

## How to deal with People who have a Different Opinion to us

*By Estelle Roberts 2012*

I'm sure there must be something I can help you with. Well what can I say? (*Estelle was connecting with one of the sitters mentally*) You have a problem with your sister. She likes to think she's better than everybody doesn't she?

Yes.

She feels that she knows best and everybody should see it her way.

*Yes she does have a different opinion than the rest of us in the household.*

Well that's what I said wasn't it? She thinks she's superior because she has a different opinion and her opinion is right and the rest of you are wrong. And that is so true in life. We create this problem because we think that we know best and therefore everybody else's perception of it is wrong and that's why I was trying to bring it out because that led me on to what I was about to say. How often do we look at a situation and we consider that we know best and do we really because we know best for the situation as we are living. We don't really know truly how the other person is living their life or how they perceive their problems to be and therefore who are we to criticise their thinking. We can give advice as we see it but we shouldn't take it to the next step and say that they are wrong because they don't see it the way we do.

We do that very often don't we? We look at a situation and we say they are not continuing or they are not behaving the way we would behave and therefore they've got to be wrong. Have we ever thought that the way we are behaving could be wrong and the way they perceive things could be right? Oh heaven forbid! But it's a thought worth thinking about isn't it? It's a case of allowing the other person to have an opinion, not be dogmatic, not consider that what we are saying is the only way, because what we are saying might be the easiest way, might be the best way, but if they haven't reached the purity or the mindset that we have, then it's not their way because they have to bring themselves up to that line of thinking. Or equally we might not be as advanced as they are and therefore we might be the one who has to change our thinking to their way of thinking. Do you understand? But we all are guilty of that aren't we? We think that what we are doing is the only correct way of doing things and therefore by the same analysis the way other people are doing things has to be wrong.

We all do it. If we didn't do it we wouldn't criticise and I know every one of you do criticise and if you criticise that means you haven't learnt because you can question, but don't criticise. Do you understand the difference? Well the difference is mindset. It's the way you think about it. It's like the mother who chastises the child. If she chastises the child in an effort to correct them with love then the problem is not a problem, but if she chastises the child because she is angry then

the action is wrong. Do you understand? And that's what we've got to do. It's very difficult. I know I espouse all these true wonderful teachings and I haven't actually learned to do them myself, so therefore I can only tell you second-hand that what I have been told is that it is the right way to deal with people, that's the right way to think and eventually when we get to that way of thinking then we can move forward.

Thank you my friends. I would like to help each and every one of you and take away all your problems, but I'm not allowed, so therefore that is the cross I have to bear because I would dearly love to take all your problems away in an instant but as I've been told, if I do that I'll really be doing you a disservice. Seems so wrong doesn't it? I'm trying to do right and yet they tell me to do it is a disservice. Sometimes I have to learn my own lessons as well. Good night and God bless.

*Thank you Estelle.*

*Estelle Roberts  
July 2012*