

What do we Expect when we Pray?

By Estelle Roberts 2014

Welcome Estelle.

We cannot physically make things happen in our work unless you do some of the ground work for us. And that statement is true with so many things in our lives. People pray and they expect things to automatically happen. It's really an unrealistic expectation is it not? But that is what happens when people pray. They pray and expect that things will automatically change without any effort from themselves.

And I don't know if you have ever considered prayer. What is prayer? It has become accepted and normality amongst the people of the Earth Plane that prayer is to ask for things. Not to be thankful, not to request acceptance of the pleasures that have been given to you. The pleasures are taken as a right. When you look at the day such as you have today and the sun is shining, the air is crisp, but does anybody give thanks to the Great Spirit for this wonderful occurrence to be part of your life? Yet when you have thunder, lightning, storms, high wind, you pray for their cessation. You pray for the negatives of life to be removed.

When you look at it in that way we are a selfish lot aren't we? We want everything to be taken away for us and I'm sorry to tell you that this is not part of the Divine Plan. Nature will take its course and we are limited in how much we can interfere because that is what it is really you know. It is interfering with what is occurring as a natural event on the Earth Plane. When there's a fire, you pray for rain. When there's rain, you pray for it to be in reasonable quantities, or what you consider as reasonable quantities.

There's so many things that occur on the Earth Plane which we have no control over – the earthquakes, the volcanoes, the tsunamis. What we can do is impress upon the people who are in the affected areas to remove themselves. This form of protection is within our capabilities. When you need help we cannot physically take on human form and be the individual who gives you the help but we can influence the necessary help person to come and be by your side. If your car breaks down we cannot physically fix it, but we can impress upon a mechanic to attend your person.

So be very careful in the way you word your help requests. Request for help to be given and then do not specify and expect the help to be given in the manner which you dictate. So many people on the Earth Plane are guilty of that are they not? They say they want things to improve but they want them to improve in the manner which they have dictated. And what do you think happens if this is the manner in which the request is given? Our hands are tied. We cannot give the help in that manner but despite the individual, help can be given in the manner which is preordained or pre-programmed.

The example which you have been given on numerous occasions is that if your loved one is in severe pain and a request is given that the pain is to be removed and it is known that this can only occur by removing the individual from the Earth Plane, that request will result in the individual leaving the Earth Plane. And we know that when this request is done and the result has occurred, we are then condemned because the help wasn't given in the manner which they expected it to happen. The expectation was that the pain would be removed from the loved one, not that the loved one would be removed from the Earth Plane. The result is still the same is it not? Once the individual has been removed from the Earth Plane the pain has been alleviated and therefore your prayer has been answered. But the individual who has made the prayer then feels that they have been let down because their prayer hasn't been answered because the loved one has been removed from their presence.

Very short sighted on their part is it not? But do not concern yourself because once you come here you will then understand and realise the correctness of what has occurred. Sometimes when it is necessary for you to improve yourself by overcoming a certain set of circumstances, we cannot remove those set of circumstances because it would be detrimental to your journey. And I know that Eileen (*not her real name*) does not mind us using her as an example and we give you our thanks that we have your permission to do so Eileen.

We could not remove her Multiple Sclerosis because it was preordained and we can limit the amount of help that we can give but that being said we can assist to the extent where if you have an acceptance of the problem being there, then the necessity for you to overcome certain situations is unnecessary, because you have already given the acceptance and therefore you have already learnt the lesson. Do you understand the difference? And if you have not accepted the situation, not come to terms with it, then your suffering will be so much worse until the realisation of what has to occur is part of your being.

So therefore overcome and accept the situation. Do not condemn the Great Spirit or the Divine Plan for what suffering, or apparent suffering, that occurs in your life. Overcome it and once you have overcome it then the necessity for it to be there will be alleviated. It cannot be removed totally but the extent of the problem can be reduced. Do you understand what I am saying?

(All) Yes.

So often the people of the Earth Plane condemn the Great Spirit for the problems that they have but rather than learning and accepting it, they become angry because it has occurred to them and in their logic if the Great Spirit was a spirit of love, he would not allow them to suffer. But that is why you come to, or we come to the Earth Plane. We come to overcome the problems which the Earth Plane facilitates itself for.

So don't think that life will always be as you would quaintly say a bed of roses. I find that a most strange statement because a bed of roses is full of thorns is it not? So you could say that you have a rather thorny request. But no, you are inferring to the beauty of the flower and the aroma that comes from it. So with the negativity of the rose is the pleasure and the beauty which is derived from it. And that is what we have to do with our lives. Accept the fact that we have thorns, accept the fact that these thorns will cause us problems, but allow the beauty of the flower and the love which is the scent that is within to permeate our being and therefore the thorns and the negativity within that being are overcome and only the true beauty of what is left is what resonates to all those around.

So Estelle could I ask, when we do pray and we do have to go through the bumpy parts of life and accept them, are we praying that we just have help to get through it, the strength to get through it.

Yes, yes that is exactly what I'm saying. Otherwise the prayer is merely as you would put it on the Earth Plane, a whinge. Because all you're doing then is complaining are you not? Rather than seeking help and if you pray seeking help that is a totally different situation because if you are asking for help, help will be availed to you. It is not something that is taught in your churches is it?

No.

You always are taught to pray and when you pray you ask for things, which really is not what prayer was initiated for in the first place. And then you get the other extreme and I know the other church that you were in is very guilty of this, is that you have your confessional box and how illogical is that? You admit your sins and you are automatically forgiven. That is the basis of the confessional rather than admitting your sins and then overcoming them so they will never ever be repeated. But that is the problem that people have with that concept is it not? They can sin all they like because when they go to church on Sunday all their sins will be forgiven. How illogical is that? Your sins will only be forgiven if you have overcome the negativity which is behind the sin and once you have overcome the negativity then you do not have to ask for forgiveness because forgiveness will be automatic. You have already overcome the problem and therefore you can go forward as a better person because that negativity has been removed from your aura and your aura then becomes much lighter and brighter in appearance. Thank you my friends.

Thank you Estelle.