

Estelle and her Group on the Earth Plane

By Estelle Roberts 2012

Were you psychic in your last visit to the Earth Plane?

I was a medium. Oh my word yes. I was a trance medium. I was a direct voice medium. I had ectoplasm, a physical medium. The form of the spiritual being was formulated from the ectoplasm which was exuded from my personage. That sounds rude doesn't it? But it's true. The ectoplasm is removed from the medium. It's drawn from a lot around, from other people and even from the furniture, the carpets, it's all brought in, but it is the medium herself or his self who actually pushes the ectoplasm out. Young Maurice developed in my group. You know Maurice. You must give our new sitter a copy of my book. After all it's free isn't it? You can download it on the internet.

Did you used to have a lot of groups?

No I had one group, but I performed should we say, in a lot of places. I did perform in the Royal Albert Hall. I did perform in a lot of churches. Perform that sounds wrong doesn't it?

I thought the Church doesn't allow mediums.

No spiritualist churches dear boy. We had spiritualist churches you know.

The Spiritualist movement, when I was around there was an excitement, there was an enthusiasm, which is amiss at the moment.

There was a quality also.

There was a certain quality but it's because it was necessary at the time.

There's very few groups who can have materialisation as we had in our group because we had what you would call full body 3D materialisation and at one time Red Cloud came through and allowed Maurice to come up and actually physically shake his hand. Actually shake the hand of the materialised form. We also had a doctor there once you know and he took the pulse of Red Cloud and he said he couldn't believe it because there was actually a pulse and in reality there wasn't a

pulse, it was just something that we transmitted into it because obviously we don't have a pulse because we don't have a heart. You see we're heartless!

It goes to show nothing is as it seems.

But the main thing we did in our group because we only sat with 8 to 10 people normally because that in a home circle is plenty enough. You don't want to go any bigger than that. It's different when you're going out teaching and taking the lessons forward or if you have a teaching group where we would have guest guides come through and deliver a lecture shall we say to an audience. That's different, but when we have a group like we do here, 8 to 10 people is as big as you need to be. You understand because if you get more people than that it's very difficult to get a harmonious group. The more people you get in the more negativity you can introduce and as soon as you get that negativity the vibration can't be brought in tune with the people that we like to bring. Do you understand?

Do you all envisage this group growing a little bit?

Of course I do my dear girl! I mean what's the point of getting Roy into the situation that he insisted on doing. He does get boring sometimes you know Judith. I mean and what's even worse is when he's right. I mean the excitement that we have should overcome all these physical needs of the Earth Plane. I ask you why did he need financial security, the dear boy is going to leave it all behind anyway.

But we can enjoy it whilst we are here.

I know that these things are necessary. You have to have your medium and his family in a state where it is level. They have to be able to disassociate themselves with the mundane things of life and that's the one thing that your spirit friends can forget in their enthusiasm to get the message out. I was a reluctant medium you know. Everybody who's read my book would have known and I'll tell this purely for our new sitter's benefit.

Red Cloud, my guide, told me that I had to go out and do the teachings and I didn't believe that he was really there so I said before I do that I need proof. We do get pigheaded sometimes don't we? So what did he do? I was in bed. He picked me up, levitated me if you like, and placed me gently on the floor. I thought that was a bit rude and I thought what am I doing down here and he did that three times. I still didn't accept it though. I still needed a bit more of a kick and then I was walking out of my bedroom and he picked up a table and he gently hit me on the back and I thought OK, OK I got the message and then I went forward.

My life wasn't – no medium's life is as you would call a bunch of roses and why do they do that? It's because mediums should have the ability to understand and accept and therefore we are tested more than others are. It's nothing new dear boy, it's always been the case.

What's the secret for a good medium?

Somebody who – you have to have the ability to be filled with love, devoid of – I won't say any negativities, but be devoid of most negativity and have the ability to clear your mind and your thinking of the Earth Plane problems. And you need all those so as – after all, all you are doing is clearing yourself so we can come through and do our bit because we want to come and talk to you, you know. We do actually want to come and talk to you. At first I didn't but as a general statement we do. Once I put my toe in the water so to speak I found out it wasn't as bad as I thought it was going to be and now I thoroughly enjoy it. Yes it just goes to show you, you know, we do have masochistic tendencies in our being even when you're here.

