

## Talk from Estelle to a new group

*By Estelle Roberts 2012*

Good afternoon ladies. I'm Estelle, I don't come and give talks you know. I just come and have a chat. That's the way I do things. It is isn't it .....

*Yes it is Estelle.*

Do you like that, coming and having a chat?

*Yes we do.*

Yes well it's what I like to do. We're not all stuffy people up here you know. I mean that's what people think. People they think just because you've passed over you lose all humanity. They think that you become this stuffy person and nothing could be further from the truth. You're still the same person you know. What do you think happens when you pass, when you lose that physical apparition that you have been encumbered with all the time you've been on the Earth Plane? What do you think actually happens? You don't suddenly become all wise. You don't suddenly become this morbid being, you know, somebody who is absolutely devoid of any humour but that's what people think isn't it? Well they do. They come and hear us speak and they want us to be all serious. All serious and not being able to crack jokes and laugh and what a boring old time that would be! Well it would wouldn't it?

*Yes it would. You are a refreshing change Estelle.*

Yes well we're going to do that you know. We're going to bring this refreshing – I like that .....a refreshing change. I've never been described that way before. They used to say I was a cranky old thing. Well they did because I was “very devoted” shall we say to the work that I had to do almost to the exclusion of all things and that wasn't right. It wasn't really nice because there were so many things on the Earth Plane which you can get pleasure out of and just because you devote your life to spiritual work it doesn't mean to say that you should cut yourself off and that's what people think you should do, don't they? They think just because you are a medium, just because they have the ability to use you. I don't know whether I think that's nice is it, well they come and use you. It makes you, feel like a bit of old furniture doesn't it? I've been used. I'd rather be new. But it is! They just think that because you have devoted your life to the work of spirit so to speak, that you should then be somehow cut off from everything else. You shouldn't be a real human being and I was very guilty of that you know.

*Can I ask a question?*

Oh you can ask anything. I'm only here to have a chat so if you want to ask something just go ahead dear girl. You're ..... aren't you?

*Estelle, what is your purpose in being on the Earth Plane?*

Are you talking about me specifically, or are you talking about generalising, or are you talking about you as an individual?

*Just generalising, as well as me as an individual. To know where you are and if what you're doing is what you're supposed to be doing or – how do you know when you're supposed to be more of a vessel for God's love? Is it just in everyday life?*

Yes. What do you think is the best thing you can do to prove that you understand the teachings? You haven't had the privilege, shall we say, of being at a lot of our teaching meetings and as has been said so many times the best attribute that you can have to your being is to encompass the teachings into your everyday life. We can't change your everyday life because that to a certain degree has been preordained before you came. You have certain problems to overcome.

One of your greatest responsibilities as a lady, and I can speak of that personally because I was one you know. You did know that didn't you? Yes well your greatest responsibility is to devote your best attributes to direct or encourage the off springs which you have been given the privilege to bring into the Earth Plane. They're not really yours. You merely have been a contributory factor in their being on the Earth Plane shall we say. So many ladies get very possessive about their children and they say they're mine because I made them. Well how shallow is that thinking? Because you'd think that you are the Great Master himself because you made them. How can you make them? What you can do is provide the situation where God as we will call him, the Great Master, the man upstairs, yes, he actually provides the capacity to create human form. All you do is produce the situation where a seed and a sperm can come into contact with one another. You don't do anything else do you? I mean you don't actually create this person. You just have a bit of pleasure and there it is. It's there, then you incubate it. Incubate it. Oh I like that. Yes you think you were a chicken. You go in to the incubator but that's what you do and you just allow the wonders of nature, the wonders of the Heavenly Host, the Great Master, to proceed and then once this vessel has got the point where it can be utilised then a being is placed within it.

Now that's a controversial statement isn't it? So many people think "when does life start? When does it exist?" Yes and I'm here to tell you that you can't create life. All you can do is create the vessel so that a being who was there, always has been there, can then occupy it. So really all you've done is created the robot shell and then the essence of the being is then inserted in that shell and that is what gives it life. That is what gives it purpose because the purpose is what's important.

*That's mainly the question, what is purpose, the purpose of my life.*

Well the purpose of your life is to live it in the best way you can. Don't waste it. Don't just sit down and let life go by. It's very easy to do that isn't it? You can just sit down and let things go by. You have to participate. You have to take an active part, be an active person and to do it to the best that you can within the confines of your limitations. Do you understand?

*Yes but the mundane things of working 9 to 5...*

But you still have to do that. You have to live on the Earth Plane and while you have to continue to, because if you didn't do the work what would happen? You would starve and you would come over here and what would be the point of that! You've been given the opportunity to have this privilege, and it is a privilege! You might not think so. You might think what a privilege! You've been sent there to suffer! That's an oxymoron if ever there was one isn't it!

