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## **First Talk from Estelle**

*By Estelle Roberts 2012*

Please excuse me while I take a little bit of time to get control. Like my friend young Maurice I spent many years being utilised as a medium and it's totally different now you know. I didn't realise how much planning, how much teaching is required for individuals to utilise a medium in the manner that we do. Quite often people consider that it seems so easy, it seems so easy and if it was that easy, why wouldn't everybody do it? That is why there is so much mistrust within the spiritualistic movement because it is so easy to defraud, to convey that you have what you do not have. People are so ready to listen and if you have a modicum of knowledge, if you have a modicum of teaching, then by deliberate forethought and manipulation you can convince those around that you are conveying the messages from those who are contained within the astral sphere.

This is why it is so difficult to spread the truth of spiritual knowledge because people don't want to listen. They want to be the main attraction. They want to be the person who stands there and everybody is in wonder of them. Everybody is in awe and yet those mediums who are true and genuine because of the very nature that we require for their occupation have a gentle soul and do not have the true ego which is or seems to be so much a part of those who proclaim to have the gifts. There are many who have the gifts and we utilise the abilities that they have. We utilise them because even though they are misguided they spark an interest. They spark a thought pattern and then the individual's guides can guide them to the correct path.

You all wonder who you are having a conversation with, not that the conversation has been two ways. It's been very much one way hasn't it?

Yes.

One of the group complained, not really complained, merely made an observation on an earlier meeting that all the guides who come through are of the masculine gender. I can assure you I have never been of the masculine gender. Not that it is significant because once you return here, once you have elevated your being to certain point and you wish to return to give the teachings there is no requirement for you to utilise the being which you used on your previous visitation to the Earth Plane. After all the previous visitation to the Earth Plane might have been unpleasant and therefore the astral body that you utilised on another occasion might be far more pleasant and easier to utilise for the teachings that you give. So therefore I could have come back in an astral being of a masculine form. Obviously my demeanour would have been totally different, but the knowledge and the being within would have still been the same.

*Have you been before?*

No I have never been before. Well you've had Silver Birch, followed by young Maurice his medium whilst he was upon the Earth Plane.

*Oh are you Estelle?*

Go to the top of the class.

The group that I had had a lot of wondrous things that occurred, or the apparent wondrous things. I don't know if it has ever crossed your minds but for an individual such as young Maurice and with all humility myself, if we wish to return to the Earth Plane, we have to earn the right to deliver the messages, the teachings that we do. It's not unsurprising that the true mediums have always had a bit of a rough trot as you would say. It builds up an inner fortitude. It builds up an inner strength, an acceptance and an understanding.

It was necessary to get the spiritualist movement accepted and this is why there were many true and great channels upon the Earth Plane when I had the pleasure of being one of them. But this was all pre-ordained you know. It just didn't happen by chance. It was considered that the Earth Plane was ready to receive the proofs and it was required that the proofs came from a number of sources. There was not a need to have an individual who stood out. There was not a need to have another Nazarene, but there was a need to have a group of people who were in tune with what had to be done.

This is why at that time there were a great number of what you would classify as truly gifted mediums because it was necessary, cause just imagine if you'd only had one. It wouldn't have had the same impact. They would have been denigrated, they would have been put down but if you have 4, 5, 6, 10 who are exceptionally gifted then it is difficult to denigrate. The proofs had to be put forward. The appearance, the wow factor had to be there and therefore the development and the teachings were delivered in a manner which had never been done before. Whether it be materialisation, whether it be direct voice, whether it be deep trance. Deep trance would not have had the same impact as the impact which was created by the ectoplasmic proofs.

My guide Red Cloud is still with me. I used to utilise him so often you know. I would depend upon him. I used to use him as a crutch and never once did he let me down.

You learn after a while though to think before you say the messages which are coming through, but that in reality is totally the wrong thing to do because if you are thinking what you are saying you are not really conveying the messages which are coming through. Each and every one of you, you know are perfectly capable of that sort of communication. It is up to you. You think, it is just out of my vista. I can't do it. It's because there are so many other things going on in your mind you cannot get clarity.

You are so much younger than I am really you know because I was born in 1889 a long time ago. I never was a raving beauty though you know. Not in the physical form but people say that I had an inner glow which allowed the external surface to be accepted. We are all very critical about the way we look aren't we? We all find something wrong with us and we as ladies, we are worse than the men you know. Everything we look at we can find fault with. Our hair isn't right. We're not as tall as we should be. We're too tall, we're too fat, too thin. Doesn't matter what we are, we are not happy.

And what does it matter? It matters very little because it's the individual who is inside that counts. You've all been told that so many times have you not but how many of you

have actually taken it into your being, accepted it and looked at people without any precursor of judgment?

We're all guilty of that. We look at people and because of the way they appear on the outside, because of their particular religion, because of their colour or creed we immediately form a negative or positive connection to that being. Why? It's only superficial. When you come here none of that really matters you know because there is no colour, there is no creed, there is no judgement. Oh I wish that was so, but it's not so really you know. Not until you have advanced to the highest spheres. Whilst you are in the Summerland the individuals there are just as judgemental as they were when they were upon the Earth Plane.

Why do we do that? It's something I've never ever totally come to grasps with you know. Why we have that as part of our nature. We can't just accept people for what they are. When Maurice and I were on the Earth Plane, in some ways it was a lot more gentile than it is now days. We have to get equality not only of the sexes but of the different cultures because it is only if we get a total equality of the cultures that the true spiritual message can be given out.

When we come through a medium in light trance the subconscious is still very much a part of the being when we occupy it. It doesn't matter how much of the being we occupy in light trance whether the individual has been taken away almost entirely or if it is merely a mild overshadowing. It's a lot easier on our part to do an overshadowing but it doesn't have the same truth of connection and the subconscious of the medium which we are utilising can interfere, albeit unintentionally, on what is being said. This is not the case when we are occupying the being within deep trance. I don't know why anybody really wants to be utilised in deep trance because you are totally oblivious to anything that happens.

*Estelle Roberts*  
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