

www.insightsfromspirit.com

# Advancing on the Earth Plane and the Astral Planes

By Estelle Roberts 2012

We don't always see it that way but a lot of the time, just to keep the peace, we let other people think they're getting their own way just so as we can keep the peace. Yes it's far easier than arguing isn't it? And we do that. We just keep the peace. We try and solve everybody's problems. That's our job as mum you know. Our job as mum and that's part of the reason why we are returned to the Earth Plane to have that experience because men don't get the same experience you know, so that's why you have to return to the Earth Plane as different sexes because the learning curve that you have is totally different as a man to that of being a lady. People find that very difficult to contemplate. They think that just because they were a man this time or just because they were a lady that they have always been that way because they find it difficult to conceptualise the fact that the being within is sexless and therefore the gender is merely a commodity of the Earth Plane, and in the lower areas of the Summerland. I am sure that you all are aware that in the lower areas of the Summerland it's no different to the Earth Plane. It's guite an eye opener when you go down there. I thought when we came here that the Earth Plane was the lowest of the low but it's not you know. There's places in the Summerland which are even lower. Did you know that?

No.

That's something different for you to think about isn't it? Everybody looks at the Earth Plane and thinks well it's got to be the lowest of the low and therefore if it is the lowest of the low everywhere we go has got to be up. Well it's not and that's the other problem with the Earth Plane or benefit of the Earth Plane, whichever way you like to look at it, is that you have a great big melting pot. You don't have people of similar mental ability and similar love within their being. You have a whole mishmash and therefore this is the big positive of the Earth Plane, because you have all these conflicting levels you have a greater opportunity to advance and learn, because it's very difficult to advance and learn when everybody around you is lovely. Just think about it, if everybody around you thinks the same way as you do and doesn't create a conflict because when you are in harmony with somebody there is no conflict is there? And just think how do you overcome the

jealousies, the negative traits within your being, if everybody around you is being nice? You can't can you? And therefore you have to be put into an environment where this learning can take place. So how do we do it over here? Go on I throw that open as a question. How do you think we do it over here?

## Given that you are spirit I assume that there are no bodies. So how can you suffer human problems?

I didn't say there were no bodies. I said there were no physical bodies. The physical body is merely a material machine but the person, the being within, is still a being whether you are contained within the physical body or whether you're contained within the astral body. It's still a person or a being, it doesn't look any different. I mean your clothes look different because we generally wear robes. You don't do that in the lower areas but in the majority of the Summerland you wear a robe. Sorry I interrupted.

That's OK. I might put it in that manner, that the thinking processes on the Earth Plane and the Summerland are about the same. That we have a mind and I would claim that they are more similar than what they are different.

He has a very convoluted way of speaking doesn't he and he didn't answer my question at all. I don't totally disagree with what he said but it had nothing to do with what I asked. I asked how do you think we create the negative problems in the astral sphere when all the people who are around you are of similar nature and similar love and therefore are not negative to your being. Well I'll answer for you then.

## I think you better Estelle.

Yes. You go to the lower areas. You go to the areas which are not as enlightened as you are yourself and I don't like using the term the lower areas but it's the best way of describing it. You go to the areas where you can teach, where this negativity exists and therefore you have the opportunity to prove that even though the people are being negative towards you that you have the ability not to respond in kind. Does that make sense? Do you understand or do I need to explain a little more?

### Could you please explain little more Estelle.

You understand that as you progress through the Summerland and the other planes you go up what can be more easily described as a slope rather than steps. It's a progressive slope, so as you remove the negativity within your being, as you improve the love which is within, your light of love becomes brighter, you then advance and you don't even realise you're doing it. You then advance to a higher vibration, a higher level of understanding and as you advance all the people who surround you are at a similar level of advancement and therefore the conflict doesn't exist. Because you know if you're in harmony with somebody then you think the same way don't you? And if you think the same way you are not in a conflict situation are you and therefore it's very difficult when you're in that area to improve the love within, because you're comfortable with where you are and what you are.

It's only when you get shown by people of a higher vibration, a higher level of purity, who come into your sphere that you realise that you haven't achieved what has to be achieved and therefore you go to them and try and learn how you can improve your being, improve your vibration, improve the light which is within you, so as you can emulate their being. And likewise if you have advanced and we have all advanced to a certain level, we can do exactly the same to those people who haven't improved their purity within their being who are as I said on a lower level of vibration and therefore if you take yourself down to that lower level you are then attracting all the negativity which they have at their level. Do you understand? And the same thing is when people from a high of vibration, a higher level of purity come into our sphere then we can understand that we have a lot to do and therefore we then go to the Halls of Learning, come to meetings such as we have here. Sometimes our meetings are held as part of the Halls of Learning into our group.

And that's what you're doing you see. On the Earth Plane you have a lot more opportunity to advance the love you have within in a shorter time span, you can improve at an incredible rate if you make the effort, but equally you can stagnate or you can go backwards. Bit of a waste of time coming to the Earth Plane and going backwards isn't it? After all you have been given the opportunity and that's why you don't want to waste the opportunity because it is sacred. The Earth Plane has been created by the powers that be for it's specific purpose and the specific purpose is to give you a schoolyard in which you can learn, which you can improve yourself, you can improve your being, you can improve the love which is contained within. Is that clearer for you?

## Yes it is. I can relate that to my time with my husband. It was a learning time.

Yes we all learn and sometimes we are the person who is doing the learning and other times we are the person who is doing the teaching. You have to have a bit of both because you can't just have one and not the other, because we can all teach our fellow beings as well as being taught by others because there will always be greater and lesser beings than we are ourselves. And that's quite frightening when you consider that even the people in the 7<sup>th</sup> plane consider that they haven't reached the level of purity, ultimate purity.

I find that concept a bit difficult to understand because they all look pretty good to me but that just says something about me rather than them doesn't it? Because we can only look at our perception, at our level of understanding and then when people come and they mix with you and they have a greater level of understanding, that's when you realise that your level of understanding and knowledge isn't as high as it should be and we all keep learning.

Estelle Roberts 17 November 2012