Yes.

Yes they say life on the Earth Plane is a privilege and you'd think a privilege is something which is a pleasure and then they say well while you're on the Earth Plane you've got to suffer. Well how bad is that! You've been given the privilege to come here just so you can suffer! You might well ask, how can a God of love do things like that? That's what people say isn't it? Yes but what's the truth of the meaning behind that? The truth is their lack of understanding because when you truly understand that you come to the Earth Plane and you have a certain amount of love, shall we say, as part of your being and during your stay on the Earth Plane which is only a very little time, well it's not that long. I stayed a little while but it wasn't really that long. Well not compared to eternity. Ask ..... about eternity. She knows about eternity now don't you .....? It took you a long time though didn't it?

*It did. It clicked one day.*

Yes but one day the switch turned on and you think ooh eternity, that's a long time isn't it?

Yes.

And then you realised this short time we're here really is insignificant when you compare it with eternity.

*What about regrets?*

We all have regrets but you can't do anything about them can you? In reality what does it do? What good does it do you to regret? Feel sorry. All you do is upset yourself don't you dear girl? You do and we are all guilty of it. Well don't we all regret things that we've done? You wouldn't be human if you didn't. Yes but the thing is, don't dwell on it, learn by it and you say well alright I made a mistake and therefore if the same scenario reintroduces itself then I'm going to do things different. I'm not going to get upset. I'm not going to get angry. I'm going to give them love and once you've done that, then you get a gold star, you get a tick. You don't really but you know I like to look at it that way, because when you have these negative thoughts it shows up as a grey blemish in your aura and if you overcome them, that grey blemish becomes a golden light because you have achieved, then the blemish that was there is removed and that's what we've got to do. We've got to try and remove all these blemishes. Yes, it would be good if we could just put a bit of blusher over it. That's what we do as ladies isn't it? We have a blemish on our face and we put a bit of blusher on it.

*So just be non-judgemental. Just give love. Is it as simple as that?*

Yes and that's what you've got to do. You've got to go through with an open heart, don't try and pre-empt what is going to occur. Just go with the flow.

*When we speak of an open heart, I mean the heart in our physical being is just a pump...*

But we talk about the heart as being the essence of the love. Don't mix up the physical pump to the emotional heart, because your heart is where your love and your compassion lies, in an etheric point of view. Do you understand?

*Oh yes I knew the difference but when they say open up your heart how does one open up one's heart? Just by thinking of it?*

One opens up one's heart by being more loving and caring, being more considerate, trying not be judgemental. That's opening up your heart and it doesn't mean physically going under the knife and opening it because if you did that you wouldn't be here would you? You don't actually put your hands in there and open it up. What would be the point? You'd be here with me and then we could have a chat couldn't we? Yes we could really have a chat then, but then we don't chat you know, we don't talk in the same way.

That's something which the people of the Earth Plane find very difficult to understand. That we can communicate but we communicate in picture or story form. We have a concept of thinking and we can convey that concept of thinking in its entirety to another being and that's far more expansive shall we say, then using these words that you have to use on the Earth Plane.

On the Earth Plane it's very confining shall we say, because you have to concise your thinking in words rather than as an emotional thought and that's what we convey you know, we convey emotional thoughts and when you think about something rather than having to put it into words you form the picture of everything you want to convey and it is conveyed in its entirety, without any misinterpretation because that's what happens when you talk isn't it? People can misinterpret what you say and why do they do that? It's because of their own preconditioning. They have a preconditioned thought of the way things should transpire and therefore when you say something they then put that into their mindset and try to rationalise it within the confines of their thinking. That's why you can have the same lesson, you can have the same lecture, and two people will perceive it in totally a different way and you can say how can that happen? It's because of their own preconceived perception of life. Do you understand? And that's why, I've often heard you say it as well ....., you know, I was there when they taught it, how can they have taken it in that way. Haven't you?

*Yes I have many times.*

Yes and it's because your line of thinking is different to theirs and therefore you would take the words in and understand them in one way and then another person would take the words in and put them in the rational thinking of their mind and if their rational thinking of their mind isn't the same as yours you would think that you have been to a different talk because their interpretation is different.

*How do we change that Estelle?*

You can't. The only way you change it is to make conformity between your thinking and the other person and once you have conformity in the thinking then when the talk comes you will both interpret it in the same way. So therefore what you need to do is to continue to increase your knowledge base, increase your thinking. There's so much to know you know. You'd think that with the teachings of the Nazarene and the Christ that because they were so simple it should be very simple to pass them over, but there have been hundreds and thousands of books interpreting what has been said. You think how

can that be? How can you interpret something which is so simple and make it so confusing, because that's what people do you know. They take the words and then they try and twist them and put them into different meanings and say this is what he really meant. And he's not really saying that what he really meant what he's really saying is this is what I think that he really meant and therefore I'm introducing some of my thoughts into what he said.

