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Living in a Spiritual Way on the Earth Plane

By Estelle Roberts 2013

If you're going to pick on somebody you've got to do it face-to-face and you can't see my face. It's probably just as well. Probably frighten the blimmin' life out of you! Can you imagine me coming and standing at the end of your bed? The mind boggles on that thought. I was just thinking about it. Well sometimes you just say things and it just comes out and you have to rethink what you've actually said. You realise that what you said wasn't what you really intended. Well you can be a bit bold when you're not actually in the physical can't you?

I suppose you can.

Well because it is so far away removed from our thinking now. Because you see I have been away from the Earth Plane a number of years. You tend to lose time and yet when you go out and speak at the various halls they want you to be so blimmin' accurate. As if it all happened yesterday. Well it didn't happen yesterday! It happened blimmin' 50, 60 years ago and do you remember things that happened 60 years ago?

No.

Of course you didn't. You were only six years old weren't you? Do you remember things that happened when you were six?

No.

Well exactly so why do some people think we should! But they do you know. They expect you to have 100% instant recall.

Yes they do unfortunately.

And it's not really important to us anymore. I mean the whole blimmin' Earth Plane is not important to us anymore and that's something that the people of the Earth Plane have great difficulty in comprehending. Once you're in the astral sphere and you move away from the Earth Plane the importance and the significance of the Earth Plane diminishes, and yet when you are on the Earth Plane it seems so important doesn't it? It seems like

the be all and end all and everything happens as a result of things that happen on the Earth Plane. Well it doesn't! Because when you leave and you advance into the astral sphere, and you advance within the astral sphere, you see the Earth Plane for what it is, a little blue planet which is utilised as a schoolroom. It's a blimmin' big school but – I noticed that when we were reading the transcripts recently that I've been using that word an awful lot.

Well it's not truly blaspheming so Maurice can't shout at me. He gets so prissy at times. He said "really your language is something that leaves a lot to be desired" and I thought ohh who do you think you are? He gets all on his high horse sometimes. People do that don't they? When they think that you're doing something that they don't think should be done. Providing you don't upset anybody, what the bloommin' hell's the problem? Well it is isn't it? It's not really a problem at all and providing you're not upsetting people and providing people don't take it in the wrong vein, then it doesn't hurt and it does help to add a little bit of levity and I've been told it also assists in humanising me.

I think that we are aware you're very human Estelle.

Oh do you? Oh you mean I'm not that spooky thing?

Not anymore, no.

You didn't have a problem seeing me as a person, not like you did when Maurice first came?

That's true.

I mean he was almost an untouchable. I don't know what that says about me. Maybe it's just because your understanding had improved.

I think that's what it is, yes.

I think so too. I'm going to accept that. Well we can't have Maurice having one up on me can we?

Definitely not.

Not that that sort of thing is ever a problem over here. People get so prissy on the Earth Plane don't they? They feel that if somebody slights their personage it's very important. Well it isn't really is it? It's only important if they take offence and that's true with anything we do on the Earth Plane. We've got to try and not offend people. Sometimes it's very difficult though because sometimes they just need a good bonk on the head, but it's true is it not. Sometimes when you analyse your spiritual teaching and you try to live it within the confines of the Earth Plane sometimes it's a bit difficult isn't it, because not everybody follows the same rules.

So what do you do when you are confronted with the situation in which the rules of living your life in a spiritual way and responding in a spiritual way, isn't practical? We've all had that problem haven't we? Where we think, well if I follow the teachings this is the way I should respond and this is the way I should act but it doesn't get anywhere near the right result and therefore what do we have to do? What we do is we respond in the manner which the person will understand and perceive, but we do not allow it to engender in a negative way into our personage. Do you understand the difference? In other words you can tell somebody that they are a blimmin' idiot, you can tell somebody that they are an absolute fool, or they're not doing the right thing and raise your voice, but if the anger and the negativity isn't behind it, it's like chastising your child. You chastise your child because you want to correct them and there's no point in saying Johnny don't do that. You have to raise your voice sometimes don't you? To get the point over. So therefore don't feel wrong if that occurs but look at yourself and do not allow it to create negativity within you. Do you understand what I'm saying?

Yes.

That's what a lot of people on the Earth Plane don't realise because they have to live on the Earth Plane. It would be lovely if it was as it is in the astral sphere when you're only dealing with people of the same vibration, then that situation never occurs, but sometimes when you go down – ohh I don't like that word – when you're teaching people of a lower vibration. That sounds just as bad doesn't it, but when you are teaching people of a lower vibration you have to resort and revert to language and reactions which they understand, because sometimes you need to do that to get through their thick skulls. But if it's done with love in your heart and with no negativity then you haven't done anything wrong.

That's something that's a problem to some people sometimes you know. She can't always differentiate between the one and the other and it's all down to the meaning behind the words, the meaning behind the deed. And we've been telling you so many times that it's the meaning behind the deed which is important, not the deed itself. This is where the problem occurs. In fact the more teaching you get the more responsibility you have because what was acceptable when you didn't know something was wrong, is totally unacceptable when you do know something is wrong and that is something we find very difficult to transmit to the peoples of the Earth Plane. They consider that a deed in itself is wrong where in fact the deed in itself is only wrong if the intent behind it is wrong. Do you understand what I'm saying?

Yes.

It's just as well you're there responding because everybody over the other side of the room is quiet. But we can communicate because we're girls can't we and you do feel comfortable with me. I know that because I can see it in your aura.

That's good.

You didn't initially. You had a little bit of reservation shall we say but now you've started reading my book I've become more of an individual haven't I?

Yes it's very interesting. I must get back to reading a bit more of it.

I don't mind if you do it in little pieces. I mean after all it did take me 50 blimmin' years to do it. Well it didn't actually take me 50 years to write it but – and a lot of the times I didn't do the writing you know. Did you know that? I had somebody actually put the words down for me. I gave them what I wanted to say – ghostwriter I think that's what you call it isn't it? That's a strange thing for a spiritual book. I had a ghostwriter. It seems very apt doesn't it? I never thought of that before. We have spiritual books written by ghostwriters. It seems very correct in some ways doesn't it? But some of us who haven't had the knowledge of being literal, in other words having the ability to write things down in a logical way need ghostwriters. We might have all the teachings and all the lessons but unless you can put it down in a way which people can understand and will find interesting, it would just be a lot of jumbled words wouldn't it? So therefore it's necessary at times...Of course Maurice didn't have that problem. I mean he did all his own writing, editing and everything, blimmin' big head that he is.

Well that was his job.

Exactly and it wasn't my job. I mean my job was a mum and as a mum you don't have those literary abilities do you?

No. You have different skills.

Exactly! I could have done it in trance but even in trance then I'd need somebody to write it down wouldn't I? Then they wouldn't be my words would they? It does get confusing doesn't it? I think I had better leave that subject alone because I'm getting myself in hot water.

Estelle Roberts

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