But the one thing that we developed in our group which I think is really good is direct voice through the trumpet, because as a medium you can hear exactly what's being said and the voices that come through come through with clarity and they are actually the voices of the people who are speaking because you are not utilising the voice of the medium. You're not using the voice box. I have to use this voice box and obviously it then has connotations of the being which I am occupying. If I occupied you so to speak, I would have the same essence but a different tone because the voice box and the vibrations within the voice box are different. Do you understand? But we don't have that when you have the trumpet.

Is it more difficult for you to do this?

Oh much more difficult. We normally, in direct voice circles, we contain the person in a black box because we can then concentrate the power into that.

In my group before we had direct voice we used to have the table levitating. It used to raise up to 3 foot. I don't talk metrics – about 3 foot off the ground.

We are getting waylaid.

When you were a medium did you use to hear voices, or did you get it through thoughts or how did you receive the messages?

It varied. Initially I heard thoughts in my mind which weren't mine. I then, and this is how any medium or any clairaudient develops, you hear words in your mind which you know aren't yours. I then developed to hear the voice clearly and then it was the same as me speaking to you. I could actually physically hear the words. Then I developed clairvoyance and I was very fortunate because I had clairvoyance in colour. Most clairvoyants see it in black and white. Did you know that? Most clairvoyants see it in black and white and we tell them what colours they are, so they don't actually physically see the colours.

Is there a reason for that?

It's just a matter of progression. And then I could see in full colour exactly the same way as I can see you, or you can see another physical body and therefore I could communicate. I closed my eyes and I communicated with my friends. I didn't classify them as spirits because they were just friends because I realised that they were

exactly the same as me or I was exactly the same as them and therefore I didn't give that differentiation and that's the big problem that we have in our Spiritualist movement, is that we have this differentiation and we are trying to break that down. We are trying to break down the fact that there is a differentiation between spirit and physical. After all you are a spirit with a physical body. You are not a physical body with a spirit, a subtle difference but it makes a lot of difference to your interpretation or understanding because most people on the Earth Plane consider that they are a person or a physical being with a spirit and it's not, because this physical being is merely a machine and how can a machine be the essence of reality because after all you've all had lots of machines, so how can it be your essence? The essence is what drives the machine. And therefore I didn't consider that I was speaking to spirit. I considered that I was speaking to friends who weren't contained within a physical body and there's a subtle but very big difference in thinking that way.

Huge actually.

It is because as soon as your thinking changes in that direction then the understanding and acceptance of our teaching becomes so much easier and clearer to understand does it not.

In your life being happy and content is what we are all looking for so how do we be happy and content?

Well if in your life you're happy, everything around you is working.

No. You are happy and content if you can accept life as it is, not as you would like it to be.

There's an abundance there.

No. Life as it is, not as you would like it to be. There's a subtle difference. So often people want things as they would like them to be, not accepting things as they are and the essence of being content is to accept your lot as it is, not as you would like it to be.

At the same time one can always strive and aspire.

Oh you must always strive to change but don't make that your goal, your God, because we must all strive to improve. After all what are we trying to do? We are trying to get you to improve the love and the essence of your being. We are giving you a goal to look forward to, something to strive towards, not something which is physical but something which is spiritual and within your being and that is a good striving, but striving for material being, if you utilise that as your God, as the reason for your life, then it is wrong. It's not wrong to try and improve your lot, but what is wrong is when that dominates all your thinking and it takes you away from what you should be doing and what happens in that case? You generally find somebody up there pricks the bubble and it brings you back to earth doesn't it with a big thump.

That's happening now to me, at the present time.

Well accept things as they are my friend. There is nothing you can do and therefore you may as well accept it.

Well it's in the hands of the good Lord.

And if you truly put it over in the hands of the good Lord, as you so quaintly put it, then don't take it back. Once you've given it over, don't take it back.

Estelle Roberts

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