*Whose teachings would be nearest to the truth then of the Nazarene's teachings?*

The teachings, the true teachings of the Nazarene, the true teachings of Siddhartha otherwise known as the Buddha, the true teachings of Confucius, the true teachings of Mohammed, all of these are in essence the same. They all give a basis of love and understanding and that's all you've got to do. To take the teachings and bring it into your heart is to love your fellow man, not to judge, not to criticise and to forgive. In essence that's it and yet there have been multitudes of books written on those four simple principles.

Why is it so difficult? We make it difficult don't we? We always try to complicate things. It would be good if everybody could perceive them in the same way but that's the problem because you see when the teachings go out, the people who are receiving them aren't ready to accept them in their purest form and therefore they try and adapt them to their way of thinking and their way of life and therefore they try to adapt them so it makes it more comfortable for them and that's why you have this confusion. Do you understand? Yes and we all do it, even I did, I'd hate to say that but I wasn't perfect you know. People think that though. They think because you're a medium you have to be perfect. You try and be as good as you can be and that's all you can do on this life you know. You can be as good as you can be, because you have and I'm pinching a statement from Maurice here, you have devolved.

You have devolved to a state and having devolved from that state, you have to drag yourself out of the gutter so to speak. You have to slowly revert or try and revert back to your purer self because we all have the capacity to do that you know. We all can be a wondrous being of love. After all we all were! That frightens me. I look at myself and I think how could you Estelle! You should know better. Why did you go out and allow yourself to encompass all the negativity which was around you, but that's what we did. We allowed the negativity of others to drag us down so to speak and what we are trying to do now is slowly bring ourselves, and you can't do it overnight, you're not going to do it in this one visit to the Earth Plane. People think that don't they. They think yeah well I've got the teachings and now I have to be as perfect as the Nazarene. It might surprise you to know that he wasn't perfect, but he was very close to it and therefore don't over criticise, don't over judge yourself, because we are the worst judges you know. We judge ourselves very harshly don't we? And that's a big no-no. You mustn't do that. As the Nazarene has said the only person who is capable of judging is he who is without sin and the only being without sin within his teachings was his Holy Father whom he called God and as none of us can aspire to that being, why do we judge? And we do that every day of our lives don't we? We judge ourselves, we judge others. That's why we get angry at times you know. It's because we're judging, rather than accepting and when we say you mustn't judge, that doesn't mean you mustn't try and correct somebody because that's also part of your job. Part of your job is to guide, not to judge, but to guide. Do you understand the difference?

*(All) Yes.*

And so many of us, we judge, we judge people and say "you shouldn't do that, this is what you should do" and then we are wrong because you should say "you shouldn't do

that, wouldn't it have been better if you had done this". The same result but one the other party will accept, rather than have their heckles go up because you are being antagonistic. Do you understand the difference? Yes and that's what we've got to do, take the negativity out of our being.

When I knew that I was going to come I came and visited you all just to see who I was coming to speak to, but I don't judge. That's something that you learn over here. We all have had problems. We all have had negativity in our being and it's very easy when you go and see people and you see all the negativity that's in there and become very judgemental and that's something when you advance a little bit further, as I've had the honour to do, that doesn't become part of your being. You accept the negative part of people's being, because my word you wouldn't be on the Earth Plane if you didn't have negativity in your being dear girl, would you?

No.

You would be up there with the Heavenly Host. None of us are there yet, are we?

No.

And therefore we've all got negativity in our being haven't we? Yes. So don't feel guilty about it and therefore even though we see that negativity in your being and sometimes we are horrified in what we see but we accept it because it's part of your way ahead so to speak.

We all have our own aura, you know and what you feel when we get close to you is the essence of our aura. When some one comes close to you and you feel a negative energy I was going to say something which was unbecoming – but when you have somebody who shall we say is unenlightened, that a nicer way of putting it – somebody who hasn't evolved as far as we would like, then the darkness of their energy emanates into your being. You've had that feeling as well haven't you?

Yes.

Yes and when that comes just tell them to go away because if you tell them to go away they can't stay. That's all part of the Divine Law, but if you don't tell them to go away and then they get closer, that's when they can do harm. They can't do physical harm but they can direct you in the way in which you do harm to yourself. Do you understand?

Yes.

Yes and if you feel the energy and it makes you feel good, well then welcome it. Say "come my friend, be part of my being, welcome, I'm happy to greet you". Do you understand?

*Yes I've done that.*

Yes I know you have.

Thank you Estelle.