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## **Our Preconceived Opinions about People**

*By Estelle Roberts 2014*

This week it has come to my notice about the religious choice of one of our sitter's children. Now she is still very much exactly the same person as she was before, but she has elected by her free will to separate herself by means of wearing the dress which signifies a particular sect. Now if she was in public in normal Western dress people would accept her and consider that she was a perfectly normal young lady, but if she attended the same group wearing the hijab there would be an immediate negative response to her presence by a lot of the individuals that are surrounding her. She hasn't changed. She is still exactly the same person. The only thing that has changed is other people's perceptions. They immediately have a fear because of the misdeeds and misgivings of others who follow that doctrine, but she as an individual is not responsible for any of the atrocities which have occurred. She as an individual is not responsible for the negativity of those who have created the problem who follow that religion, but yet because she has chosen to be portrayed in that way people will automatically assume that she is a party to all the negativity which is occurring.

You can obviously see by taking this example how incorrect your preconceived ideas about people can be but we are all, to a certain degree, very guilty of that are we not? We see a person's colour, we see the way a person is dressed whether it be in the finest garments or the dirtiest rags and we immediately form a mental picture about the person and how we should respond to that person. This is why it is necessary to dispose of – I was trying to think of the right way to put it – eradicate the different religions, the different sects, upon the Earth Plane. It doesn't matter what particular teachings you follow because the leaders of that group want you to consider that you are the elite and the chosen ones. They put it in to their lessons, their talks, a certain degree of negativity towards other groups.

You are not born with prejudice. You are not born with the negativity towards others. As a child you will accept other people, other children, for who they are. That is because the preconditioning has not clouded your thinking, clouded your mind. So if you take that as an example, as we grow older in the physical sense we inherit the negativity of others who surround us. What we must do is to stand up for ourselves, stand up for our thinking and eliminate the negativity which has been given to us, has been taught to us by our parents and our peers.

I'm always horrified when you go into the churches, into the mosques, into the temples, and you hear individuals who put themselves up to be a "holy person" and in their talks they place a small amount of negativity to another group and then that small amount is slowly increased as the acceptance of the audience increases and what do you end up with? In the end you end up with an individual who had no negative thoughts about a specific race or creed but now they have a negativity and a hatred within their hearts.

How can any religion purport itself to be a religion of love if it contains within it that degree of negativity and hostility? There is no room for negativity and hostility within your being if your being is truly filled with love. It does not form, cannot form part of your thinking because love is not at one with negative thoughts. Love is not at one with hostility. Love is one with forgiveness. Love is one with understanding and forgiveness, and understanding falls a long way short with the bigots does it not?

So please my friends, try and live at peace with others of the Earth Plane. Just because they are hostile do not lower yourself to the point where hostility becomes part of your being because what happens if that occurs? What happens is that you fall backwards. You are not advancing. You are moving further down back to the point that you were at when we deviated from the Heavenly Host, and I'm sure none of us really want to do that when we think about it do we? But we excuse ourselves by making so many generalities. We say I don't like him because he's a Jew. I don't like him because he's an Arab. I don't like him because he's a Moslem and really those are preconceived thoughts and have no direct connection with the individual. So please my friends, learn tolerance and acceptance.

I'm sure that my words have been clear and I hope that is the case. I won't go on any further because I want my words to sit in your subconscious and I wish them to be brought to the surface whenever a feeling of negativity because of a person's race or creed enters your mind.

Thank you my friends.

*Estelle Roberts*  
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