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Accepting Life's Challenges

By Estelle Roberts 2013

We are generally very pleased with you because you have a wonderful attitude to accept life and life's problems without too much complaint. You've always had that ability have you not, even though you object to certain members of the family. You have certain strong opinions about life and you have a great reluctance to forgive and accept the negativity of others. But those are lessons which you have still got to overcome, but as far as your being is concerned, as far as your physical problems, your financial problems and the manner that you conduct your life, you are generally accepting in what has been placed at your footsteps are you not?

Well it's good to think that you think so.

Well you are. I'm not saying that there aren't places that you could improve on.

I understand that.

I am merely giving you a pat on the back for things which are positive.

Thank you very much Estelle.

There are a lot of things in your nature that I would love to change. I'm sure that your sister has a lot of issues on your character that she would love to change and if you change them then she would want to change them again, because she wouldn't accept them, because that's her nature.

Yes that's true.

Strange thing nature isn't it. We say it's our nature and yet when we look at the Earth Plane we say isn't nature wonderful and obviously then we are talking about the trees and the grass and the plants and flowers and yet then we say it's human nature. Strange language the English language isn't it? We use so many words which really mean totally different things but they are the same words are they not?

So the essence of what I came to speak to you about today is accept life's challenges. Accept them with a smile but do not accept them as being a necessity. In other words you have the capacity to change them.

It is a fact that you (*talking to our mediums wife*) were preordained to have Multiple Sclerosis. That was preordained but whether you succumb or whether you put the effort in to overcome the problems is your free will choice.

Yes I understand that.

Because you can lay back and just accept it and if you do that you will be within a wheelchair within six months.

That's not going to happen.

But you can have the determination to change things and if you do that then you will get the help from the Great Spirit to assist you.

That's good to know.

And that is what is very difficult for people on the Earth Plane to understand. They expect everything laid out on the plate, do they not? They expect that everything will be done for them without any effort. Well I'm here to tell you that the help that you get is in direct relationship to the effort that you put in. So therefore if you do not put any effort in, do not expect any help, but if you do put the effort in, help will come in abundance, far greater than you could ever anticipate.

Don't think that just because we have come over here that we don't have our own bickering because we banter just the same. We still have our sense of humour and we still like to get a little dig in sometimes.

I think that's something that most people connected with Spiritualism just don't understand. They think everything has to be serious all the time.

Yes they think we have got to be up on cloud nine and playing our harp.

With wings on our backs.

With wings. Yes. I want big pink ones. Everybody has white ones don't they? I think nice pink ones would be really nice and I want them to go up and all the way down to the floor. But have you ever thought about it? If you had wings that went right down – which is the way a lot of times it's represented isn't it – can you imagine sitting down? It's not something people think about is it? What happens to them?

Obviously you have to stand all the time.

Well how jolly uncomfortable! But it's something that they don't think about because they are solid. They are not like birds wings which they can retract, because they're very clever aren't they? They have their muscles and they can bring them back into their body, but you can't do that with the jolly angels' wings. I mean they're just stuck there on your back! Why on earth you'd want to put them on your back I don't know. Because if they were utilised for flying you'd think they would be on the side wouldn't you? Not connected to your backbone.

No you'd want them under your arms or something wouldn't you?

Yes they are totally in the wrong place aren't they? It shows you how silly people are doesn't it? And then they say you can fly away. I don't want to fly. You do a lot of that don't you?

Well we have done a lot of flying, yes.

Jolly silly way of travelling. You want to come over here and you just visualise where you want to be and then you're there. It's a much easier way of travelling I tell you. Yes because it is something that the peoples of the Earth Plane really do have difficulty in comprehending you know. The travel and the fact that we can be – I was going to say we can be in two places at once. That isn't really a true statement but you know what I mean because we can be here one second and the other side of the Earth Plane another and then back here. So you can almost be in two places at once. All you've got to do is have a respite in between where somebody else occupies the physical. Now I'm getting into avenues that I don't really want to go down, so I don't know why I started it.

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