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## Learning about Progress and how to React to People

By Estelle Roberts 2012

My job in the Summerland is to help people or talk to them, being similar to what we are doing here, to help them in the transition from the Summerland to the 4<sup>th</sup> plane. It doesn't just happen automatically you know. You just don't go one minute you're in the Summerland and the next minute you're in the 4<sup>th</sup> plane. You have to have an understanding the same way as you have to have an understanding of what happens when you leave the Earth Plane so therefore you are prepared as my friend and guide says. So therefore you aren't afraid of the transition and you anticipate and it makes the whole process so much smoother and it's the same thing when you move from the astral sphere, the Summerland as we call it, to the 4<sup>th</sup> plane which is the Plane of Knowledge. Why do they call it the Plane of Knowledge do you know?

*No tell me.*

Well it's the knowledge that you learn about your transition into the 5<sup>th</sup> plane because when you're in the 4<sup>th</sup> plane you can't get out you know. You're sort of locked in there. You're a captive audience because not only do you change your vibration, you lose your astral body and your inner body, your inner soul, your etheric body if you like to call it, then moves forward and then there's a whole new life. People consider that the Summerland because it's expansive is the be all and end all, but it's only a minute part of the true world and the true journey forward because when you're in the 5<sup>th</sup> plane the beauty which surrounds you exceeds the beauty in the Summerland 100 fold. But it's very difficult for people to perceive that because when you consider the beauties of the Summerland, the astral sphere, in connection with your limited knowledge on the physical plane, it just seems like heaven doesn't it? Yes you've got all these lovely people who aren't argumentative, who are all on the same level as you. Isn't it lovely and then when you get shown and obviously because I instruct people on the transition obviously I have to know a little bit about it myself don't I? I mean there's no point in having a teacher who doesn't know what they're talking about. It would be a bit pointless wouldn't it? So therefore obviously I've been up to the 5<sup>th</sup> and 6<sup>th</sup> plane. I haven't stayed on the 6<sup>th</sup> plane for long but I have been there. I obviously reside in the 5<sup>th</sup> plane and therefore it's easier for me to convey to people about the transition between the one and the other but although that's where I belong so to speak, I don't go there very often. It's like having a home that you never visit. You could almost say it's like a holiday home but it's a holiday home which is your real home, the only trouble is you don't go there very often because – why don't we go there very often?

*You do your work somewhere else.*

Exactly, because that's not where our work lies. We are here, we are all here in the astral sphere to help our fellow beings. Now isn't that what life is meant to be about, helping your fellow beings and it would be so much nicer if everybody thought that way wouldn't it?

*They don't.*

No I know they don't, but that's their learning curve and the unfortunate thing is we take a lot of their negativity into our being and because they are negative it rubs off on us and it does rub off on us sometimes doesn't it?

*It's because we react too quickly without thinking.*

Well that's where you are on the learning curve, you see because you shouldn't react, because the very fact that you react means that you haven't learnt the lesson and therefore when these negative people are around you, you have to learn to treat them with love and kindness. You might think that they're talking a lot of hooey. I was going to use a bigger word then but I thought I better not. Maurice does get embarrassed when I use profanities as he calls them. He's a thorough gentleman you know. He is and he doesn't like people swearing and making rude words so we do try and assist him a little bit by not doing it. But when you're on the Earth Plane you can't help but meet up with people like that, but how you respond to it that's your learning curve, that's where you show your colours so to speak because if somebody can get annoyed with you and you don't respond in like kind then you've achieved, you have succeeded that goal. If somebody shouts and screams and abuses you, even if it's totally unjust and you give them a smile and a kind word, then you've come a long way but if you respond and retaliate what have you actually done?

*Gone back to where they are.*

Exactly. You've lowered your being down to their level and that's a silly thing to do isn't it? You shouldn't respond in that way but when we are on the Earth Plane we are all guilty of it aren't we? We all do it and we shouldn't, because when we come to meetings like this we do tell you often enough don't we and you think it would go through and stay a little bit in the middle but sometimes it just goes straight through!

*They know which button to push.*

Yes but you don't have to respond dear boy. You don't have to respond and that's the lesson we all have to learn, because we've all had people who press the button.

*They're the best teachers.*

Well they're the best lesson learners and if you look at it that way then you don't find the need to respond in like kind because if you – it's amazing actually – if somebody is aggravated towards you and you treat them kindly with a smile, it doesn't half get their dander up. They get more upset because you're not upset. So therefore you've actually won haven't you? You've won the argument without actually having an argument. There's a strange saying isn't it. You've won the argument without actually having an

argument. Lot of truth in those words isn't it. We could all learn from that couldn't we? We never finish learning.

You would think that after I'd been through all the troubles – with the three husbands I mean – that I would be forgiven all my sins wouldn't you, but I'm not. I wasn't. I had to go through them all and go and learn and overcome them and I thought that's not fair. I jest because we are here on the Earth Plane and in the astral world to learn and to improve our being. A lot of people have mistaken information in the fact that just because they leave the physical body, go from the physical to the astral, that they then become angels. Well I'm here to disillusion you. It doesn't happen. You take away with you exactly what you are. If you're a rotten mongrel on the Earth Plane, you'll be a rotten mongrel here. You just won't have the same methods of conducting yourself and when you're surrounded with people and you can't aggravate them in the astral sphere what do you think you do? You go down to the Earth Plane and cause havoc down there because the people of the Earth Plane will respond. So therefore those people have to be taken away and taught a lesson and how do we teach them a lesson? We don't give them detention. We don't smack them on the hand. We take them into an environment of love. We take them into an environment of understanding and if they have the ability to change they will become aware of their misgivings.

We aren't infallible you know. I wish we were, but we have that horrible free will that you have on the Earth Plane. We have the free will here you know. Don't think that free will is just something which is a part of the Earth Plane because it's not. You have your free will even in the astral, even beyond the astral sphere you have your free will and you have to overcome it. You have to use it for good not bad. So often we don't though do we? We have our free will and we know what we should do, we know the right thing but we go and do the opposite anyway. Where's the sense in it, I ask you. Where's the sense?

*The challenge.*

But when you know what to do and you deliberately go and do the opposite and then you say "please save me, please help me". Why should you be helped? You're the one who put yourself into that position didn't you. You get yourself into trouble and then you say "help, I'm in trouble, please come and help me". I mean where's the justice in that? And if we can, we do.

There are many times on the Earth Plane when problems beset you and we are incapable because of the Divine Plan, of changing things because it is part of your learning curve shall I say, to overcome the problem and therefore if we remove it we've removed one of the reasons you came here. So in fact rather than helping you, we've actually done you an injustice and that's something very difficult to understand when you're on the Earth Plane because you can't see the whole picture and if you could see the whole picture there'd be no point in you being on the Earth Plane.

*Estelle Roberts  
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