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## **Occupying a males Physical Body from a lady's point of view.**

*By Estelle Roberts 2012*

Good evening friends.

So many people, they stand up in the pulpit and they do go on and most of the time the people in the audience, it just go straight through because they don't really listen. I'm not one of those stuffy people.

You don't truly understand the difference that it takes for us when we are used to occupying a physical being of a certain gender, shall we say and then we come back and you're in a totally different gender. It is alright when you're in light trance because it doesn't really matter because all you're doing is you're superimposing your thoughts into the subconscious of the medium who is being utilised, but when you're doing it as we are with this medium, only because he insisted. Well I don't know why he did. I mean it just didn't seem important to us you know, but he did insist that we had deep trance and if we have deep trance then I have to occupy the whole body. Why would you want to occupy the whole physical body I ask you?

It's just such a problem I tell you because when you occupy the full physical body then all the problems which are contained within that body become your problem.

*Why don't you just remove the problems?*

No! That's not my job. My job is to come here to talk to you. It's not my job to do the cleansing and healing. That's other people's jobs. We all have our purpose you see.

As I was saying, when you have been used to the female anatomy shall we say and then you occupy this male anatomy in the state that I have to do, then it's just different. I mean the clothes that they wear. It just doesn't flow properly does it.

No it's just not like a skirt is it.

It's not. When you wear slacks you wear slacks that are loose don't you? You don't want them to constrict.

*These days they do.*

Well I'm glad I don't live on the Earth Plane now then. I'd like the comfort in my life. I didn't have a very comfortable life you know.

No.

No. I had three husbands.

*You've done well.*

No! They kept dying on me.

I tell you I wondered what I was doing wrong. I used to be a medium you know. Yes the young man who, I call him a young man, he wasn't really a young man at all, he was an old fogey really wasn't he when he passed over. Yes, Red Cloud used to be my guide and he was with me all my life. Poor dear. You do have to feel sorry for these guides sometimes don't you?

We do like gentlemen don't we girls. Yes. There's a lot less of these gentlemen around though now you know. They just don't seem to do what's right.

*Estelle is now talking to the new member of our group.*

We won't go into your past or anything else at the moment ..... We'll wait until we get accustomed and we get used to one another because we don't like to uncover too many secrets right at the beginning. You know you haven't got any secrets because there isn't anything which you've done or thought that isn't in your aura That's something when people first get involved with the dealing with spirit is they have a problem with the concept that there are no secrets from us.

We are trying to get rid of that phenomenon by the way, talking about us as being spirit. We are simply astral beings. Maurice decided to refer to your friends, spirit side, as astral beings. Yes he decided that he didn't like to have the separation of spirit and the person so he thought, and we all agreed with him, that we should refer to ourselves as astral beings. You of course are only an astral being which is contained within a physical body you see and therefore you have the continuation, the connection between the one and the other, rather than having the separation, because that's what we are trying to do you see. We're trying to break down the separation between spirit and physical and material and we thought that it would be better – well we thought, I'm putting myself on there wasn't I – because I wasn't really even around at the time was I, because it was before I was asked very politely to come and join you.

*You're welcome.*

Yes well it's alright! Yes I would only go where I'm welcome. There's no point in going if you're not welcome is there. But some people do though and then when they go where they're not welcome it just creates hostility doesn't it?

*We just want to understand more about the physical, the metaphysical and the spirits.*

Well we're all one. All it is is a different vibration, a different form of being or form of matter. People talk about matter and matter really is confined to a certain degree with the material world because the material world is all about matter isn't it?

*The only way to get around on the material world.*

Exactly. Well no, I can get around the material world in the blink of an eye because I'm not restricted by a material body, so I can't get around the same way as you though do can I?

*How could I travel the way you do?*

All you've got to do is purify yourself to the point where it's not necessary to have a material body. It's not that difficult really is it? Not when you say it quickly. All you've got to do is live in love. Don't think any negative thoughts to other people. Don't create any drama. Keep yourself pure in heart and mind. It just sounds so simple doesn't it?

*It is simple but we find it so difficult to do.*

*Estelle Roberts  
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