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Understand a little about the 4th Plane

By Estelle Roberts 2012

Do you know the biggest problem I have when I come to talk to the people in the Summerland, who have to be moved forward, is that everyone without exception feels unworthy? They don't feel that they deserve to be elevated to the next level. What does that mean? It means they have truly proved themselves because their humility is such that they do not consider that they are worthy of such an accolade. I've been told the same thing happens on the 6th plane you know, when they want to move them up from the 6th plane and without exception they feel totally unworthy of it. When we do it from the Summerland into the 4th plane it's really only a small step. It is a small step but it is a large step as well because you then lose your astral body and a new form, a new being, then goes forward.

And I'll just let that gel for a second because when you consider that all the time you've been on the Earth Plane, all the time that you've been in the astral sphere, you have always been of a certain make up. You still have the same form. You still have two legs. You still have two arms. You still have a head, a nose, two eyes and all the facial and physical features which you have now. Now when you move on, you lose that and the vibration which moves forward doesn't require the physical form.

Now I'm not going to try and explain to you the form which you have, merely accept the fact that it is a slightly different vibration and you have had talks before in which vibrations has been explained to you, that you're all a vibration and even though you consider that you're solid, you're not solid at all. It is merely your perception that you're solid. Really you're just a lot of atoms aren't you? I mean you're not only atoms, you're molecules. You see there is something else. For years scientists believed that the atom was the smallest thing that was possible and then they found out that the atom was actually built up with protons, neutrons, electrons, all swimming around and therefore if your perception was such that you could see the atoms, then you could truly understand that you're only a vibration. A vibration of atoms which have been brought together to form the physical being and therefore if you take this vibration it can be redirected into another form. Sounds as if you're going to school doesn't it? You're going to another form, but that's why in the

4th plane which is the next level after the astral sphere, it's like a big classroom and the reason why when you go into the 4th plane you can't come out, you can't speak to anybody, you can't go forward, you can't go back and you're locked in there with your guide and mentor. So obviously if you understand that statement, your guide and mentor, by the time you're elevated to that point, has to have been there before hasn't he? I say he because that is just the normal terminology that we use. I could say she because if I was there it would be a she wouldn't it, but that is a silly statement because the time before when I was on the Earth Plane I was a man, so your physical being is really irrelevant. It's only important for your stay on the Earth Plane and the period of time that you're in the Summerland or the astral spheres.

So therefore when you get into the 4th plane a whole new vision then comes before you. Your eyes then are opened, not fully opened, but they are opened and then your life takes on a totally different direction. You still have the same problems. You'd think by the time that you got up there that all your problems and negativity would have gone wouldn't you but they haven't and whilst you're sitting in the 4th plane, it's like a big school and you have to, as when you first come to the Summerland, you have to be taught how to move, how to live, how to communicate, how to understand how things occur, how they are made, how the various beings assimilate with one another. All this you have to be re-taught or it has to be reintroduced into your being because when you leave the Earth Plane none of that memory is with you and it is introduced, or reintroduced, slowly and it takes quite a reasonable period of time for it to be reintroduced totally. It's not until you get to the highest spheres of the Summerland that it is truly introduced and it isn't then totally introduced until you leave the Summerland and enter into the 5th plane. So this is something else which is brought into your being in the 4th plane. All your memories from the time that we first were devolved shall we say, the first from the time we first we were cut off, where we made our first steps back, all these memories are then returned to us. Then the vision of the greater learning, the greater level of understanding, is introduced into our being and it's just like going to school except it's a lock-up and then when we leave the 4th plane our new form then goes forward and we continued to evolve in purity. Now I'm not going to go into what happens on the 5th plane because really that is immaterial at this point in time. All you have to know is that it's there and the people who are there have progressed in purity to the point where the astral body is no longer required. So what happens to all these astral bodies?

They are in the cloakroom.

Yes, they're all put to one side. It's an awful big cloakroom isn't it? Well just you just think about it and that's a misunderstanding that people have. They consider that all the people on the Earth Plane who have advanced have 5, 6, 10 different astral bodies up there. Well you don't because once you are evolved up to that point you've only had one haven't you? So you've only got one astral that you take forward. The fact that you might have

had 10 physical bodies, that's irrelevant. It's your last physical appearance which moves forward. It's your last astral body which moves forward and that is what is left behind. Now your astral body is no more than a cloak. People consider that it's most strange that people like Silver Birch, Red Cloud, come to the Earth Plane not using the astral body which they utilised when they were on the Earth Plane last time but they utilise the astral body of another individual. Why would they do that? Why wouldn't they come back in the astral being that they were when they left? It's because the teaching which they give is more important to that of the being that they were.

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