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Early General Talk from Estelle

By Estelle Roberts 2012

I am Estelle. You might know me. I was devastated the first time I came because nobody seemed to know who I was. I tell you it was a great blow to my ego.

I don't give talks, because I don't find it very nice to talk to people in the lecturing sort of way. I like to converse with people. I like to discuss. Yes and you find that when you discuss things with people the message and the things that we want to get through seem to sink in a lot better because then you get down to the crux of the matter, the crux of what people actually want to know.

Whenever I used to do my “performance” should we say, yes strange thing to call it isn't it “performance” because you don't really perform. You go on stage and people come through and you repeat what they say and then the audience sit back in awe as if you're something special. They can talk to those ghost people. Well they do don't they? Yes because that's what we are. We're not real people. Not anymore. I mean we haven't got a physical body have we? Therefore we must be ghosts! That's how people thought about us and then I used to go there and all their friends and relatives used to come through and I would repeat what they were saying. They sat back in awe as if oh isn't she wonderful and I wasn't really at all. All I was doing was just repeating what I was told.

We do like to have a little bit of frivolity here too because that is some thing else we are trying to break down. There are some things that we're trying to break down in our future discussions. Obviously we are trying to break down that barrier between the peoples of the material world and the people of the astral world because really we are all the same. Just because I haven't got a physical body, well I have now, but normally I don't. Because I haven't got physical body people think I'm different. Well I'm not. You're the ones who are different. You're the ones who are wearing this cape and you call it a physical body. You're still the same person as I am. You're no different and therefore we have got to break down this difference between the one and the other and the way we are going to try and do it is be a bit more cheerful, bring a bit more levity into things, because if you bring levity in then people can respond to you as people rather than this high almighty attitude.

You know these guides who come down and give us instructions because that's the way they look at a lot of us you know, as if we are something elevated, something a little bit above them. Which is silly! They didn't think that when we were on the Earth Plane did they? Well they didn't! They just thought I was a strange lady. Well they did! They all used to come out and try and catch me out. They do that you know. They come down and they say I am going to ask a question and she is not going to know the answer and that will prove that she can't get it right. Which is silly! People shouldn't do that because you're meant to be there to help one another. Why do people try and find fault because that's what happens so often doesn't it? People look at the negative in an individual rather than trying to encourage them, try to bring them forward.

People might wonder what I do now I am in the world of spirit, well I teach in the higher levels of the Summerland and I prepare people when they are moving from the Summerland into the 4th plane. That's my job and therefore I don't very often visit the Earth Plane any more because it's not what is my allocated job, shall we say, but Red Cloud was asked, well he volunteered actually, he wasn't asked, he volunteered to do the deep trance development which was required for our current medium.

So Red Cloud because he had the responsibility and duty of developing me when I was on the Earth Plane from a trance medium, to a deep trance medium, and then the development of the direct voice and then the ectoplasm for the materialisation, because he did all that, it was considered that he would be more suitable for the job than person who was doing it. You'd think that the person who was given the job originally would feel slighted wouldn't you? Because he was taken away from the job that he had been allocated, but that's not the case. It's a case that Red Cloud was considered more suitable and therefore the person just stepped aside. I mean that's what you do isn't it, if you have somebody who is more suitable for a job. You step aside and let them do it.

Well it makes sense to me, but it doesn't seem to with a lot of the people on the Earth Plane. They think ooh if he or she steps in that makes me feel bad. Almost as if they put me down and I'm talking metaphorically there. I mean you put pussy cats down don't you and doggies and horses. You can't put people down anyway. All you do is remove the vehicle that they have been using and after all it's a pretty useless sort of vehicle. Well it has so many restrictions.

I'll tell you something else. Coming in and occupying this male body. It's just so different to us ladies isn't it? I never did drink you know. They told me it wasn't the right thing to do and if Red Cloud told me it wasn't the right thing to do, those sort of things I did obey. I did obey him most of the time. Well you have to put your foot down and show your independence sometimes and when you do, you find out you're totally wrong.

Things have got to change because what has to happen is that we've got to get away from this essence of clairvoyance. We have told you before that we can come here and give you messages, but what's the point? The reason for giving the messages is to prove that we continue our existence once you have left your physical body and once you already know that, what's the point in continually giving you messages? What you then need is education so that when you come back here, then you're a lot more ready to accept the transfer. Because that's all it is and you have to be ready to what is

unfolding in front of you and once you have the lessons and you understand the reasoning behind all the problems that we have on the Earth Plane and you will forgive me Eileen (*not her real name*), we do like to use you as an example sometimes.

