you, but they are an ancillary to your true progress. Your true progress is the purity of your being. You are not responsible for purifying other individuals. If you can assist in that purification then that is a wonderful job for you to do, but do not ever condemn yourself for your shortcomings because your responsibility is your being and no more.

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