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## **The Importance of “Intent” when Speaking**

*By Estelle Roberts 2013*

I hope that your lessons in life are easy. They will never ever be removed from you totally. After all for the length of time that you are upon the Earth Plane you will always have three problems which will never be removed. Well it is true isn't it? We all have offsprings and they seem to be the bane of our lives until we leave the Earth Plane. You are fully aware of that are you not.

*Oh yes I am.*

There are times when we feel that our job should be over and I have news for you, your job isn't over even when you come over here. You still worry about them. You still try and guide them and direct them, but if they didn't listen to you on the Earth Plane why on earth do you think that they would listen to you now. People have that misconception you know. They think that just because you have left the Earth Plane you've suddenly become the font of all knowledge and understanding and that you will be able to solve all their problems.

Well I am here to disillusion you. When you come here you are exactly the same person as you were when you were on the Earth Plane. It is merely your understanding of your being expands and what I mean by that is you have an understanding of why the Earth Plane exists and how much further we've still got to travel before we reach our ultimate goal. And it seems so easy when the teachers who have already elevated themselves say to us. All you have to do is take negativity out of your being.

Sounds so simple, doesn't it, but I can tell you it's jolly hard isn't it? Because you have to deal with other people of the Earth Plane who have not advanced should we say, to the level of purity that we have ourselves and therefore their negativity is responsible for negativity in our being and that's when we have to mentally and physically remove any thought and reaction out of our being. And by that I am not advocating that you should not respond to an individual in a negative way if it is required. What I am saying is if you have to resort to a retort in a negative way, you do it with love in your heart because we've all been told, and it's very true, it is the intent behind the action which is important and how we are judged. It is the intent behind the action because if somebody is resorting to verbal abuse sometimes the only way you can quieten them is to shout little bit louder than they are isn't it? Well it is true isn't it? We all have to do that occasionally and sometimes you have to resort to physical violence as you had to do with your daughter on one occasion. To shake them up so to speak, but it's not done

with vicious intent. It's done with love as the primary motive behind it and therefore there is nothing wrong with the action.

I hope everybody understands the difference, understands that it is the intent behind the words or the actions which is important. If you do not understand, please do not stay quiet. I hope by your lack of response that everybody does fully understand.

*I would ask if you could expand...*

I knew you would! That's why I was giving you an opening and I thought "she is not taking it up". Sorry I interjected. You were going to ask?

*So our intent is the thoughts.*

The intent is the reasoning behind the response. If you respond with anger in your heart then the intent is negative. If you respond in the same manner but with love in your heart, then it is a positive. I will give you a very simple example.

Your child reaches up to pull down the handle of a saucepan which will then eventuate with the contents going over their person and therefore you shout at the child and if necessary smack the hand to make sure it does not reach the hot handle. Now you have raised your voice, you have responded in an aggressive manner and you have resorted to physical violence but the intent behind the actions is because you love that individual and you do not wish harm which would have occurred, to eventuate. Do you understand?

Yes.

I use that because it is a simple way of understanding. Obviously when you're dealing with people in the workplace and people in the general public you do not have that same emotional attachment but the reasoning behind the intent for your response is still there. Is that clearer?

*Yes much clearer thank you.*

It's very difficult sometimes though because none of us are saints and therefore we have a negativity within our being and we do, as we so quaintly put it, see red and then we respond in a negative way. What we are trying to do is make that red orange until it turns green, therefore reducing the negativity within our response. Not that the words are necessarily different but the emotion behind the words are different. Is that a better way of putting it?

*Yes very reactionary at times.*

Exactly and you need to respond from a loving base. I'm not saying that the words would be any different but the intent behind the words is different. How many times have I seen it on your roads when somebody cuts off in front of you and you respond in a hostile negative way. From your point of view you are not giving out any love at all are you? After all at that precise point in time you wish harm to come to that individual. And it is once again the intent behind the action because it wouldn't do any good if the individual who has just cut you off heard you respond in the way you did. All it would do

is put their back up and you end up having an argument between one and the other which then accelerates the problem does it not and that's the problem more often than not when we retaliate. Because you retaliate the other individual feels the necessity to retaliate more vocally than you did in the first place and therefore you end up with a hostile situation turning into a grievously hostile altercation whereas if you didn't respond, or thought about how you responded in the first place, you could alleviate the hostility which comes as a result of your negative response. Do you understand?

*So if you feel that negativity coming up just to dissipate it.*

Yes count to 10. I don't mean that literally but metaphorically and why do they say you count to 10, it is because that allows the initial anger to reduce and therefore you are not responding from a hostile base. Because that's all that happens, you are reacting from a hostile base, and I will agree that there are times when people need a good retort should we say.

I'm not always there when the teachings are given and therefore I find it advantageous to be around when young Roy reads them and then I get the lessons as well because I'm a busy girl you know! And that is something the peoples of the Earth Plane also have a great difficulty understanding. They say well if you don't have to work for a living, how can you say you're busy? But if you are helping people, if you are teaching people, if you are trying to elevate their being, you can be jolly busy as you would say 24/7, which is a bit silly on the astral sphere because we don't have day or night and therefore you can't have 24 hours in the day and seven days a week because we don't have weeks! You see you have to have a different way of thinking.

And equally we who have elected to come back to the Earth Plane to teach have to be connected with the local lingo so to speak because there's no point in me talking in a manner which would be not understood and accepted readily by the people I'm talking to would it? And obviously if you're in different countries you have to have a subtly different slant on things because the mental attitude is different in different countries. So therefore if you are a teacher in different countries you have to go to the Halls of Learning to make sure that your verbiage is correct for the area that you are teaching in and that's something nobody has ever thought of is it? The fact that we have to adapt what we say according to the locality of our teaching.

If you think about it the Nazarene taught in a manner which was acceptable and understood by the Jewish nation and the peoples of that era. Confucius taught in a manner which was acceptable to the Chinese nation. Same with Prince Siddhartha, he taught in a manner which was acceptable and understood to the people that he surrounded himself with. So although the basic teachings are the same, the slant which is given is just subtly different. The core of the teachings is identical it is merely the parcel which it is wrapped up in which is different.

*Estelle Roberts  
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