I mean Eileen there she chose the problem that she's got, so therefore I can't take it away. I mean Red Cloud he could, but he wouldn't be doing you any good. He wouldn't be doing you a favour because that's what you asked to happen and that's something that people have to grasp, have to understand and once you understand that, the whole reasoning behind your lesson, your existence, your visitation to the Earth Plane and it is only a visitation, it's such a small period. I don't talk about time, we talk about periods because it's only a very short period and once you understand that you are here to learn and the way you learn is by the problems which surround you, because if you don't have any problems how can you overcome them? And then when you have been given your problems, you have chosen your problems, why do we all moan about it? But we do, don't we? I mean we think we are so noble and so good when we set our lives before us and then when we come down to the Earth Plane we do nothing but moan about it. Well why did I? Why am I suffering this? Ooh I have a heart problem. Ooh surely this is unfair. I have Multiple Sclerosis...., I prefer MS. Why? Because it was preordained. Yes.

It is something which is very hard actually to convince people that it was preordained.

It is but once you know it, it then makes life so much more sense and then you realise that you shouldn't bemoan your lot, don't criticise the situation you are in. If you don't like it, improve it, change it and if you can't change it, accept it.

Well it's nice to moan every now and again.

It does us good. You have to release steam on frequent occasions don't you? Some people have got no way of overcoming certain shortcomings and yet other people get very critical. They moan. They feel that they should pull themselves together, but they do don't they? They say well just buck up. Build a bridge. I've heard that. There must be an awful lot of rivers around that you've got to build all these bridges. Yes, but people don't fully appreciate the opportunity that you have. I know you've all been told that before and you say oh yes there she goes on again saying we've got these opportunities. It's alright for her, she's not suffering any more is she? Well I had my share. It wasn't easy you know. Just imagine having to train three husbands, I should have gone straight to heaven shouldn't I? I didn't though I'm still here in the Summerland, so obviously I didn't do a very good job.

No I think you must have done quite well. Training two has been bad enough for me.

You didn't do very well on the first one did you?

No I didn't.

I don't know if you're doing very well on the second one either!

I think maybe I'm doing a little bit better.

I think there is an understanding. You appreciate each other's shortcomings.

Lots of practice.

Yes you used to be a little bit violent didn't you? I only said a little bit.

I was a little bit fiery.

Fiery. Oh no you never threw fire. I saw a few plates and a couple of cups.

Yes. I'm ashamed to say I did.

Yes you have. Very difficult to argue with somebody when they won't argue back with you isn't it? Most frustrating isn't it? I mean you just want to explode.

Throw something at him.

And yes what have we told you? If you get like that the other person isn't the one in the wrong. You're the one in the wrong because if you get all het up, if you feel an anger develop inside you, you're the one who's at fault. No point in blaming somebody else. No point in saying he or she made me angry because what are you doing? You're just making an excuse aren't you? You're trying to justify, but we all do it, don't we? That's not really a very good way to go is it? You're meant to get better at overcoming these feelings.

I realise that all of those things start from me and not from anybody else.

Well it's not true. They can start from somebody else but it is your fault if you allow it to rankle. That is something you have control over. You haven't got any control over somebody else screaming and shouting, or lying, or trying to do their damndest to upset you. Nothing you can do about that but what you can control is how you respond.

That is true.

And that's what we all have to do isn't it. Yes. You have to bite the lip. That's why I have a very sore lip. I did a lot of biting. But that's what they tell you to do isn't it? No they say bite your tongue. I could never do that because ooh that hurts because when you bite your tongue it hurts for ages afterwards doesn't it? You do it occasionally accidentally or if you go to the dentist. They give you the injection and you don't know your tongue is there and you bite it and you think ooh that's going to hurt and it does for weeks, well for a week anyway.

I was going to say you've read my book because your guide told me you had, and I haven't actually validated that statement so therefore I have to rely on his interpretation or relaying his information to me.

I did finish your book thank you Estelle.

Now you've finished it, am I allowed to ask if you want any questions? When I first came I asked everybody because I was expecting everybody to have a lot of questions you know, wanting to know about my direct voice circle, wanting to know about things that happened because I had an interesting life, but there was nothing and I just felt absolutely devoid.

We were just taken aback.

It's not nice that though. I was all ready with all the answers you know.

For questions we never asked.

Yes and they didn't come forward. I mean how does it feel when you're sitting in direct voice? How does it feel when you're sitting there and they're pulling this ectoplasm out of your being? All these things I was fascinated with. I mean it was happening to me but I was still fascinated. Maurice will tell you that he came to one of our meetings and Red Cloud manifested himself in ectoplasm and he put his hand out and asked Maurice to shake it, to feel it and he did. He was quite taken back you know, he was quite shattered. I mean there he was shaking hands with a ghost.

I don't think any of us have seen ectoplasm.

You've got books haven't you?

Yes I've seen pictures.

Ectoplasm is all around. It doesn't actually come from the being or the person who is delivering it. Ectoplasm actually comes from a higher source, a higher power and it is merely the medium who transmits, or who is able to exude, that's a nice word isn't it, exude the ectoplasm from various orifices, but it doesn't only come from orifices because it frequently comes from the nose and the mouth but more often than not it comes from your central chakra. So it appears to come from your tummy.

Excuse me, I'm on a roll here and our medium asked the question and he wasn't sure about the answer but when we had our direct voice circle I was conscious shall we say, I was aware of what was happening because although the ectoplasm was removed from my being to motivate the trumpet it was actually Red Cloud who did all the work because he had to actually draw it out and once it was up there he had to actually physically hold it and then he would take it and tell the people who wanted to come and talk. Say, come on here, this is the mouthpiece. You speak through there. And then he would float it around all the sitters and then the voice would come through. It's a lot easier talking through the trumpet you know.

It's a strange thing that when we have the trumpet and the ectoplasm it's very sensitive to light and the light destroys it and people often ask why has it got to be done in the dark and that's the reason because if it is exposed to light it's very fragile and therefore it needs the darkness for it to keep its substance, but when it comes through it actually glows.

I didn't know that. It glows?

Well it appears to glow from your physical optical vision because you know your optical vision is limited to the material. You can't see us in the same way as we don't see you in the physical. Well I do at the moment because I'm in the physical.

Oh so if you're in the physical you can see us?

Oh yes. I can see you all and it is a lovely sight I must admit but it is totally different.

I didn't know that.

Didn't you? You see if you didn't ask these questions and then I have to put them out there...

Sometimes we don't know what to ask.

Yes.

When you're not in the physical, do you see us as colour how do you see us?

I see your astral being. I see your aura. I see the real you. I don't see the physical body.

I'm not coming back to the Earth Plane. I mean why would anybody voluntarily come back to the Earth Plane unless it is necessary.

We are all trying to make it not necessary.

Exactly. That is the goal. Because by thinking that you want to come back really is defeating the ultimate object because your ultimate object is to purify your being to a state that it is not necessary to come back and therefore you can continue your journey back to the Heavenly Host by virtue of your purity or your purification that you have achieved.

I hadn't been back to the Earth Plane since I passed over and I didn't honestly think that I would enjoy it. No I didn't and when Red Cloud asked me to come back and speak to you I said what on earth do I want to do that for? No offence, but it was merely why do I want to put myself through the discomfort of going through the various problems that you have to go through to re-enter the atmosphere of the Earth Plane. I mean it's not a very nice place you know. Well it's cold and it's dark and damp and you have these rains and the cold and then you occupy this physical body and this physical body has itches and you've got a scratch it. It has headaches and all these things which aren't part of your being any more and I tell you it's quite a shock to the system. Well it is. You come back and you think oh I know why didn't want to come back here but then you get to talk to these lovely people like yourself and it's strange that the love and I mean this sincerely from the bottom of my heart, the love that you have is something which is fairly unique, because there's no disharmony, there's no feeling of disquietness amongst any of you, which is really wonderful.

There's no envy.

No. I don't want make your heads too big but it was wonderful and then I thought after the first time I visited your group, actually that wasn't as bad as I thought it was going to be and then I tried it again and then I thought actually I'm quite enjoying this.

Yes Maurice mentioned that.

Did he? Big mouth. He always did have a big mouth you know. You should have heard him on Speakers Corner. Oh there he was. You'd think he was John the Baptist the way he stood up there, I mean he did. He used to stand up there and say yeah you've all got it wrong. Yes life is eternal. Don't think that you die and he used to go on like that you know and he needed to do that to get people's attention. I mean you just couldn't go up there and start sprouting off spiritual knowledge. You had to prick somebody's

conscience and you have to say thing like “you know don't think that you really die, because you don't!” And then you get all these priests come up and then he used to have fun. He used to like stirring them up.

He had a good command of the language.

Well he should do, he was English. If he didn't have a good command of English he'd have a problem wouldn't he? What you are meaning to say is because he was a journalist he had a good command. Isn't that right?

Yes. It was his craft.

Swaff also used his writings to voice his opinions and Swaff's pen was mightier than the sword. A lot sharper sometimes too. He made a lot of enemies but he made a lot of friends as well. I mean he really did mix with the upper-class you know. The upper crust. Well he did. Lord Bedford and how do you think we got an introduction with Winston Churchill. It was only through Swaff and his connections.

It's who you know.

Exactly and therefore who you know and I don't know whether it was a good connection. After he paraded me in the Houses of Parliament. Like some prized gift. Look what I've got. I have an Estelle. And just you think of all the things that you want to know that you don't think she knows and she'll tell you. And I said no I won't. I don't tell anybody anything and if people speak to me then I will relay it and that's what I used to do. When you're doing clairvoyance that's all you're doing. You are just really a glorified telephone. Well you are aren't you?

You're only a telephone, except nowadays they don't have any cords or anything do they? They just float through the air and that is something that people have no problem understanding, that all these conversations can go through the air and be picked up on a transmitter and really that for a clairvoyant is all you are, you're that transmitter. You are just tuned in to the vibration, the wavelength, of the people who are not of the Earth Plane, who are not of the material world.

*Estelle Roberts
February 2012*